

SUNDAY

NSW South Coast Area

5:00PM	1HR	Bulli Basic Text Study , Bulli Library Resource Centre, 323 Princes Hwy, Bulli, NSW, 2518 (BT, D)
6:00PM	1.5HR	Goulburn Sunday Steps , The Yurt [Behind Anglicare], 130 Cowper St, Goulburn, NSW, 2580 (St, WC)

NSW Country

6:00PM	1HR	6th concept , Jacaranda room, Kent House, 141 Faulkner St, Armidale, NSW, 2350 (B, D, JT, St)
7:00PM	1.5HR	Tamworth Sun , Salvation Army Hall, 328 Goonoo Goonoo Rd, Tamworth, NSW, 2340 (O, JT)

Manning Great Lakes

7:30PM	1HR	Tuncurry Sun Just for Today , Uniting Church, Corner of Bent St and South St, Tuncurry, NSW, 2428 (D, JT, WC)
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MONDAY

NSW South Coast Area

NOON	1.5HR	Ulladulla Mon , Community Services Building, 78 Vincent St, Ulladulla, NSW, 2539 (D)
1:00PM	1HR	Bega Monday Lunchtime , Red Cross Rooms, 33 Church Street, Bega, NSW, 2550
6:30PM	1.5HR	Bowral Monday , The Basement, Behind Uniting Church, Cnr of Boolwey and Bendooley St, Bowral, NSW, 2576
7:00PM	1.5HR	Moruya Mon , Southern Life Church, 2837 Princes Hwy, Moruya, NSW, 2537 (D)
7:00PM	1.5HR	Nowra Mon , Oolong House, 11 Junction St, Nowra, NSW, 2541 (D)
7:30PM	1.5HR	Wollongong Mon STEPS , Old Baptist Church, Underwood St, Corrimal, NSW, 2518 (St)

NSW Country

7:00PM	1.5HR	Armidale Mon Beginners Meeting , Kent House, Garden Room, 141 Faulkner St, Armidale, NSW, 2350 (B)
7:30PM	1.5HR	Wagga Wagga Monday , Calvary Riverina Drug & Alcohol Centre, 1 Emblen Street, Wagga Wagga, NSW, 2650 (D)

TUESDAY

NSW South Coast Area

NOON	1.5HR	Goulburn Tuesday , "the Yurt" behind Anglicare, 130 Cowper St, Goulburn, NSW, 2580 (WC)
6:00PM	1.5HR	Merimbula Tue Steps and Traditions , St Joseph's Church (rear building), 79 Main Street, Merimbula, NSW, 2548 (D)
7:00PM	1.5HR	Early Days of Recovery / How we got here. , South Coast Private Hospital, Mystics Room, please be there by 7 pm or then follow signs at the door. Mystics Room, ground floor, close to wollongong train station., 121 Burrelli street, Wollongong, NSW, 2500 (O, B, CS, WC)

NSW Country

6:30PM	1HR	Serenity Seekers , Armidale neighbourhood centre, 129 rusden street, Armidale, NSW, 2350 (O, B, D, JT, WC)
7:30PM	1.5HR	Albury Tuesday , Live Better Building, Side entry, 2/432 Townsend Street, Albury, NSW, 2641 (O, BT, CS, D, WC)

WEDNESDAY

NSW South Coast Area

6:30PM	1.5HR	Goulburn Women's Meeting , "the Yurt" Behind Anglicare, 130 Cowper St, Goulburn, NSW, 2580 (C, W, WC)
7:00PM	1.5HR	Marulan Mens Meeting , Brewer Center, 47 George St, Marulan, NSW, 2579 (M)
7:30PM	1.5HR	Wollongong Wed , Wesley Church, Crown St Mall, Wollongong, NSW, 2500 (D)

Manning Great Lakes

7:30PM	1HR	Forster Wednesday Steps 123 , Uniting Church Hall, 36 Macintosh Street, Forster, NSW, 2428 (D, St)
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THURSDAY

NSW South Coast Area

7:30PM	1.5HR	Kiama Thu Back to Basics , Anglican Church, Terralong St, Kiama, NSW, 2533 (D)
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NSW Country

7:00PM	1.5HR	Bathurst Thursday , Bathurst Presbyterian Church Hall, next door to Bathurst Post Office, cnr Howick and George st, Bathurst, NSW, 2795 (O)
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THURSDAY (CONT)

NSW Country

7:00PM	1.5HR	Orange - NA Beginners , Kenna Hall, Behind the Catholic Church, 84 Hill St, Orange, NSW, 2800 (O, B, BL, CS, D, WC)
7:00PM	1.5HR	Welcome to NA , St. Bridget's Church, 198 Brisbane Street, Dubbo, NSW, 2830 (O, St)
7:30PM	1.5HR	Albury Thursday 'Topic Meeting' , Live Better Building (Next to Maccas), 2/432 Townsend Street, Albury, NSW, 2641 (O, CS, JT)
7:30PM	1.5HR	Wagga Wagga - Topic , St Paul's Anglican Church, rear entrance, 31 Fernleigh Road, Wagga Wagga, NSW, 2650 (D)

FRIDAY

NSW South Coast Area

5:30PM	1.5HR	Bega Fri , 1st Bega Scout Hall, 84 Gipps Street, Bega, NSW, 2550 (D)
7:30PM	1.5HR	Wollongong Fri Soup Kitchen , Wesley Soup Kitchen, Behind the Uniting Church Hall, Court Lane, Wollongong, NSW, 2500 (D)
7:30PM	1HR	Goulburn Friday , The "Day Centre" behind St. John of God Hospital, Entry off Arnheim St, 234 Bourke St, Goulburn, NSW, 2580

NSW Country

7:00PM	1.5HR	Armidale Fri Electric Candlelight ID , Armidale neighbourhood centre, 129 Rusden street, Armidale, NSW, 2350 (O, B, D)
7:30PM	1.5HR	Albury NA , Church of God, 418 Urana Street, Albury, NSW, 2640 (O, B, D)

SATURDAY

NSW South Coast Area

12:30PM	1HR	Saturday Golbourn , The Yurt, Behind Anglicare, 130 Cowper Street, Golburn, NSW, 2580 (B)
6:00PM	1.5HR	Port Kembla Saturday , Port Kembla Community Centre, cnr. Wentworth & Church Sts, Port Kembla, NSW, 2505
6:00PM	1.5HR	Nowra Sat , Neighbourhood Centre, 41 Worrigeer St, Nowra, NSW, 2541 (D)
7:00PM	1.5HR	Moruya Saturday Basic Text Study Group , Girl Guides hall, Evans St corner of Campbell St, Moruya, NSW, 2537 (BT)

NSW Country

12:30PM	1.5HR	Serenity seekers , Armidale neighbourhood centre, 129 rusden street, Armidale, NSW, 2350 (O, B, D, JT, WC)
4:00PM	1.5HR	Canowindra Sat Topic , Orana House, 32 Ferguson St, Canowindra, NSW, 2804 (D)

MEETING FORMAT LEGEND

B	Beginners	BL	Bi-Lingual
BT	Basic Text	C	Closed
CS	Children under Supervision	D	Discussion
JT	Just for Today	M	Men
O	Open	St	Step
W	Women	WC	Wheelchair

ONLINE MEETINGS

If you live in a regional area or can't attend a meeting in person, Skype meetings are available online or by phone. Online meeting times and details:
www.na.org.au/multi/online-meetings

PHONE NUMBERS



NSW Southern Regional and Country Meetings

JANUARY 2019

National Helpline and Meetings Search
1300 652 820

<http://na.org.au>

SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 39