



**SUNSHINE COAST
MEETING LIST
OCTOBER 2022**

**24 HOUR HELPLINE
1300 652 820**

<http://na.org.au/>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 27