

SUNDAY			
Newcastle and Hunter Valley Area			
10:30A M	1.5HR	Sunday Spiritual Concepts, Karinya house, 131 Crebert Street, Mayfield, NSW, 2304 (O,JT)	
5:30PM	1HR	Kurri Kurri Sunday, Senior Citizens Hall, 132 Barton Street, Kurri Kurri, NSW, 2327 (O,CS,SPAD)	
NSW Central Coast Area			
8:00AM	1HR	Kincumber Sun, Neighbourhood Centre, 20-22 Kincumber Street, Kincumber, NSW, 2251 (O,JT)	
12:30P M	1HR	Online Meeting - Central Coast Lunchtime, Gosford, 2250 (O,JT,VM)	
6:00PM	1HR	Terrigal, Rotary Hall, access via Crestside Close, Duffys Road, Terrigal, 2260 (O,CS,WC)	
6:30PM	1HR	Tuggerah NA Basic Text Topic Meeting, Tuggerah Community Hall, 9 Anzac Road, Tuggerah, NSW, 2259 (BT)	

NSW Coffs Kempsey			
2:00PM	1.5HR	Kempsey Sunday , Parish Hall, Behind Catholic Church opp. train station, 1 Marsh Street, Corner of Kemp Street, West Kempsey, NSW, 2440	
5:00PM	1.5HR	Coffs Harbour Sun Just For Today , United Church, Corner of Vernon Street and Gordon Street, Coffs Harbour, NSW, 2450 (D)	

NSW Far North Coast Area			
10:00A M	1HR	We Do Recover , Youth Activity Centre, 1 Gilmore Crescent, Byron Bay, NSW, 2481 (O)	
11:30A M	1HR	Ballina Sun ID , Saint Marys Anglican Church Hall, Norton Street, Ballina, NSW, 2478 (D)	
NOON	1.5HR	11th step Meditation , Riverlands Drug & Alcohol Centre. Start meeting with reading/ID. 10 minutes meditation. Note Anyone who arrived during meditation / in the room who wished to not participate please wait outside, keep noise low. door will reopen afterwards., Near Lismore Base Hospital, 75 Hunter St, Lismore, NSW, 2480 (O,SPAD)	
3:00PM	1.5HR	Nimbin Sunday , A10, Acacia Building, Dance Studio, Nimbin Community Centre, A10, Acacia Building Entry to the Dance Studio, is via the front doors of the main building, 81 Cullen Street, Nimbin, NSW, 2480 (O,D,WC)	
4:00PM	1HR	Steps & Traditions Study , CWA Hall, Corner Duke & Pound Streets, Grafton, NSW, 2460 (O,BT,D,St)	
5:00PM	1HR	Suffolk Park Steps and Traditions , Suffolk Park Community Hall, 145 Alcorn Street, Suffolk Park, NSW, 2481 (O,St,WC)	

NSW Mid North Coast Port Macquarie Area			
5:00PM	1.5HR	Port Macquarie Womens , Historic Wesleyan Chapel, Next to KFC, 144 Horton St, Port Macquarie, NSW, 2444 (O,J,T,W)	

MONDAY			
Newcastle and Hunter Valley Area			
5:30PM	1.5HR	Hamilton Mon - Steps, Salvation Army Hall, 67 Cleary Street, Hamilton, NSW, 2303 (O,D,St,WC)	
6:00PM	1HR	Heartbeat of Recovery, Uniting Church, On the Corner of the Boulevard at the traffic lights. Entry at rear., 118 The Boulevarde, Toronto, NSW, 2283 (O,B)	
7:00PM	1HR	Rutherford Road to Recovery, Salvation Army Hall, The Maitland City Corps (church) is located on the corner of Alexandra Ave and Bunning Ave, Rutherford (near the western side of Rutherford Marketplace and Caltex Service Station). Although, the car park is accessed via Compton Street., 1 Bunning Avenue, Rutherford, NSW, 2320 (BT,D)	
NSW Central Coast Area			
12:30PM	1HR	Online Meeting - Central Coast Lunchtime, Gosford, 2250 (O,J,T,VM)	
7:00PM	1HR	Green Point Mon, Green Point Community Centre, 96 Koolang Road, Green Point, NSW, 2251 (D,J,T,WC)	

MONDAY (CONT)			
7:00PM	1.5HR	Wyong Monday, Wyong Uniting Church hall, corner of Bakers Lane, 19 Rankens Court, Wyong, NSW, 2259 (O,JT,WC)	
NSW Coffs Kempsey			
6:30PM	1.5HR	Urunga JFT, Urunga Neighbourhood Centre, 34 Bonville Street, Urunga, NSW, 2455 (O,JT,WC)	
7:30PM	1HR	Online Coffs Women's Monday, Online, Coffs Harbour, NSW, (D,W,VM)	
NSW Far North Coast Area			
9:30AM	1.5HR	Lismore Topic Meeting, Church of Christ Hall, Please don't park in front of Council's metal gates., cnr Rous Road and Pleasant Street, Goonellabah, NSW, 2480 (O,CS,D,WC)	
12:30PM	1HR	Hour of hope, Presbyterian Hall, 13 Ruskin Street, Byron Bay, NSW, 2481	
6:30PM	1HR	Monday Murwillumbah, Safe Haven Community Hub, Corner Murwillumbah and Queen Streets, Shop 10-12/41-45 Murwillumbah Street, Murwillumbah, NSW, 2484 (O,JT)	
6:30PM	1HR	Monday Night Surf Club, Surf Club, back of Surf Club, beach side, up stairs, little room. Open floor meeting reading from a random passage from JFT, Bay Street, Byron Bay, NSW, 2481 (B,JT,St)	

NSW Mid North Coast Port Macquarie Area			
7:00PM	1.5HR	Port Macquarie Mon - Gratitude , Methodist Church, Next to KFC, 144 Horton Street, Port Macquarie, NSW, 2444 (D)	

TUESDAY			
Newcastle and Hunter Valley Area			
5:30PM	1.5HR	Muswellbrook Tue, Brookside Center, 79 Sydney Street, Muswellbrook, NSW, 2333 (D,J,T,SG)	
6:00PM	1HR	Newcastle Just For Today, Wesley Mission building, 15 Denison St Newcastle West, Newcastle, NSW, 2302 (O,D,J,T,WC)	
6:30PM	1.5HR	Raymond terrace JFT, Raymond Terrace Community Church, 10 Richardson Road, Raymond Terrace, NSW, 2324 (O,D,J,T)	
NSW Central Coast Area			
12:30PM	1HR	Gosford Central Coast Lunchtime, Uniting Church, 129 Donnison Street, Gosford, 2250 (O,J,T,HY)	
2:00PM	1HR	Koori beginners NA, Yerin Eleanor Duncan aboriginal health services, big brick building across the road from the church, 35 McPherson road, Mardi, NSW, 2259 (O,B)	
6:00PM	1.5HR	Morisset Topic, Baptist Church Morisset, Walk through the church, Corner of Fishery Point Road and Pulbah Street, Morisset, NSW, 2264 (O,B,WC)	
7:30PM	1HR	Woy Woy - Umina Beginners, Peninsula Community Centre, 93 McMasters Road, Woy Woy, NSW, 2256 (O,B,WC)	

NSW Far North Coast Area			
NOON	1HR	Byron Bay Tue , Presbyterian Church, 13 Ruskin Street, Byron Bay, QLD, 2481 (O,B)	
6:30PM	1HR	Byron Bay Tue Womens , Uniting Church, enter and park Carlyle Street, 8 Carlyle Street, Byron Bay, NSW, 2481 (BT,D,J,T,W,LC)	
6:30PM	1.5HR	Grafton Tuesday , CWA Hall, Corner Duke & Pound Streets, Grafton, NSW, 2460 (O,B)	
6:30PM	1HR	True Colours LGBTQI Meeting , Byron Community Cabin, 35 Carlyle Street, Byron Bay, NSW, 2481 (O,LGBTQI,JT,WC,HY)	
7:00PM	1.5HR	Byron Bay Tuesday Mens Topic , Presbyterian Church Hall, 13 Ruskin Street, Byron Bay, NSW, 2481 (D,J,T,M,WC)	
7:00PM	1.5HR	Lismore Tue Mens , Southern Cross University, Z block - room Z182 (Entry along Rifle Range Rd), Rifle Range Road, Lismore, NSW, 2480 (C,B,CS,D,J,T,M)	

WEDNESDAY			
Newcastle and Hunter Valley Area			
NOON	1HR	Newcastle Lunchtime meeting , Newy burger co, Suite 1 / level 1 - 451-459 Hunter street, Newcastle, 2300 (SPAD)	
6:30PM	1HR	Windale Primary Purpose , BaptistCare Community Centre, 1/124 South Street, Windale, NSW, 2306 (O,B,J,T)	

NSW Central Coast Area			
12:30P M	1HR	Online Meeting - Central Coast Lunchtime , Gosford, 2250 (O,J,T,VM)	
6:30PM	1HR	Long Jetty Living Clean , CWA building, 1 Pacific Street Long Jetty, Long Jetty, 2261 (LC)	
7:30PM	1.5HR	Wyoming Wednesday , Anglican Community Centre, next to church, 4 Ronald Avenue, Wyoming, NSW, 2250 (O,J,T)	

NSW Coffs Kempsey			
6:30PM	1HR	Woolgoolga Living Clean , CWA, Next to Diggers RSL, 21 Beach Street, Woolgoolga, NSW, 2456 (O,B,D)	

NSW Far North Coast Area			
NOON	1HR	Byron Bay Wed - Freedom Group , Presbyterian Hall, Hall behing Church, 13 Ruskin Street, Byron Bay, NSW, 2481 (O,BT,JT,LC)	
5:30PM	1HR	Brunswick Heads , Brunswick Valley community center, Enter at rear of building, down drive, right hand side, 42 South Beach road Brunswick Heads, Brunswick Heads, NSW, 2483 (D,JT)	
5:30PM	1HR	Lismore Living Clean , Riverlands Drug & Alcohol Centre, Corner of Hunter & Uralba Streets, enter via Carpark, 75 Hunter Street, Lismore, NSW, 2480 (LC)	

5:30PM	1.5HR	Lismore Wednesday Online , Lismore, NSW (VM)	
7:30PM	1HR	Byron Bay Wed Meditation Meeting , Byron Surf Life Saving Club, Main Beach, Bay Street, Byron Bay, NSW, 2481 (O,D,JT)	

NSW Mid North Coast Port Macquarie Area			
7:00PM	1.5HR	Port Macquarie Wed - Steps and Traditions , Uniting Church (next to KFC), Horton Street, Port Macquarie, NSW, 2444 (D,St)	

THURSDAY			
Newcastle and Hunter Valley Area			
6:00PM	1HR	Broadmeadow- Just for Today , Uniting Church hall, Near broadmeadow train station on the 9ways side of train lines., 199 broadmeadow road, Broadmeadow, NSW, 2292 (JT)	
6:30PM	1HR	Cessnock NA , Baptist Church Hall, Please use Hall Entrance, all participants will have to comply with Covid 19 guidelines, please call 0436406292 for queries, 7 Cooper Street, Cessnock, NSW, 2325 (O,CS,JT) <i>corner of Hall and Cumberland Sts</i>	
6:30PM	1HR	Keep Coming Back Group , Raymond Terrace Baptist Church, Entrance via Hastings Drive, 10 Benjamin Lee Drive, Raymond Terrace, NSW, 2324 (O,BT)	

NSW Central Coast Area			
12:30P M	1HR	Online Meeting - Central Coast Lunchtime , Gosford, 2250 (O,J,T,VM)	
6:00PM	1HR	Woy Woy I.D. Recovery , Peninsula Community Centre, 93 McMasters Road, Woy Woy, NSW, 2256 (D,WC)	
6:30PM	1HR	Long Jetty Steps , CWA Hall, 1 Pacific Street, Long Jetty, NSW, 2261 (B,SG,St)	
7:00PM	1.5HR	San Remo Thu , Neighbourhood Centre, 28 Brava Avenue, San Remo, NSW, 2262 (D)	

NSW Coffs Kempsey			
6:00PM	1HR	Thursday Night Steps , Uniting Church Hall, 21 Gordon Street, Coffs Harbour, NSW, 2450 (D,WC)	
7:30PM	1HR	Online Coffs Women's Thursday , Online, Coffs Harbour, NSW, (D,W,VM)	

NSW Far North Coast Area			
NOON	1HR	Byron Bay Thu - Literature Lunchie , Presbyterian Church, Ruskin Street, Byron Bay, NSW, 2481 (B,BT,St)	

THURSDAY (CONT)

6:00PM	1HR	Basic Ballina , Saint Marys Anglican Church Hall, We are going through all of the literature- one meeting at a time, Corner Norton and Burnet Streets, Ballina, NSW, 2478 (O,BT,JT)
6:00PM	1HR	Lismore Women's Meeting MOVED DUE TO FLOOD , Studio, 14 pleasant street, Goonellebah, NSW, 2480 (D,W)
6:00PM	1HR	We Are Not Alone , Back of Manna Haven Cafe-Restaurant, old Seventh Day Adventist Church, 97 Jonson Street, Byron Bay, NSW, 2481 (O,B,CS,D)
6:30PM	1.5HR	Maclean , CWA Hall, Wheel chair access, 40 River Street, MACLEAN, NSW, 2465 (O,D,JT,WC)
7:00PM	1.5HR	Mullumbimby Thurs 7pm Steps 1,2,3 , CWA Hall, 15 Tincogan Street, Mullumbimby, NSW, 2482 (O,B,BT,CS,St)

FRIDAY

Newcastle and Hunter Valley Area

6:00PM	1HR	Newcastle East Fri MENS , Salvation Army Hall, 67 Cleary Street, Hamilton, NSW, 2303 (M)
6:00PM	1HR	Newcastle Friday Night Women's Online , Newcastle, NSW, 2302 (O,W,VM)
6:00PM	1HR	Newcastle Woman's Just For Today , The Wesley building, 15 Denison Street, Newcastle West, 2302 (JT)

NSW Central Coast Area

12:30PM	1HR	Online Meeting - Central Coast Lunchtime , Gosford, 2250 (O,JT,VM)
6:00PM	1HR	The Entrance Fri The Hour Of Power , The Entrance Community Centre, Corner of Oakland and Battley Avenues, The Entrance, NSW, 2261 (D,WC)
7:30PM	1.5HR	Gosford Friday , Wyoming Memorial Hall, 4 Ronald Avenue, Wyoming, NSW, 2250 (O,JT)

NSW Coffs Kempsey

7:00PM	1HR	Coffs Harbour Spiritual Principle a Day , Uniting Church Hall, 21 Gordon Street, Coffs Harbour, NSW, 2450 (O,JT,St,WC,SPAD)
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NSW Far North Coast Area

11:00AM	1.25HR	Brunz brunchie , RSL Hall Brunswick Heads (grey hall behind AMPOL servo), 24 Fawcett Street, Brunswick Heads, NSW, 2483 (O,D,JT)
6:00PM	1HR	How We Work It , CWA Rooms, 47 Duke Street, Grafton, 2460 (O,JT,LC)
6:00PM	1HR	Lismore Friday NA Topic Meeting , Riverlands Drug And Alcohol Detox, Corner of Hunter and Uralba St. Enter via Carpark, 75 Hunter street, Lismore, NSW, 2480 (O,CS)
6:00PM	1HR	Simply Lennox , CWA Hall, 1 Mackney Lane, Lennox Head, NSW, 2478 (JT)
7:00PM	1.25HR	Friday Night Live , St Paul's Church, 14 Kingsley Street, Byron Bay, NSW, 2481 (B,BL,CS,D,SD)

SATURDAY

Newcastle and Hunter Valley Area

10:00AM	1HR	Saturday Living Clean , Karinya House, Entry via Section St, 131 Crebert Street, Mayfield, NSW, 2304 (O,D,LC)
6:00PM	1.5HR	Newcastle Sat I.D , The Salvation Army, 67 Cleary Street, Hamilton, NSW, 2291 (O,B,WC)

NSW Central Coast Area

8:00AM	1HR	East Gosford Sat , Green Point Community Centre, 96 Koolang Road, Green Point, NSW, 2251 (O,BT)
12:30PM	1HR	Online Meeting - Central Coast Lunchtime , Gosford, 2250 (O,JT,VM)
7:00PM	1.5HR	Chittaway Sat , The Glen Centre, 50 Church Road, Chittaway Point, NSW, 2261 (O,B,D,WC)

SATURDAY (CONT)

NSW Coffs Kempsey

4:00PM	1.5HR	Bellingen Saturday Literature , Uniting Church (Front hall), Corner of Waterfall Way and Ford Street, 28 Hyde Street, Bellingen, NSW, 2454 (O,D)
6:00PM	2HR	Inverell Group of Narcotics Anonymous , Guides Hall, 63 Campbell Street, Inverell, NSW, 2360 (C,BT,D,JT,St,ID)

NSW Far North Coast Area

9:00AM	1.5HR	Bangalow Saturday Morning , Bangalow Presbyterian Church, 73 Byron Street, Bangalow, NSW, 2479 (O,D,WC)
1:30PM	1HR	Kyogle NA Meeting , Saint James Anglican Church Hall, 3, Campbell Rd, Kyogle, NSW, 2474 (O,D)
6:00PM	1HR	Light of Hope , Presbyterian Hall, 13 Ruskin Street, Byron Bay, NSW, 2481 (D,WC)
6:00PM	1.5HR	Saturday Online Steps & Trads , Online, Zoom, Lismore, NSW, 2480 (O,St,VM)
6:00PM	1HR	Yamba New Beginnings , Yamba Library/ hall, Hall behind library, 45 Woolli Street, Yamba, NSW, 2464 (O,B)

NSW Mid North Coast Port Macquarie Area

6:00PM	1.5HR	Port Macquarie Sat TOPIC , Uniting Church, Next to KFC, 144 Horton Street, Port Macquarie, NSW, 2444 (D,JT)
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MEETING FORMAT LEGEND

B	Beginners	BL	Bi-Lingual
BT	Basic Text	C	Closed
CS	Children under Supervision	D	Discussion
HY	Hybrid Meeting	ID	Identificaion
JT	Just for Today	LC	Living Clean
LGBTQI	LGBTQI	M	Men
O	Open	SD	Speaker/Discussion
SG	Step Working Guide	SPAD	A Spiritual Principle a Day
St	Step	VM	Virtual Meeting
W	Women	WC	Wheelchair

ONLINE MEETINGS

If you live in a regional area or can't attend a meeting in person, Skype meetings are available online or by phone. Online meeting times and details:
www.na.org.au/multi/online-meetings

PHONE NUMBERS

**Our message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, *page 65*



NSW Northern Regional Country Meetings

APRIL 2024

National Helpline and Meetings Search

1300 652 820

0488 811 247

<http://na.org.au>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 94