

MONDAY	
<b>7:00AM</b>	<b>Stanley Street East Sydney</b> , Bill and Toni's Restaurant (upstairs), 72 - 74 Stanley Street, Darlinghurst, NSW, 2010 (JT) <i>Meeting will be here everyday except Saturday (William Booth) &amp; including Sunday up to &amp; including 08/01/2024 Back at Bill &amp; Toni's 09/01/2024</i>
<b>11:00AM</b>	<b>Long reef Monday Kick Start</b> , Griffith Park Sports Facility (Green Roof ) Enter via Griffith park., Anzac Avenue, Collaroy, NSW, Collaroy, 2097 (BT)
<b>NOON</b>	<b>Potts Point Monday ID Meeting</b> , Rex Centre, entrance next to Maggie's Restaurant, Baroda Room, the Rex Centre 58A Macleay Street., Potts Point, NSW, 2010 (ID)
<b>5:30PM</b>	<b>Lalor Park - Slogans &amp; first 90 Days</b> , St Clements Anglican Church, Covid safe protocols in place., Cnr Burke and Freeman Street, Lalor Park, NSW, 2147 (O,D,SD,WC)
<b>5:30PM</b>	<b>Monday Bondi - Living Clean Meeting</b> , Waverley Library, Training room 2, 32-48 Denison Street, Bondi Junction, NSW, 2022 (O,D)
<b>6:00PM</b>	<b>Mustard Mondays</b> , Ultimo Uniting Harris Community Centre, Next to Mustard Seed Uniting Church, 97 Quarry Street Ultimo, Ultimo, NSW, 2007 (ID)
<b>6:00PM</b>	<b>North Curl Curl Men's Meeting</b> , North Curl Curl Community Centre, Cnr of Abbott Road, 2 Griffin Road, North Curl Curl, NSW, 2099 (C,M)
<b>6:00PM</b>	<b>Northern Beaches Women's</b> , Brookvale Community Centre, Next to Brookvale Primary School, Across from the football oval, 2 Alfred Road, Brookvale, NSW, 2100 (W,SPAD)
<b>6:30PM</b>	<b>Campbelltown Monday</b> , Westside Baptist Church, 11 Dobell Road, Claymore, NSW, 2559 (C,JT)
<b>7:00PM</b>	<b>Double Bay Steps Group</b> , In the Chapel, Steps & Traditions Meeting. The only requirement for membership is the desire to be clean., Transvaal Avenue & Cross Street, Double Bay, NSW, 2028 (C,B,BT,St)
<b>7:00PM</b>	<b>Erskineville Mon</b> , Erskineville Town Hall, 104 Erskineville Rd Erskineville, Erskineville, NSW, 2043 (O,SPAD)
<b>7:00PM</b>	<b>Glebe Mon TOPIC</b> , Benledi House, 186 Glebe Point Road, Glebe, NSW, 2037 (O,D)
<b>7:00PM</b>	<b>Merrylands Steps &amp; Traditions</b> , Merrylands Community Centre (Miller Room), opposite RSL, 11/17 Miller St, Merrylands, NSW, 2160 (O,D,St)
<b>7:00PM</b>	<b>Miranda Mon</b> , Community Centre, Corner of Kiora Road, 95 Karimbla Road, Miranda, NSW, 2228 (O,B,D,St,Tr)
<b>7:00PM</b>	<b>Persian NA Meeting (Farsi Language)</b> , Shaftsbury Place, 167 Shaftsbury Road, Eastwood, NSW, 2122 (O,F)
<b>7:00PM</b>	<b>Ryde Monday</b> , West Ryde Community Hall, 3-5 Anthony Street, West Ryde, NSW, 2112 (O,JT)
<b>7:30PM</b>	<b>Rozelle Monday Night Big Show</b> , Old Rozelle Hospital, Building 132 (Rec Hall), next driveway down from Church Street, Wharf Road, Lilyfield, NSW, 2040 (B,D,HY)
TUESDAY	
<b>7:00AM</b>	<b>Stanley Street East Sydney</b> , Bill and Toni's Restaurant (upstairs), 72 - 74 Stanley Street, Darlinghurst, NSW, 2010 (JT) <i>Meeting will be here everyday except Saturday (William Booth) &amp; including Sunday up to &amp; including 08/01/2024 Back at Bill &amp; Toni's 09/01/2024</i>
<b>NOON</b>	<b>Darlinghurst Tue</b> , St John's Anglican Church, 120 Darlinghurst Road, Darlinghurst, NSW, 2010 (D)
<b>NOON</b>	<b>Parra Power of Recovery</b> , Parramatta Library Room 2.01 2nd floor turn right, Diagonally across Parramatta Square from Train station, Phive 5 Parramatta Square, Parramatta, NSW, 2150 (O)
<b>6:00PM</b>	<b>Camperdown NA Meeting</b> , Booler Community Centre, Next to park, through the green gate, 25 Lambert Street, Camperdown, NSW, 2050 (O,B,WC,LC)
<b>7:00PM</b>	<b>Living Clean Study Concord</b> , Concord Community Centre, 1a Gipps Street, Concord, 2137 (LC)
<b>7:00PM</b>	<b>Living in the solution</b> , Saint Mary's Church, 31 Whistler Street, Manly, NSW, 2095 (O,CS,JT,WC)
<b>7:00PM</b>	<b>Mount Druitt NA</b> , Holy Family, MacKillop Room, 252-254 Luxford Road, Emerton, NSW, 2770 (C,CS,JT)
<b>7:00PM</b>	<b>NA Persian Meeting</b> , Merrylands Youth Centre, 289 Merrylands Road, Merrylands, NSW, 2160 (F)
<b>7:00PM</b>	<b>Paddo' 5 Ways Tuesday JFT</b> , Saint George's Anglican Church, 245 Glenmore Road, Paddington, NSW, 2021 (O,B,JT,LC)
<b>7:00PM</b>	<b>Riverwood Tue ID/REC/STEPS</b> , Community Centre, 151 Belmore Road North, Riverwood, NSW, 2210 (D,St)
<b>7:00PM</b>	<b>Tuesday Little Bay</b> , Big Hall, Buses X92,392,393 all from central to Little Bay, Corner of Ewing Avenue & Pine Avenue, Little Bay, NSW, 2036 (B,D,JT)

<b>8:00PM</b>	<b>Rainbow Steps &amp; Traditions</b> , Rainbow Recovery Club, Around the corner from Albion St - Look for the Green Doors., 303 Riley Street, Surry Hills, NSW, 2010 (O,BT,LGBTQI,St,WC)
WEDNESDAY	
<b>7:00AM</b>	<b>Stanley Street East Sydney</b> , Bill and Toni's Restaurant (upstairs), 72 - 74 Stanley Street, Darlinghurst, NSW, 2010 (JT) <i>Meeting will be here everyday except Saturday (William Booth) &amp; including Sunday up to &amp; including 08/01/2024 Back at Bill &amp; Toni's 09/01/2024</i>
<b>11:00AM</b>	<b>Collaroy Wednesday JFT</b> , Griffith Park Sports Facility (Green Roof ) Enter via Griffith park. Please arrive early as venue is limited to 14 persons and social distancing applies. Newcomers will be accommodated. BYO refreshments., Anzac Avenue, Collaroy, NSW, 2097 (JT,WC)
<b>NOON</b>	<b>Woolloomooloo Wed Just For Today</b> , Ozanam Learning Centre, Ground Floor, 99 Forbes Street, Woolloomooloo, NSW, 2011 (B,D,JT,NC)
<b>6:00PM</b>	<b>Wednesday Women's Meeting</b> , Reginald Murphy Community Centre, 19 Greenknowe Ave, Potts Point NSW 2011, Kings Cross, NSW, 2011 (C,JT,W)
<b>6:30PM</b>	<b>Camperdown Wednesday</b> , Common Ground Support Services, 31 Pymont Bridge Road, Camperdown, NSW, 2050 (O,JT)
<b>6:30PM</b>	<b>Doonside Cottage</b> , Doonside Cottage, 2 Astral Drive, Doonside, NSW, 2767 (O,JT)
<b>7:00PM</b>	<b>Chatswood South Wed</b> , Dougherty Community Centre, Venue limited to 16 persons, newcomers will be accommodated. Social distancing applies, no refreshments provided., 7 Victor Street, Chatswood, NSW, 2067 (O,JT,WC)
<b>7:00PM</b>	<b>Collaroy Wednesday</b> , Collaroy Surf Club, Stairwell entrance, enter beachside, 1054 Pittwater Road, Collaroy, NSW, 2097 (O,JT)
<b>7:00PM</b>	<b>Cronulla Wed ID/TOPIC</b> , Cronulla Central, Level 3 Meeting Room 2, 38 Croydon Street, Cronulla, NSW, 2229 (O,B,JT)
<b>7:00PM</b>	<b>Merrylands Farsi NA Meeting</b> , 857579943, 17 Miller Street, Merrylands, 2160 (C,St,F)
<b>7:00PM</b>	<b>Parramatta Men's</b> , Salvation Army, Street parking can be found on Grose Street, 426 Church Street, Parramatta, NSW, 2150 (M)
<b>7:30PM</b>	<b>Bondi Wednesday</b> , Margaret Whitlam Recreation Centre (upstairs), Waverly Park, Bondi Road, Bondi, NSW, 2022 (O,D)
<b>7:30PM</b>	<b>Newtown Wed - Steps</b> , Saint Josephs Crypt Hall, cnr Station & Bedford Street, Newtown, NSW, 2042 (SD,St,HY) <i>entrance on Bedford Street</i>
<b>7:30PM</b>	<b>Wednesday JFT Tag Meeting</b> , Penrith Seniors Centre, Opposite car park, next to Union Lane, 86 Station Street, Penrith, NSW, 2750 (O,JT,WC)
THURSDAY	
<b>7:00AM</b>	<b>Stanley Street East Sydney</b> , Bill and Toni's Restaurant (upstairs), 72 - 74 Stanley Street, Darlinghurst, NSW, 2010 (JT) <i>Meeting will be here everyday except Saturday (William Booth) &amp; including Sunday up to &amp; including 08/01/2024 Back at Bill &amp; Toni's 09/01/2024</i>
<b>NOON</b>	<b>Potts Point - Attitude of Gratitude</b> , Baroda Room, the Rex Centre, entrance next to Maggie's Restaurant, 58A Macleay Street, Potts Point, NSW, 2010 (O,D)
<b>NOON</b>	<b>The Spirit of Recovery</b> , St Peter's Town Hall Library, 1st Floor Meeting Room, 39 Unwins Bridge Road, Sydenham, NSW, 2044 (C,B,BT,D,JT)
<b>6:00PM</b>	<b>Young Person's in Recovery</b> , Northside Baptist Church Hall, This meeting is focused on the younger members of NA in hopes to create a greater fellowship of youth accommodating for the added complexities of recovery at a younger age., 63 Willoughby Road, Sydney, NSW, 2096 (O,B,D,SC) <i>New bank account details - BSB - 732 324 Account Number - 666662 We have had a change of service roles and the group now has new bank account details. This group holds regular fellowship events after the meeting usually dinner close by.</i>
<b>6:30PM</b>	<b>Glebe Thu - Just for Today</b> , Glebe Town Hall, 160 St Johns Road, Glebe, NSW, 2037 (O,D,JT)
<b>6:30PM</b>	<b>Redfern</b> , Redfern Community Centre, 29-53 Hugo Street, Redfern, NSW, 2016 (O,SPAD)
<b>7:00PM</b>	<b>Double Bay Thu - Speaker</b> , In the Chapel, Transvaal Avenue & Cross Street, Double Bay, NSW, 2028 (SD)
<b>7:00PM</b>	<b>Little Bay Study Group</b> , Big Hall, Buses X92,392,393 all from central to Little Bay, Corner of Ewing Avenue & Pine Avenue, Little Bay, NSW, 2036 (BT)
<b>7:00PM</b>	<b>Manly Thursday Message of Recovery ID Meeting</b> , Saint Marys Church, 31 Whistler Street, Manly, NSW, 2095 (CS,D,WC)
<b>7:00PM</b>	<b>Penrith Womens Just For Today</b> , Penrith Senior Citizens Centre, 86 Station Street, Penrith, NSW, 2750 (O,CS,St,W)
<b>7:00PM</b>	<b>Strathfield NA</b> , High Street Community Centre, 64 High Street, Strathfield, NSW, 2135 (O,B)

<b>7:00PM</b>	<b>Westmead Spiritual Principle a Day Meeting</b> , Uniting Church Hall, 4 mins walk from Westmead Station. Enter via rear of hall. Off street parking available. Entry via Hotel 175 Hawkesbury Road. Ask reception for boom gate code., Corner of Hawkesbury Road & Queen Road, Westmead, NSW, 2145 (O,WC)
<b>7:15PM</b>	<b>Thursday Night Men's Meeting</b> , Margaret Whitlam Centre (Under the grandstand of Waverley Park, Bondi Junction), Meeting commences with 10 minute meditation. PLEASE ARRIVE ON TIME as it can disrupt persons meditating, Bondi Road, Bondi Junction, NSW, 2026, Bondi, 2026 (C,M,HY)
<b>7:30PM</b>	<b>Annandale Thur - Spiritual Principle a Day</b> , Annandale Neighbourhood Centre, This meeting meets physically only - no longer hybrid, 79 Johnston Street, downstairs, Annandale, NSW, 2038 (O)
<b>7:30PM</b>	<b>Camden ID meeting</b> , CWA Halli, At rear of Coles carpark, 13 Cawdor Street, Camden, NSW, 2570 (O)
<b>8:00PM</b>	<b>Sutherland Thu - Steps</b> , Sutherland Senior Centre, 749 Old Princess Highway, Sutherland, NSW, 2232 (O,B,JT)
FRIDAY	
<b>7:00AM</b>	<b>Stanley Street East Sydney</b> , Bill and Toni's Restaurant (upstairs), 72 - 74 Stanley Street, Darlinghurst, NSW, 2010 (JT) <i>Meeting will be here everyday except Saturday (William Booth) &amp; including Sunday up to &amp; including 08/01/2024 Back at Bill &amp; Toni's 09/01/2024</i>
<b>NOON</b>	<b>Kings Cross Beginners: Steps 1, 2 &amp; 3</b> , The Rex Community Centre, Entrance from park, opposite playground, next to Maggie's restaurant., 58-60 Macleay Street, Potts Point, NSW, 2011 (O,B,St)
<b>4:00PM</b>	<b>Hornsby Farsi language</b> , Waitara Gospel Chapel, 30 Edgeworth David Ave, Waitara, NSW, 2077 (F)
<b>6:00PM</b>	<b>Newtown Fri Experience/Strength and Hope STEPS 1 2 3</b> , Brown Street Library, Upstairs, 8/10 Brown Street, Newtown, NSW, 2042 (O,St)
<b>6:30PM</b>	<b>Foster House Surry Hills Mens</b> , Foster House, In the chapel just inside the front door, 5-19 Mary Street, Surry Hills, NSW, 2010 (M)
<b>6:30PM</b>	<b>Manly Fri - Weekend Warmup</b> , Manly Youth & Community Centre, Venue entry opposite number 9., Kangaroo St, Manly, Manly, NSW, 2095 (O,JT)
<b>7:00PM</b>	<b>Ashfield Exodus NA</b> , Exodus Uniting Church, Enter at right side of church, 180 Liverpool Road, Ashfield, NSW, 2131 (O,SPAD)
<b>7:00PM</b>	<b>Kings Cross Friday 7pm</b> , Reginald Murphy Community Centre, 19 Greenknowe Ave, Kings Cross, NSW, 2011 (O,B,CS,JT,St)
<b>7:00PM</b>	<b>North Sydney Fri JFT</b> , McMahons Point Community Centre, 165 Blues Point Road, North Sydney, NSW, 2060 (JT)
<b>7:00PM</b>	<b>Randwick Fri STEPS</b> , Ventnor House, 193 Avoca Street, Randwick, NSW, 2031 (St)
<b>7:30PM</b>	<b>Book study Hour of Power</b> , Penrith Seniors Centre, In activities room, 86 Station Street, Penrith, NSW, 2750 (O,BT,D,SG,WC)
<b>7:30PM</b>	<b>Glebe Fri SPEAKER</b> , Glebe Town Hall, upstairs, 160 St Johns Road, Glebe, NSW, 2037 (O,SD,HY)
<b>8:00PM</b>	<b>Wentworthville Fri JUST FOR TODAY</b> , Uniting Church Hall, 115 Station Street, Wentworthville, NSW, 2145 (D,JT,WC)
SATURDAY	
<b>7:00AM</b>	<b>Stanley at Booth</b> , William Booth House, Near the corner of Commonwealth St, 56-60 Albion Street, Surry Hills, 2010 (O,JT)
<b>9:00AM</b>	<b>Blacktown Boomerang ID/Recovery</b> , Blacktown Baptist Church, Cnr Sackville & Harold Streets, Blacktown, NSW, 2148 (O,CS) <i>ID/Recovery</i>
<b>9:30AM</b>	<b>HEARTSTARTERS</b> , Saint Brigids Catholic Church Hall, 135B Brook Street, Coogee New South Wales 2034, Sydney, NSW, 2034 (O,D,JT)
<b>10:30AM</b>	<b>Cliffhangers</b> , Margaret Whitlam Community Room, Near Waverley Oval under grandstand, Waverley Park, Bondi Road, Bondi Junction, NSW, 2022 (O,D,LC)
<b>11:00AM</b>	<b>Dee Why Stony Range Saturday Morning</b> , Stony Range Reserve, In the small hall near the entrance. Wheelchair accessible, 802 Pittwater Road, Dee Why, NSW, 2099 (C,BT,WC,LC)
<b>2:30PM</b>	<b>Newtown Sat Just For Today</b> , Brown Street Community Centre, Walk through to the back and go upstairs. Meeting above the women's library., 8-10 Brown Street, Newtown, NSW, 2042 (O,JT)
<b>4:00PM</b>	<b>Carry The Message</b> , Toongabbie Community Centre, Cnr of Targo Road & Toongabbie Road, Toongabbie, NSW, 2146 (O,D,WC)
<b>5:30PM</b>	<b>Liverpool Sat Speaker Meeting</b> , Liverpool Community Centre, 14B Mill Road, Liverpool, NSW, 2170 (SD,WC,HY)
<b>6:30PM</b>	<b>Farsi Language NA Meeting</b> , Auburn Centre for Community, 44A Macquarie Road, Auburn, NSW, 2144 (F)
<b>6:30PM</b>	<b>Saturday Night Fever</b> , Waverly Arts Centre, 138 Bondi Road, Bondi, NSW, 2026 (BT,D)

<b>6:30PM</b>	<b>Strathfield - Spiritual Principles</b> , High Street Community Centre, 64 High Street, Strathfield, NSW, 2135 (SC)
<b>7:00PM</b>	<b>Boomerang Meeting</b> , The Rev.Bill Crews Foundation, Via Liverpool Rd, 180 Liverpool Rd, Ashfield, NSW, 2131 (D)
<b>7:00PM</b>	<b>Lewisham Sat CLOSED FOR MARCH/APRIL</b> , Salvation Army Hall, 39 Lewisham Road, Dulwich Hill, NSW, 2203 (D)
<b>7:00PM</b>	<b>Living Clean</b> , Rainbow Room, 303 Riley Street, Surry Hills, NSW, 2010 (O,LGBTQI,LC)
<b>7:00PM</b>	<b>Narrabeen Tramshed</b> , Narrabeen Tramshed Meeting Room, Main Meeting Room, 1395A Pittwater Road, Narrabeen, NSW, 2101 (O,B,D,WC)
<b>7:00PM</b>	<b>Ryde ID Meeting</b> , North Ryde School of Arts Meeting Room, Go down path on right hand side of building, second ramp on the left., 201 Cox's Road, North Ryde, NSW, 2113 (O,D,WC)
<b>10:00PM</b>	<b>Saturday Session - Living Clean</b> , Reginald Murphy Community Centre, Ground Floor, 19 Greenknowe Avenue, Potts Point, NSW, 2011 (O,WC,LC)

SUNDAY	
<b>8:30AM</b>	<b>Sunday Spiritual Growth</b> , Margaret Whitlam Recreation Centre (Community Room), Meeting commences with 10 minute meditation. PLEASE ARRIVE ON TIME as it can disrupt persons meditating, Bondi Road, Bondi Junction, NSW, 2022 (O,D,St)
<b>10:00AM</b>	<b>Granville Gratitude</b> , The Granville Centre, Held in 'The Meeting Place', 1 Memorial Drive, Granville, NSW, 2142 (O,D,LC)
<b>11:00AM</b>	<b>Avalon Sunday 11am</b> , Avalon Community Centre, Upstairs, first room on right, 59 Old Barrenjoey Road., Avalon, NSW, 2107 (O,JT,WC)
<b>11:00AM</b>	<b>Newtown Women's NA</b> , Brown Street Community Centre, Walk through the back and go upstairs above the Women's Library, 8-10 Brown Street Newtown, Newtown, 2042 (W)
<b>NOON</b>	<b>Manly Sunday - Steps</b> , Manly Library, Parking at Whistler Street car park, 1 Market Place, Manly, NSW, 2095 (O,St,WC)
<b>2:00PM</b>	<b>Newtown Sunday - Steps and Traditions</b> , Brown Street Community Centre, 8-10 Brown Street, Newtown, NSW, 2042 (BT,St)
<b>5:00PM</b>	<b>Sunday Men's Meeting</b> , Brown Street Community Hall (upstairs at the back of library), 8-10 Brown Street, Newtown, NSW, 2042 (C,CS,M)
<b>5:00PM</b>	<b>Sunday Sunset Solutions</b> , School of Arts, 138 Bondi Rd, Bondi, NSW, 2026 (D)
<b>6:00PM</b>	<b>Balmain Sun - Speaker</b> , Hannaford Seniors Centre, Corner of Nelson Street, 608 Darling Street Corner of Nelson Street, Balmain, NSW, 2039 (O,SD)
<b>6:00PM</b>	<b>Cremorne Sunday</b> , Saint Peters Anglican Church, Downstairs meeting room next to church, Corner of Winnie Street and Gerard Street, Cremorne, NSW, 2090 (C,D,SG)
<b>6:00PM</b>	<b>North Curl Curl Steps and Traditions</b> , North Curl Curl Community Centre, This meeting is now face to face only. Alternative online meetings can be found at <a href="https://virtual-na.org/">https://virtual-na.org/</a> , <a href="https://www.na.org.au/multi/meetings/">https://www.na.org.au/multi/meetings/</a> and <a href="https://www.na.org.au/multi/nahome-online-area/">https://www.na.org.au/multi/nahome-online-area/</a> , 2 Griffin Road, Curl Curl, NSW, 2099 (O,D)
<b>6:00PM</b>	<b>Pemulwuy Sunday - Just For Today</b> , Allan G Ezzy Community Centre and Youth Centre, This meeting will relocate to a new venue on the 30/06/2024 at Greystanes Community Centre (Jeremiah Eldridge Hall) 734 Merrylands Rd, Greystanes NSW 2145. Access via rear of library. Ph 0413 522 782, 1 Newport Street, Pemulwuy, NSW, 2190 (O,B,CS,D,JT)
<b>6:00PM</b>	<b>Sydenham 6PM (MIXED NUTS)</b> , Saint Peter's Town Hall Library, Upstairs Meeting Room, 39 Unwins Bridge Road, Sydenham, NSW, 2044 (O,JT)
<b>6:30PM</b>	<b>Farsi</b> , Auburn Centre for Community, In the Thought Room, 44A Macquarie Road, Auburn, NSW, 2144 (BL,F)
<b>7:00PM</b>	<b>Bondi Junction Sun</b> , Waverley Art School, Upstairs, 138 Bondi Road, Bondi, NSW, 2026 (D,JT)

MEETING FORMAT LEGEND			
B	Beginners	BL	Bi-Lingual
BT	Basic Text	C	Closed
CS	Children under Supervision	D	Discussion
F	Farsi Language	HY	Hybrid Meeting
ID	Identificaion	JT	Just for Today
LC	Living Clean	LGBTQI	LGBTQI
M	Men	NC	No Children
O	Open	SC	Spiritual Concepts
SD	Speaker/Discussion	SG	Step Working Guide
SPAD	A Spiritual Principle a Day	St	Step
Tr	Traditions	W	Women
WC	Wheelchair		



## Sydney Areas, Australia

## FACE TO FACE MEETING LIST - MAY 2024

Current as printed - For the most up-to-date information check the online meeting list at [www.na.org.au](http://www.na.org.au)

24 HOUR PHONE HELPLINES  
0488 811 247 - 1300 652 820

Text your postcode and state/territory to 0488 811 247 to get your nearest meeting details by SMS

Virtual Meetings are also available 24x7 at <https://www.virtual-na.org>



SUGGESTIONS FOR EVERYONE  
DON'T USE no matter what  
Ask your Higher Power to keep you clean  
Come early and stay late  
Get a home group  
Go to 90 meetings in 90 days  
Read NA literature daily  
Get and use a sponsor  
Use the PHONE  
KEEP COMING BACK. IT WORKS