

SUNDAY**Dodges Ferry**

4:00 1.5 Peninsula Steps, Traditions and ID,
PM HR Okines Community House, 540 Old Forcett
 Road, Dodges Ferry, TAS, 7173
(O,CS,D,St,WC)

Launceston

5:00 1HR Launceston Sunday JFT, Church of the
PM Apostles, to the left of church in old nunnery,
 44 Margaret Street, Launceston, TAS, 7250
(D,JT,HY)

TUESDAY**North Hobart**

5:30 1.5 Life on Lifes Terms, Uniting Church Hall, 2
PM HR Swan Street, North Hobart, TAS, 7000 **(D)**

WEDNESDAY**Launceston**

6:00 1HR Wednesday Steps, Church of the Apostles,
PM to left of church in old Nunnery, 44 Margaret
 Street, Launceston, TAS, 7250 **(O,St,HY)**

THURSDAY**North Hobart**

7:30 1.5 Just for Today/Topic, Uniting Church,
PM HR Basement Level, 2 Swan Street, North Hobart,
 TAS, 7000 **(D,JT,WC,HY)**

MEETING FORMAT LEGEND

CS	Children under Supervision	D	Discussion
HY	Hybrid Meeting	JT	Just for Today
O	Open	St	Step
WC	Wheelchair		

ONLINE MEETINGS

If you live in a regional area or can't attend a meeting in person, meetings are available online or by phone.

Online meeting times and details:
www.na.org.au/multi/online-meetings

PHONE NUMBERS**TASMANIA AREA****APRIL 2024**

National Helpline and Meetings Search
1300 652 820
0488 811 247

<http://na.org.au>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 5

What is our message
The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.

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