

NA TODAY

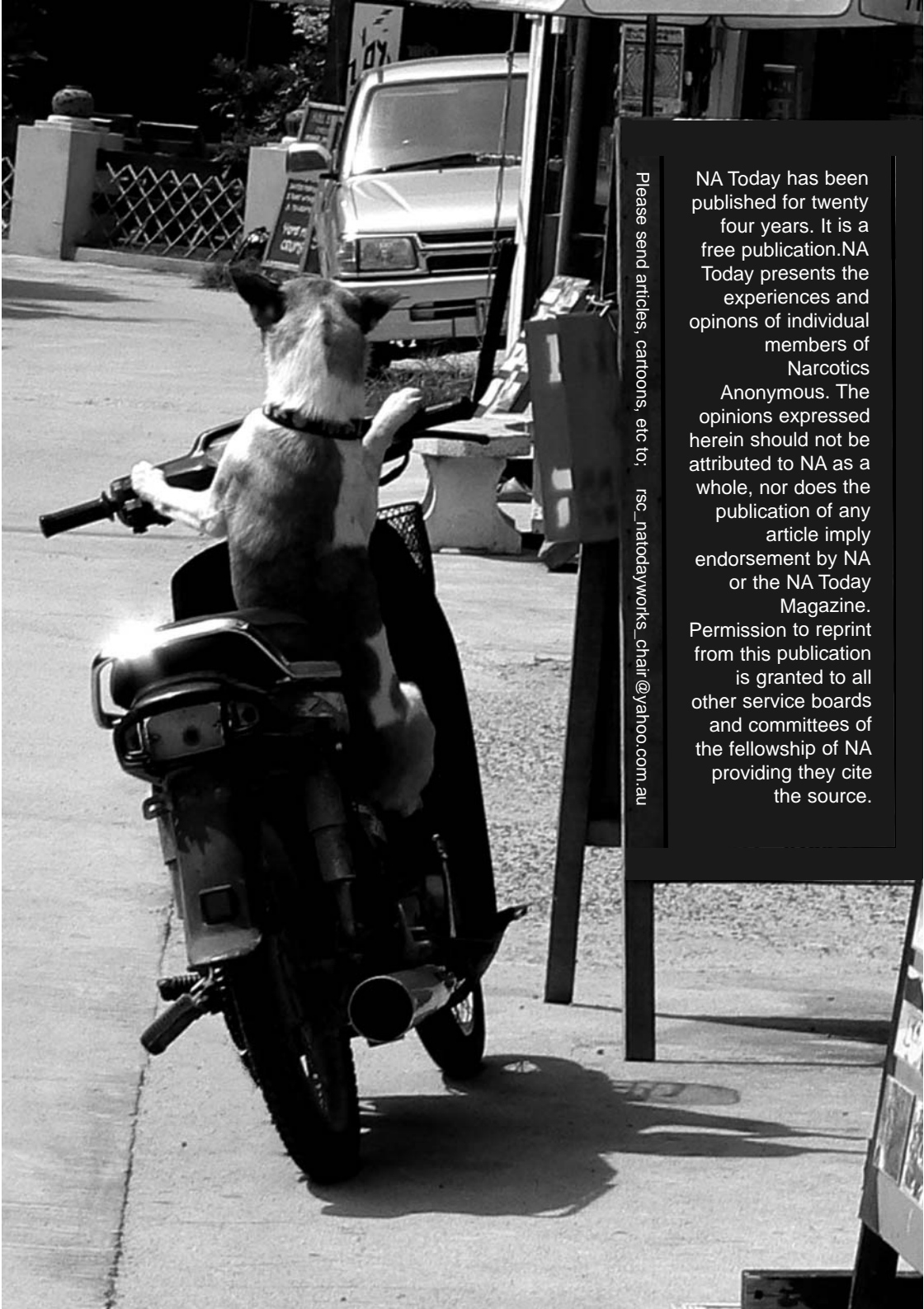
Free Publication of the Australian Region June 2007



acceptance faith commitment

honesty openmindedness willingness

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Please send articles, cartoons, etc to: rsc_natodayworks_chair@yahoo.com.au

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In Memorium

Bill Beck, author of "Fat Addict", in the NA Basic Text, and good friend of Jimmy K succumbed to liver cancer, 16 January 2007.

He was 71. His clean date was 9 July 1967.

He died with 39.5 years clean.

Bill started the first NA recovery house in San Jose and also was a barber, almost until his passing. He cut Jimmy and many NA members' hair and many impromptu meetings took place at his shop.

He died peacefully.

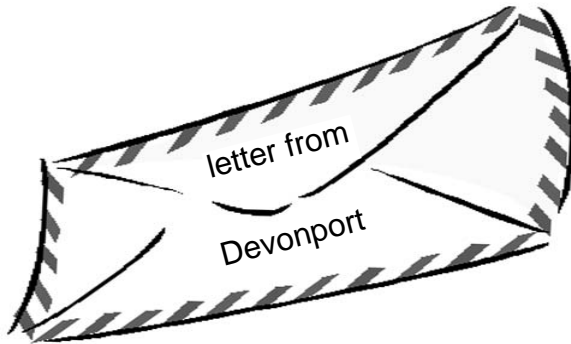
Very few of our original NA pioneers are still with us here.



The Gift

Is it really?

When I first got clean, the compulsion to use drugs was removed completely. I had been racked by the disease for years and then there I was drug free, not even wanting to use. It was indeed a miracle - an unearned gift from beyond. But as time has gone on, life has chopped and changed and there have been many struggles. From time to time the desire to use returned and when I was two years clean it returned with a vengeance. I managed to stay clean but it was then that I realized that the removal of the compulsion, while it was a gift, was also a deal, an ongoing problem that needed upkeep. The compulsion was removed in exchange for helping others get clean. I am responsible for going to meetings, doing service, working with a sponsor and sponsees, doing my steps etc. So it's both a gift and a deal, either way, it needs maintenance.



My use of mood altering drugs other than alcohol was pretty much confined to two years in which I worked in a US army field hospital in Vietnam. For an enlisted man, just about anything was cheaper and easier to get hold of there than hard liquor. I used quite a few drugs, but generally preferred beer, which I could get plenty of. After leaving Nam, I failed as an addict because I was too shy to score. I only ran into a pusher once. I was walking around Haight-Ashbury in San Francisco when a guy sitting on the steps in front of a house started listing his wares under his breath. I sat down next to him and asked how business was and he took off running. It was much easier to just drink.

When I got to the other fellowship, I was only 28 and could not identify with the stories that dominated the meetings in Sydney 30 years ago. Almost all of them were worse than mine and they tended to be more about what people did than what they were like, and also because they seemed to imply that most solved their problems by just stopping. About the time I last used, I followed some addicts I'd met back to their rehab and started to go to meetings of a fellowship called Drugs Anonymous, which later affiliated and became one of the first NA groups in Australia. Instead of talking about their drug use, they mostly talked about how screwed up they still were, and I could at least identify with that.

I personally believe that I have an addictive personality in that I will overdo anything that makes me feel good. But if addiction is the problem and things like drugs, gambling and overeating are mere symptoms, it does seem a bit strange to me at times that we get bogged down in symptoms instead of recovery from the disease.

If I start using anything to feel good, I would soon be unable to feel good without it. When I was about five years clean, I managed to spill boiling water on my foot before mopping the kitchen floor in a nursing home I worked at in one of my down periods. I developed an allergy to what a doctor gave me to prevent infection and was given an antihistamine for the allergy. I took it according to the prescription, but got to like the stuff so much that it bugged me when the rash went away and I had to flush the rest of it down the toilet. For about a week after that, I would go to meetings and get thirsty for whatever they were talking about. I have just started to take an aspirin a day to prevent heart disease, and it was hard to get myself to start because I have never taken any kind of medicine daily over a longer period than a few weeks.

I moved to Tasmania to retire in 2003, after 20 years teaching English in Japan. When I got here, I found that the NA meeting I thought was here wasn't, with the weekly meeting of the other fellowship here being the only 12 Step meeting west of Launceston, an hour's drive to the east. Tony W, another NA old timer, moved here from Sydney shortly after I did, and we have had a meeting going on Monday nights for over two years, with attendance seldom rising above three, but I still love this place and plan to stay here for the rest of my life.

Jim F. Devonport

BACK ON THE GUIDE

I first came into the fellowship in late 1989, and at the time my sponsor gave me a pro-forma document to assist me in working through my Step 4 inventory. This pro-forma grew into what is now the Steps Working Guide (SWG). At the time I was new to the 12 Steps paradigm, and despite being eloquent and reasonably well educated needed some structure within which to create my inventory.

Today after coming and going, relapsing and once again stumbling into the rooms, I am setting about working through the steps from scratch.

The SWG is a guide. As such, it is not prescriptive. As with much of our program, we have guidelines. "There are no rules in NA." I utilise my sponsor on an ongoing basis. He is not concerned about whether I use the SWG or not. Though the text of the SWG is not perfect, it is my objective to strive for "progress, not perfection". As such I use the guide in my steps, and at other times put it aside.

An imperfect tool is better than no tool at all. On the one occasion when I had a sponsee, it was difficult to convey to that newcomer how much work there is to do when working the steps. Today I am free from active addiction to drugs. To that end it is useful to have a tool such as the SWG to prompt me to look at the areas of my life where sanity takes a whole lot longer.

I would suggest that, as with much of NA Literature, the SWG is seen as a guideline, not a rule. And if it doesn't suit one individual, then by all means put it aside and consult your sponsor about how best to approach whichever part of the program you

are concerned with. But, please, do not throw the baby out with

the bath water.

The SWG is a useful tool. Maybe it needs rewriting, as is currently being done with the Basic Text, but then, nothing is written in stone. The only area that does not change involves the steps and traditions. And even they have evolved over the years.

By all means, debate about how we want the SWG to read. Use it or not as you choose. But it is my belief that it is a powerful and useful tool that has an important role to play in the recovery of many addicts.

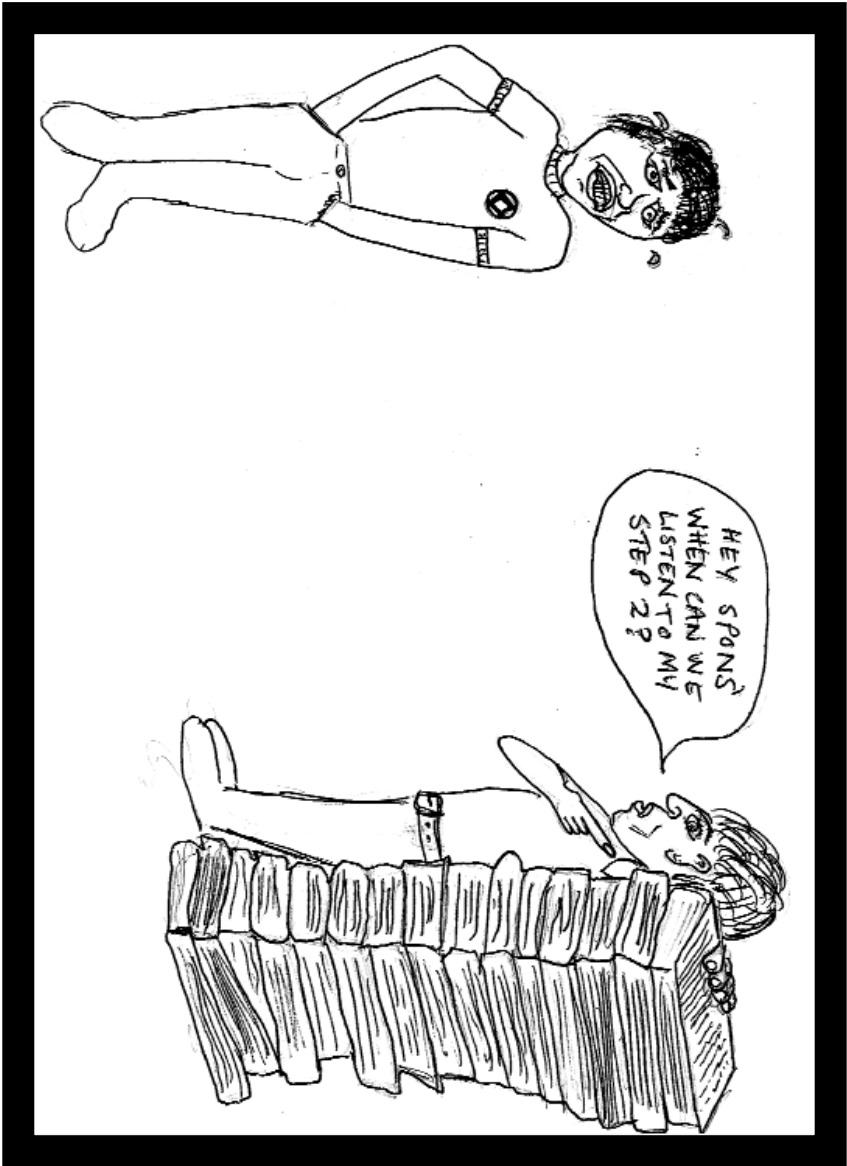
Many of us come in the door having never written about how we feel, or how we have behaved, and by using the tool of writing we are able to quantify and acknowledge much that would otherwise be left swept under the carpet. Granted, there are some who are illiterate, or threatened by having to write things down. But then, how do we take inventory if we do not record it in some way? Writing about the steps and how we apply them to our daily lives makes it all the more real for many of us. Again, it is a guide and certainly not the only way to write about the steps, but it is a useful tool that I feel needs to be available to the many that will benefit by its use.

As with the entire program, writing is important. However, it is also worth remembering that the written component is only one part of an overall experiential, or "doing" program.

So if we have a vote, mine is to keep the guide, maybe amend it, and use it like all of the other literature we use.

Good one NA Today, for raising the issue. This is what keeps NA alive and relevant on an ongoing basis.

Douglas J



HEALING THE INNER DEMONS

I recently read an article that said the founders of the fellowship would turn in their graves if they knew about the self focus that plagued meetings these days.

It reminded me that the original idea of recovery was not to blame others for what had happened to us but to take responsibility for the harm that we had caused to others during our using.

I was subsequently reminded of the part in our basic text which tells us that self obsession is the core of our disease. So much these days we hear recovery coming from the point of view of working on "myself". Healing "my inner child". "Bringing up issues, looking at them, dealing with them" whatever that means to you. Recovery begins to sound like it's all about self and what we can get rather than about the fellowship and what we can give. I bet if we did a study, there would be an inverse relationship between the amount of time spent analyzing self and the amount of time devoted to service.

I was at a meeting recently where a person 18 years clean said "it doesn't matter how much I give back, the debt cannot be repaid for what I have been given, so I will keep doing service". He does lots of service and always has, even since he was new. Then on the same night I heard a relative newcomer say "no one holds their hand out to me, the old timers around here are not doing their job".

I think the old timers are doing their job, but I don't think that particular newcomer is. I think the authors of the steps got it wrong when they said "the only requirement for membership is the desire to stop using". I think it should have said "the only requirement for membership is the desire to stop using and to keep what you have by giving it away. From the day we arrive in

NA we are our own responsibility. While we are not expected to do it alone, no one else is going to do it for us. That newcomer was thinking "where is mine?" Well it is out there, but he has to go and find it himself with the love of the fellowship like the wind at his back. He needs to give to receive as much as any old timer does. We are all equal in this program.

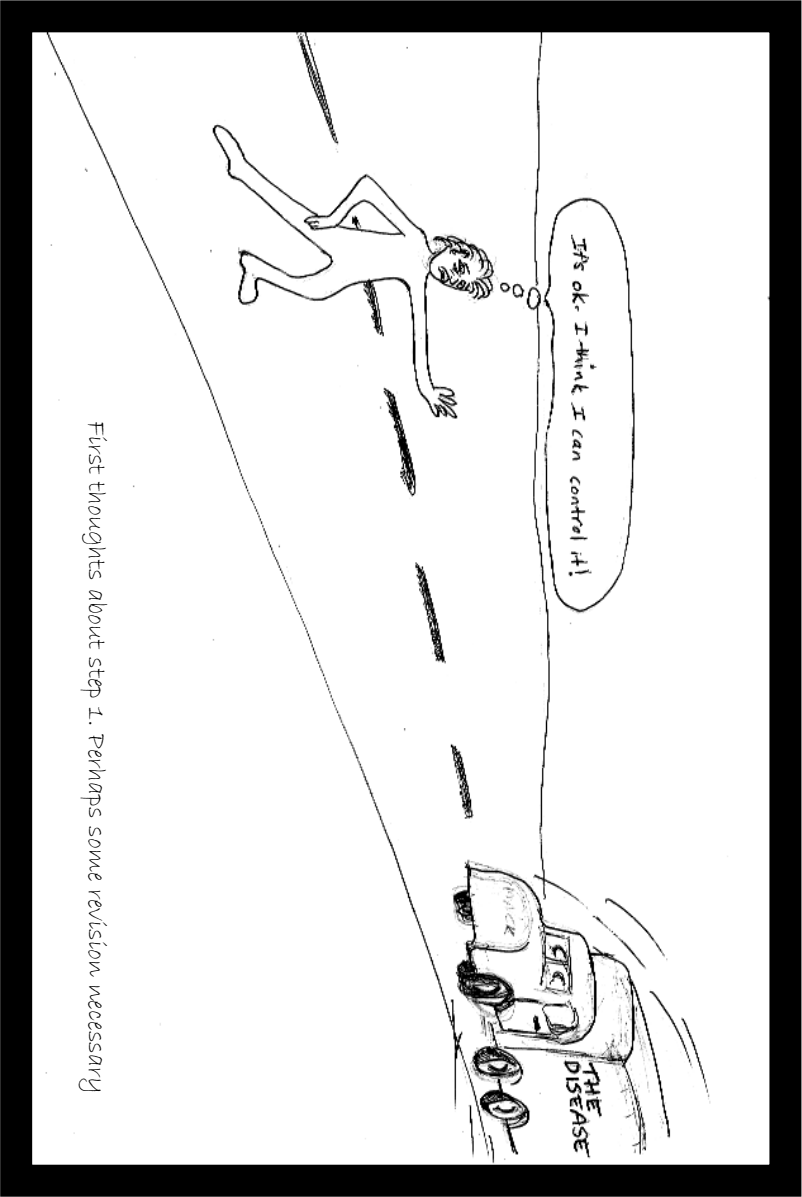
From time to time I hear things like "I'm just not getting enough out of this" I also recently heard someone say, "I am sick of the same people being asked to share all the time" And again, it is not uncommon to hear many different laments that imply people's parents are the reason they used drugs. The common theme in all these comments is a passive form of a victim mentality, a lack of personal responsibility assuming that others should be taking care of them, that they are empty units waiting to be filled rather than genuine participants who are contributing to the fellowship through their decisions and actions.

Meetings and recovery are the exact opposite of that. Taking full responsibility and making recompense for the damage we have caused.

When we used, we lied, stole and did whatever we could to get stuff for ourselves. We had inner demons, secretive parts hidden from the world. The attitude that "someone else will or should supply it for me" needs to change inside. We confront it more and more deeply as we go along. It makes sense now to become self supporting with the loving boundaries of an NA community.

With the help of a loving God and other members we can meet many of our own needs. Healing the inner demons is about giving not receiving.

Toby Z



First thoughts about step 1. Perhaps some revision necessary

Clean Young

I got clean young... a few times... then at 24, I stayed clean until now, I am 36 and 12 years clean.

I had a terrible childhood, a shocker in fact and I washed up early onto the shores of recovery from the oceans of chaos and disaster that my addiction had become. I didn't intend for my life to become the dedication to NA that it has, but it happened along the way. The program took me from place to place inside and life got better and better. I have turned my will and my life over. It looks nothing like it used to - and thank God for that.

I am alone tonight. There is a party on. All my friends and my girlfriend are going and I was invited but I am not there because I don't want to be. I don't like parties very much. Actually I don't much like crowds of any sort. I even find it hard hanging out at the cafés after meetings, but I do that because it is important. I prefer the quiet and peace of home. It has taken me a long time to really get this.

The things that drive me are more personal than public. I like love and intimacy. I like friendship and communication. I like authenticity and connection between humans. I know all these can be done at a party as well but I prefer the lounge room to the large crowd and the dinner party to the night club.

Life is hard sometimes. It is emotional, and by chance, tonight, I am very lonely and upset. I have been experiencing deep grief and loss. But I am completely cool with that and anyway, that is a different story. I know what's going on and have a certain level of acceptance about my place in life. We all have a different path to follow and sometimes I feel strange for not liking the things that other people like, but I am not worried. I have handed all these ideas over to the care of a loving god. I know who I am and I like it.

I have all the regular things that people want. I have a home, car, income - my life runs pretty smooth. I am very lucky and seem to always have been since I got clean. I struggle to get excited by "things". Material desire has lessened considerably since I got a lot of new stuff. I want peace. I want love. I want to contribute and be productive. I can't believe I am even saying these things, I sound like such a suck, but they are true.

I share my life with someone who is on the same path and that is the jewel in the crown of my life. Lying down at night and wrapping my arms around another human being is the sweetest gift I have encountered.

Josh L.



Josh realised his drug habit had become quite expensive



THE PRIVILEGE OF SELF-SUPPORT WHO'S RESPONSIBLE FOR NA SERVICES?

At the 1997 World Service Conference, participants adopted the Guide to Local Services. This new service manual describes some changes to the way we can provide services within the NA service structure. Not the least of those changes will be the revamped fund-flow system described by the Guide, which includes the practice of direct donations from groups to the area, regional, and world levels of service. Yet, if our service efforts are to prove successful for the future, we may wish to look beyond the mere mechanics of how the money moves through our service system and into our own hearts to the principle of self-support.

First, a bit of history about fund-flow in Narcotics Anonymous. The earliest editions of our fellowship's service manuals recommended direct group donations to all levels of service. However, in 1982, when the World Service Conference approved a revision of the service manual sections on the group, area, and region, groups were encouraged to donate all their excess funds to the area committee-which was then to donate its excess funds to the region, and the region's excess was to flow on to the world. Direct donations as now suggested in the newly adopted Guide were replaced by this system of passing on surplus funds from one service level to the next.

So how then did we come full circle? How have we arrived right back where we started from all those years ago? Well, the surplus funds often haven't flowed: In many cases, our resources are exhausted at the area level, leaving little or nothing to be passed on to the regional and world levels of service.

"So what?" some members ask. The region and world seem to be doing okay with what they're getting, and besides, how does what they do affect my home group, anyway? The fact is, world services and regions (and in some cases, even areas and groups) have seen an increasing dependency on profits from fundraising activities such as conventions, dances, memorabilia sales, and the inflated price of NA literature in order to make up for a lack of group support. In a very real way, our home group members have been affected by our ineffective fund-flow system-in the form of inflated convention registration fees, service boards and committees not always being directly accountable to those they serve, and, more significantly, higher prices on our recovery literature.

For many of our members, these have become increasingly troublesome problems within our fellowship. Problems such as service bodies' diversion from our primary purpose by "money, property, and prestige" (conventions often generate huge sums of money, and encourage wildly extravagant spending by well-intentioned convention committees); the amassing of huge prudent reserves to provide operating capital for dances and other functions; and the creation of merchandising "businesses" that often seem to lead us away from the spiritual focus of our program-all of these symptoms indicate a decreasing dedication to our primary purpose and a growing lack of accountability to the groups, on whose behalf NA services are supposedly provided in the first place.

Yet our effort to provide services to a growing membership is confronted by a serious dilemma: We know we need money to provide such services, but the basket doesn't seem to be providing the necessary resources to pay for them. Our group donations simply aren't enough to allow us to provide all of the services we know to be essential to the growth of our fellowship and to carry our message to the addict who still suffers.

But even this knowledge is nothing new. As far back as 1986, the World Service Conference Finance Committee made a special report to the fellowship, suggesting that the fund-flow system was "unable to support many segments of our service structure in many parts of the world." The Finance Committee stated its concern about our ineffective system quite strongly: "The fiscal problems Funds Flow spells for the Fellowship as a whole need to be addressed before they reach any larger proportions."

The Finance Committee's answer to our collective money problems? Direct group donations to all levels of service—a suggested return to our earlier system that had been discarded in 1982. The committee also provided a suggested fund-flow plan, the "60:30:10 Plan," as they called it. Under this plan, groups would have donated sixty percent of their surplus cash to areas, thirty percent to their region, and ten percent directly to world services.

Trustee Bulletin #22, "Direct Donations", argues for the advisability of such direct donations as well, yet that bulletin makes another essential point: "Direct contributions are not a magic answer that will relieve us of all our financial concerns. Our responsibility as members to fund the services we request is an issue that requires broad discussion."

It's an excellent point. The fact is, with the passage of the Guide to Local Services, we now have officially re-adopted direct group contributions to all levels of service. Yet, without a discussion of our principle of self-support, this reinvention of the fund-flow wheel may not make one bit of difference in our fellowship's collective ability to fund NA services. To a member, we must discuss how we have fallen short in our responsibility to support our service structure.

We must question whether precarious and unpredictable sources of income such as convention profits, merchandise sales, and literature profits are the most prudent foundation upon which to base our provision of services. Is it wise to continue to bet our fellowship's future upon such unstable sources of income? We must ask ourselves: What should happen to the money I put into the basket at every meeting beyond paying for the meeting's rent, supplies, literature, and coffee? Why aren't we collecting enough Seventh Tradition money to adequately support our services? For if we do not have fellowship-wide discussions about our responsibility for self-support, all the fancy old or new fund-flow systems in the world won't matter. If the money isn't hitting the basket, then services don't get paid for. Period.

One of our early members understood this clearly enough. In a trustee bulletin written in 1985, an early member described the real issue underlying all of our attempts to get the fund-flow thing right once and for all. He wrote: "It is sad that in our efforts to recover we take great reversals of attitudes and actions, from high-rolling, grandiose, free-spending people to tight, selfish individuals with great rationalization and justification for our actions. . . . We forget that every one of us had to support our own habits by whatever means we could find. If we could give just a small percentage of the monies or efforts we spent for drugs, how well we would be able to carry the message of recovery to those many unfortunate addicts who have not yet found NA."

The problem may not be with our fund-flow system. It may just be that we have forgotten where we came from. What it took for us to get clean. What it means to keep what we have by giving it away. What a change "remaining self-supporting through our own contributions" represents for so many of us, who did nothing but take for so long. What a gamble it is to rely on convention and literature profits to pay for our services. What it could mean to suffering addicts around the world for our fellowship's resources to become as stable as its groups-the backbone of Narcotics Anonymous.

While we look proudly and gratefully at the effectiveness of our message and way of life, we must at the same time turn to look once again at our principles. We must rededicate ourselves to the principle of self-support through our own contributions. We must face the fact that a dollar doesn't go as far as it used to, either in buying a loaf of bread or in our Seventh Tradition basket. We must remember that, just as that early member wrote some twelve years ago, "The survival of NA depends on us all. That little something we don't give might be the difference between one addict dying or surviving. That addict could be you."

Reprinted from the NA Way

I am writing in response to a letter written by Mark P. in your October 2006 issue. Firstly I congratulate Mark for having the courage to confront his demons and write such an honest self opinion.

I AGREE THAT DEALERS SHOULD NOT "RECRUIT" IN THE ROOMS. I also believe that in a perfect world we are not under surveillance at any time, but let's be honest, the phrase should be taken out of the basic text anyway as it is ridiculous. It is up to the police not us.

The number of people dealing drugs in NA is very small and those people responsible will be or are living their own personal hells. I can probably say better than most that it is your spiritual growth that suffers first when you commit crime of any sort. But let's not forget that since the beginning of NA in Sydney, there have often been people who attend meetings that have also committed crimes.

In the early 80's there were girls working as prostitutes, people growing pot, others exploiting NA members by giving them jobs and paying them cash while they received the dole. Others simply bought and sold hot gear from using addicts. Then in the 90's we had marry a Thai for money scams and many other money earning scams. So when we point fingers about NA being under surveillance, it is not just the drug dealers.

As far as The United States not having the same problem, I have lived in America on and off for the

past 14 years and have had this conversation with members over there who say they have exactly the same problems.

I do not think that as a fellowship we have the right to say who can and cannot come to our meetings. Some of us came from some pretty tough streets and I know that if a group of people had have come to my home in numbers and told me I was not welcome to come to meetings, a few people may have found themselves requiring the comforts of private medical insurance - especially when I was in early recovery.

I do believe that we can have a group conscience and within that group make a decision not to ask these people to share. They will lose their self importance and in my experience, if they are not feeding their egos they will stop coming to that meeting. They want people to notice them. But what I stress is that we cannot start choosing and refusing who is allowed into the rooms. If we start with the drug dealers, then who next? The prostitutes? The car salesmen? The lesbians and gays?

We cannot turn people away, but we can as a group shut down their message and speak openly from the floor about the detriment that selling drugs in recovery will bring to their souls. The spiritual pain and the long term damage they will cause to their own recovery is massive. I am sure I could go through our basic text and quote pages, but to be honest, we all know how much suffering drugs have brought into our lives. So for your own sake and that of your family, inside and outside of the rooms, consider the damage that you will cause to everyone around you when you get busted or relapse.

Please don't take this the wrong way, but anyone who is selling drugs whilst in recovery is paying a high price and believe me I know.

Sorry did I mention my name is Ron I. I am serving 18 years imprisonment for drug importation. I am 20 years clean and have been a member of NA for 25 years. I have seen NA grow from 4 meetings a week in Sydney to what it is today. I know a lot of people in NA and I know a lot of dirty laundry tales "we all have". I cannot change another person's actions or inactions but what I can do is change me. So good luck Mark and don't worry. A God of our understanding is taking care of our fellowship and he hasn't done a bad job so far.

Respectfully yours
Ron I



From a Different Angle

What is happening to the Sydney fellowship? When did it become OK to deal? And When did it become OK to recruit mules? At what point did meetings become the mob's headquarters? Why invade the sanctuary of NA with its member's nemesis, DRUGS?

Violence, promises of fast cash, fantasy scar face wannabes. Why engage the services of amateurs to do your bidding? Are you that hard up for labour? The world is full of innocents desperate for an identity. Why grab star stuck insecure newcomers?

"The only requirement for membership is the desire to stop using", IS THAT YOUR OUT?

"Our common welfare must come first. Personal recovery depends on NA unity" Page 131 of It Works states that "to keep our groups healthy we place the needs of our group ahead of our own personal desires. Our ability to survive as a fellowship and to reach others depends on our unity"

NA is neither prim nor proper, awash with sublime mental health, nor a breeding ground for prophets, but it is one of the only places on earth that offers freedom from active addiction.

Don't the death rates of addicts discourage even the most hardened addict to separate their extra curricula activities from our meetings? Do you see lawyers making closing statements when they share, or waiters taking orders in meetings? NO!, Why then is it beyond you to keep mobiles off during a meeting or hire staff in you own time. Why must a meeting be your rendezvous point? There are 24 hours in a day. Why invade the hour or two that is the sanctuary for addicts that have had enough, who don't want to die and who want a better way of life?

Anon



And Another

I've written several articles to the NA Today magazine before this but this is the first time I will be doing so anonymously. I am doing so out of fear, which to me is a very sad reflection on our fellowship at present. It should be a safe place. I am afraid of being attacked and assaulted by the corrupt and violent minority that roams within our fellowship at present, as it has now for many years.

I was told years ago by an older member that these people, who I refuse to acknowledge as members of NA, would disappear, but they haven't. In fact, they have increased in number and their intimidation and corrupt behaviour has increased also.

The older member also told me I had no right to judge them and if I was pointing a finger at them, then there were three fingers pointing back at me. At the time, I took note of his words. Now I think he was talking nonsense. He was indulging in an irresponsible and excessive use of clichés. You can call it finger pointing if you like and stand by while people are hurt and intimidated. I think it's time we took a stand.

So to the bullies who roam amongst us, who practice the complete opposite of what the NA fellowship is all about and deal drugs rather than carry the simple message of recovery - get this - YOU ARE NOT INVISIBLE - we all know who you are. Stop giving our fellowship a black eye. You are under surveillance and as a result you have put us under surveillance also.

Is this how you express your gratitude to the fellowship that saved your life?

Is this your higher power's will for you?

And one more

I am writing in response to a letter by Mark P from the October issue about dealing drugs in recovery. Not just in recovery but apparently in the rooms. I haven't seen any of this first hand but I have heard it has been going on, especially in Sydney NA and that we have been getting a bad name from it. I even heard that an old time meeting that had been around forever got cancelled because of it.

I thought the idea of recovery was that we leave our old life behind. We get clean, get well and have a fresh opportunity to live life according to the steps. It is difficult to believe that honesty open mindedness and willingness, which apparently are indispensable in our spiritual program, are in abundance when there are open criminal activities going on in your life.

I am also wondering if criminality is a lack of faith that we won't be looked after properly if we follow the rules.

Anyway, I don't know. I just wanted to respond really and say that I am shocked and maybe even though I don't agree with Mark P's idea of confronting the individuals, I think what he wrote was very strong and we all needed to hear it. I also wanted to do my bit by saying what I thought.

Sally B

Regional Member Survey Preliminary Results for NA Today

Data entry for the 2006 Member Survey is now completed. A total of 760 responses were received. Some of the breakdowns are as follows. Further results will be following to the Areas and anything of particular interest will be posted in future editions of NA Today.

State	Responses	NA Groups in State	# Responses/Group
ACT	8	17	0.5
NSW	413	204	2.0
VIC	100	69	1.4
QLD	110	66	1.7
SA	51	19	2.7
WA	42	29	1.4
TAS	7	4	1.8
NT	0	3	0.0

Not Stated 28

Gender

Gender	Count	%	Average Age
Male	453	59.7	40
Female	397	40.3	36.9
Total	760	100	38.7

Age Distribution

Age	Count	%	Average Age Started Using
<20	5	0.6	13.6
20-29	141	18.6	13.5
30-39	267	35.1	13.8
40-49	222	29.2	13.7
50-59	106	13.9	14.8
60+	15	2.0	15.8
Not Stated	4	0.5	15.5
Total	760	100	13.9

The Drugs We Used/Preferred

Drug Group	% Used Regularly	% Drug of Choice
Alcohol	81.2	11.2
Cannabis	79.5	23.9
Methamphetamine	39.6	9.2
Cocaine	29.9	2.9
Party Drugs	35.5	1.4
Barbiturates	23.2	0.3
Tranquilizers	37.8	1.4
Hallucinogens	32.9	0.4
Inhalants	7.0	0.1
Opiates	58.7	38.3
Other Stimulants	50.3	7.2
Methadone	28.0	1.8
Other	1.8	0.0

'Drug of Choice' Distribution by Age

	<20	20-29	30-39	30-49	50-59	60+
Alcohol	22.2	7.1	9.4	14.9	11.3	20.0
Cannabis	22.2	24.8	25.5	25.7	17.9	6.7
Methamphetamine	11.1	17.0	13.5	3.2	1.9	0.0
Cocaine 0.0	2.1	4.1	2.7	0.9	6.7	0.0
Party Drugs	22.2	2.1	1.5	0.0	1.9	0.0
Barbiturates	0.0	0.0	0.0	0.0	0.9	6.7
Tranquilizers	0.0	1.4	1.1	0.5	2.8	13.2
Hallucinogens	0.0	0.0	0.4	0.5	0.9	0.0
Inhalants	0.0	0.7	0.0	0.0	0.0	0.0
Opiates	11.1	31.2	30.0	44.6	57.5	40.0
Other Stimulants	11.1	7.8	11.6	4.5	1.9	0.0
Methadone	0.0	0.7	2.2	2.3	1.9	0.0
Not Stated	0.0	5.0	0.7	1.4	0.0	6.7
Total	100	100	100	100	100	100

Health

	# People	% of Total (760)
Hep A or B	130	17.1
Hep C	314	41.3
HIV/AIDS	8	1.05
Have Sought Treatment	200	26.3
Currently taking medication*	252	33.2

* Includes all medications not just treatment for above conditions

The following tables exclude respondents who have indicated they are currently residents at rehabs. Rehab residents are generally very early in recovery and are restricted in the meetings they can attend and NA service they can perform therefore including them in the analysis of some items is not appropriate. The number of respondents who were not rehab residents was 646 (369 men and 277 women).

	Men	Women	Total
Sponsorship			
Have a sponsor	75.6%	79.4%	77.4%
Sponsor others	43.6%	43.3%	43.5%
Other Services			
Attend other 12 Step Groups	37.9%	37.2%	37.6%
Attend Common Needs meetings	33.1%	56.7%	43.2%
Other types of Addiction counselling	28.5%	39.6%	30.7%
Service Experience			
No Service	10.8%	9.7%	10.4%
Group Service	86.4%	87.4%	86.8%
Area Service	53.9%	57.7%	55.7%
Regional Service	18.2%	13.7%	16.3%
World Service	3.0%	1.8%	2.5%

Coffs Harbour Unity Day

Coffs Coast Area Narcotics Anonymous

invites you to

Come and join us for a day of fun and fellowship

- When:** Sunday, July 1st 2007, 9am-4pm
- Where:** Boambee Memorial Hall Pacific Hwy
(Just south of Coffs) Take Sawtell Road turnoff,
follow signs
- What:** Meetings, BBQ lunch (\$7 each), 'backyard footy
& cricket', music
- Meetings: 9:30am-11am and 1:30pm-3pm*
- Bring:** Musical instruments, kids, partners, and YOU!!

Contact:

6651 3646 (Chris)
6651 8185 (Alison)
0412 928 985 (Sinclair)



**Gold Coast
Area Convention
14, 15 & 16 September 2007
Greenmount Beach Resort**

WCNA-32 ★ SAN ANTONIO, TEXAS

our message

HOPE

our promise

FREEDOM

30 AUGUST-2 SEPTEMBER 2007

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www.na.org.au

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