



Narcotics Anonymous:

A Vital Community Resource



Historical Background

- Why “Narcotics” Anonymous? *Commonly used for illegal substances in 1953*
- NA is not a drug specific program – *for anyone with substance abuse problems*
- Adapted from AA in USA in 1953; *in Australia in 1976*
- Explosive growth following publication of book *Narcotics Anonymous* in 1983

What is NA?

A vital community resource and adjunct to treatment



- Cooperating with professionals - complementary to in-patient and out-patient treatment - NA meetings in-house or community-based
- Free, accessible after-care support network - therapeutic value of one person with substance abuse problems helping another
- Process for change through the Twelve Steps



**The NA Meeting –
Primary vehicle for delivering the
“NA message of recovery”**

*NA meetings provide an environment where
people can help one another stop using drugs
and learn to live drug free*

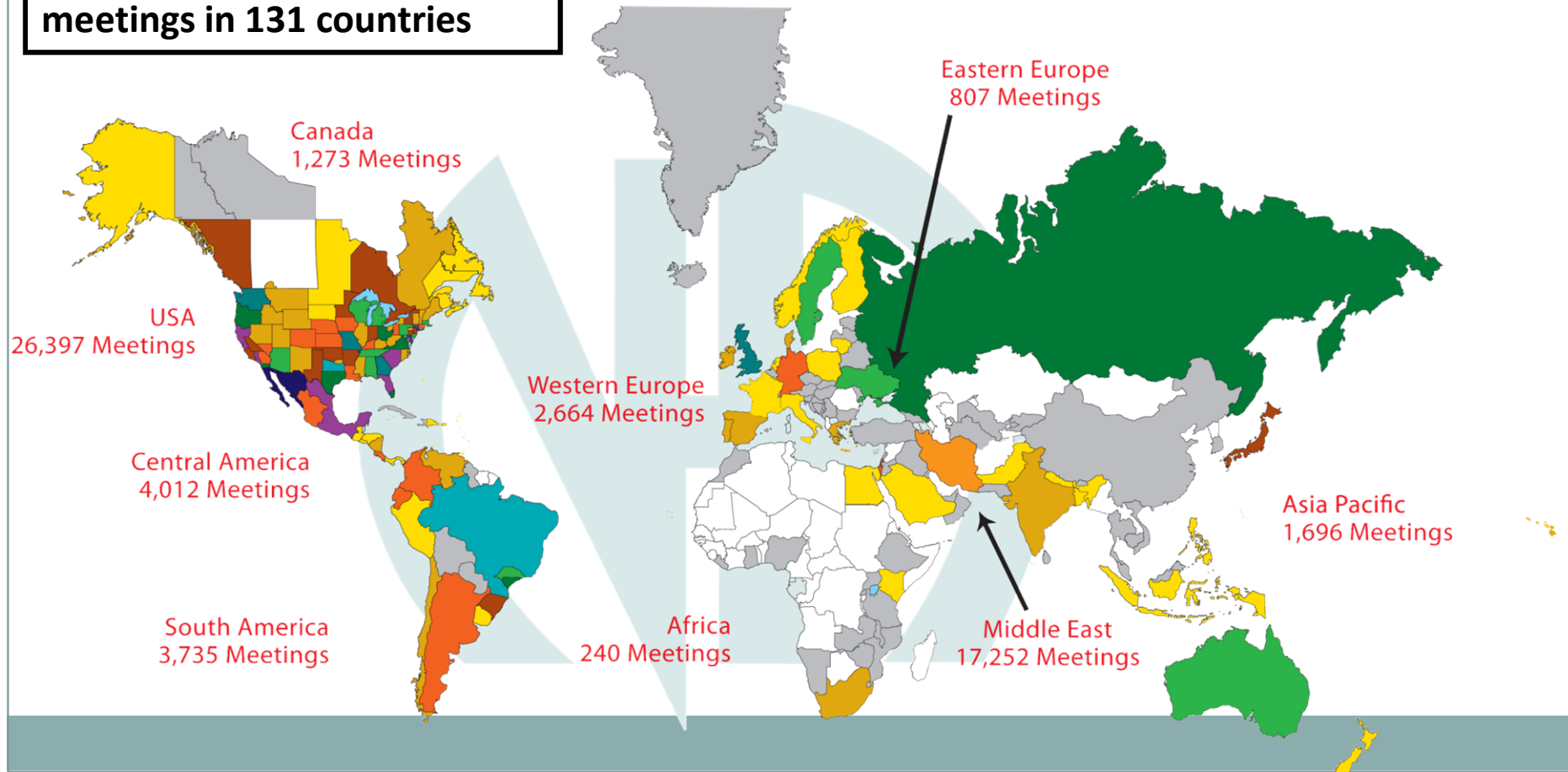
Regions Around the World

Over 58,076 Weekly Meetings Worldwide

(MAY 2010)



As of June 2010, over 58,000 meetings in 131 countries



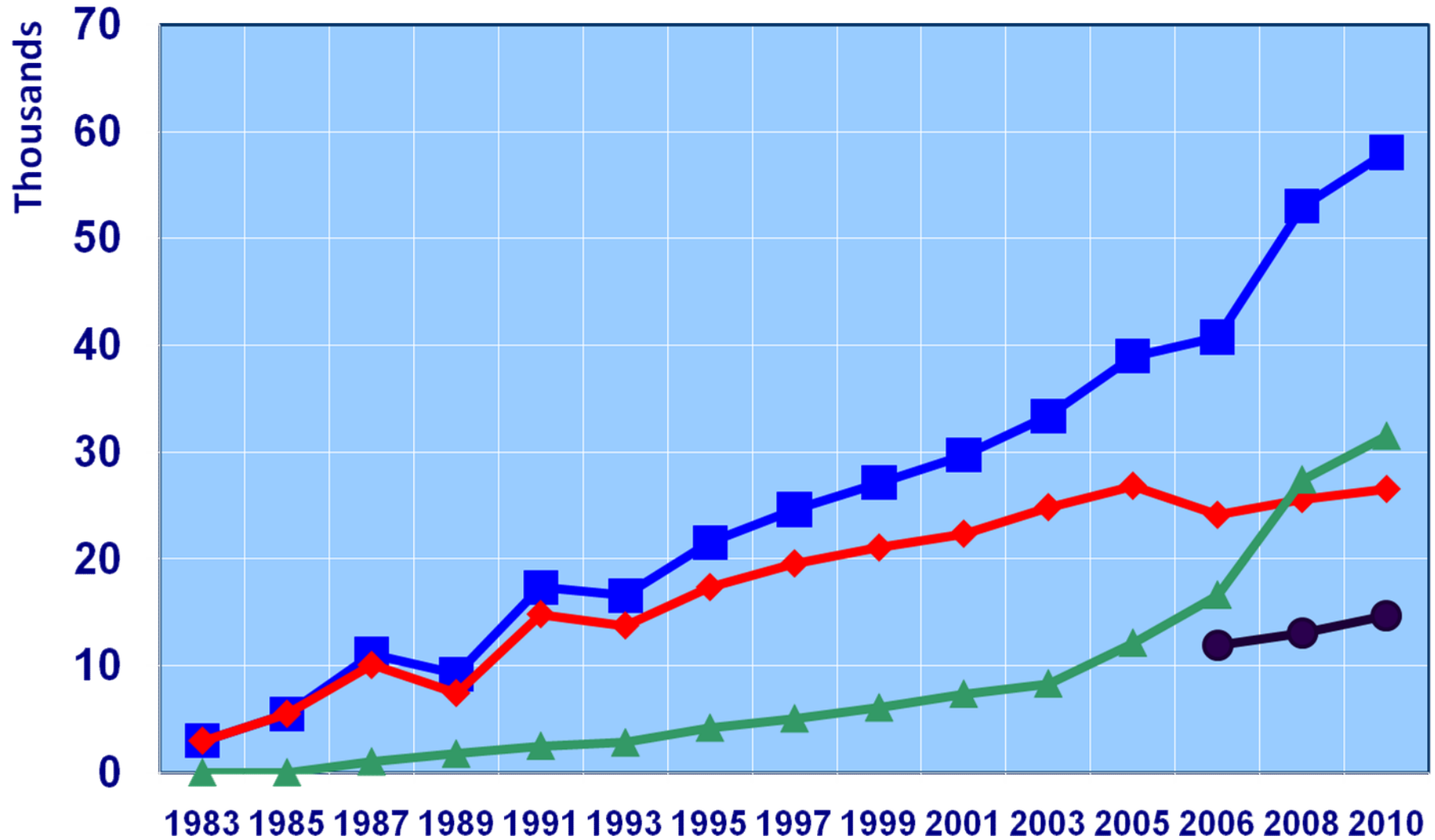
Recovery Literature

www.na.org

A faint, light-colored outline of a world map is visible in the background of the table, showing the continents and major landmasses.

Afrikaans	Afrikaans	Italiano	Italian
Anglicized	English (UK)	Íslenska	Icelandic
عربي	Arabic	日本語	Japanese
বাংলা	Bengali	Latvieta	Latvian
Bahasa Melayu	Bahasa Melayu	Lietuviskai	Lithuanian
Brasileiro	Brazilian	Magyar	Hungarian
Български	Bulgarian	Maltese	Malti
Dansk	Danish	Manipuri	Manipuri
Deutsch	German	Nederlands	Dutch
English	English (USA)	नेपाली	Nepali
Español	Spanish	Norsk	Norwegian
فارسی	Farsi	Polski	Polish
Filipino	Filipino	Português	Portuguese
Français	French	Русский	Russian
Ελληνικά	Greek	Sloveneina	Slovak
עברית	Hebrew	Slovenscina	Slovene
हिन्दी	Hindi	Suomalainen	Finnish
Hrvatski	Croatian	Svenska	Swedish
Bahasa Indonesian	Indonesian	ภาษาไทย	Thai
		Türkçe	Turkish

Dynamic NA meeting growth



■ Global ◆ USA ▲ Non-USA ● No Iran or US

NA Membership Survey Results, 2012/2013



AUSTRALIAN REGIONAL PUBLIC RELATIONS
SUB COMMITTEE

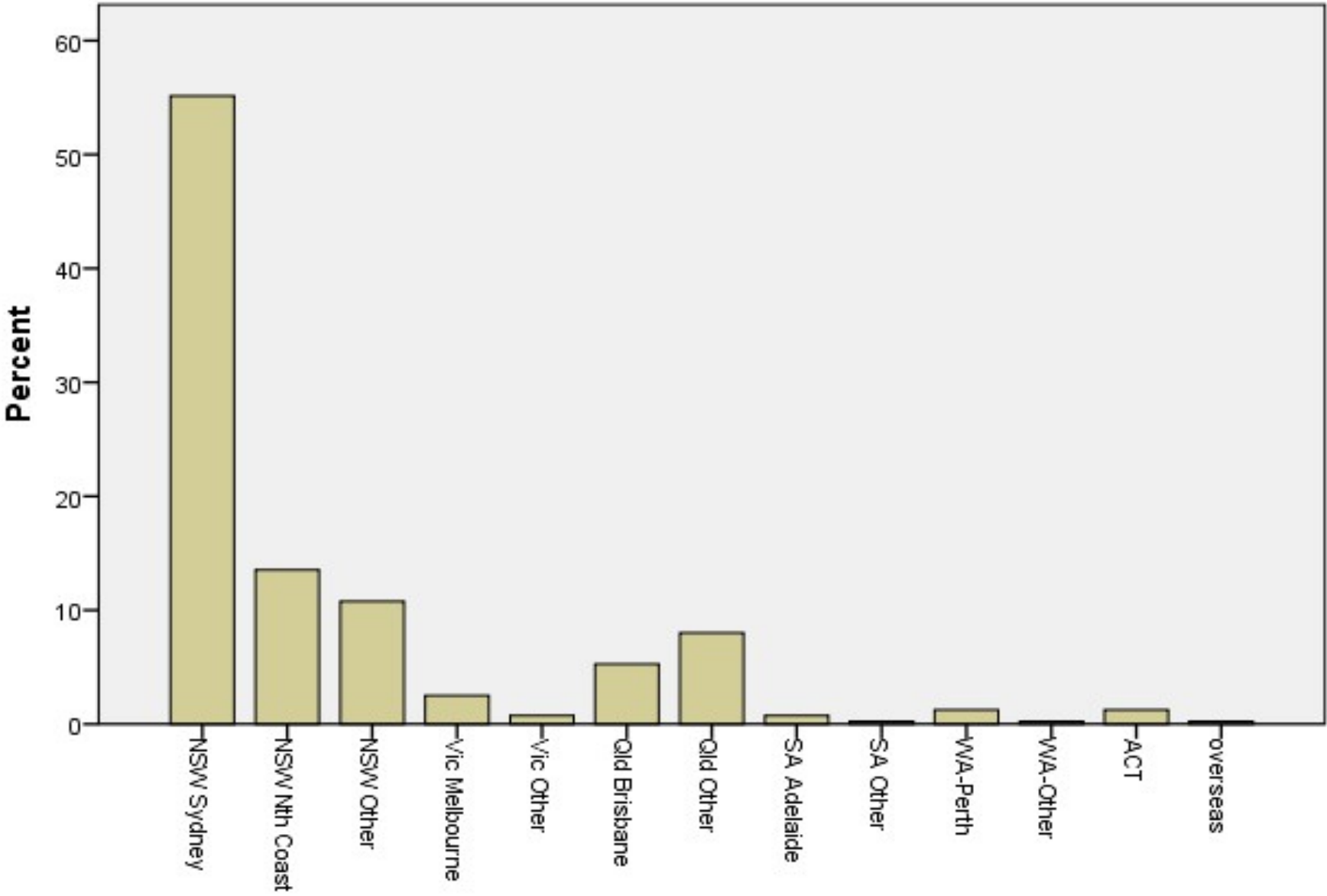
Survey Respondents Australia Wide: 600

member profile of survey respondents



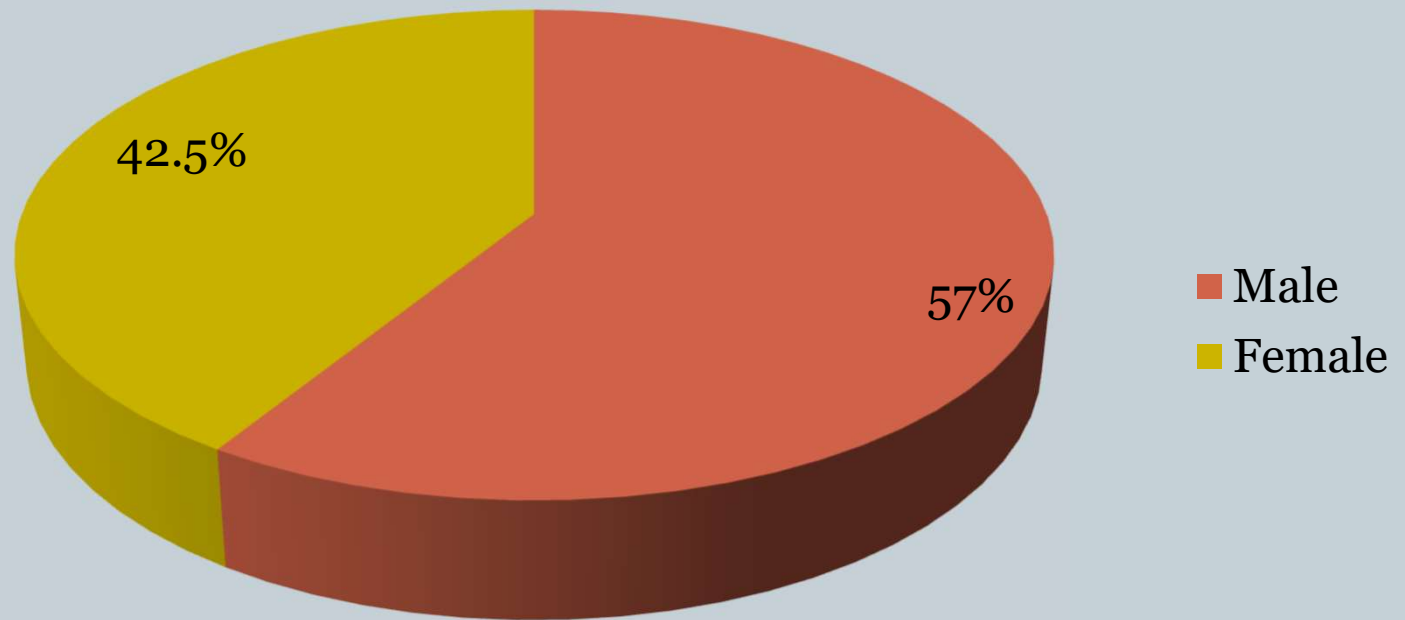
**ETHNICITY, AGE, GENDER, RESIDENCE,
EDUCATION, EMPLOYMENT**

What is suburb or area of residence

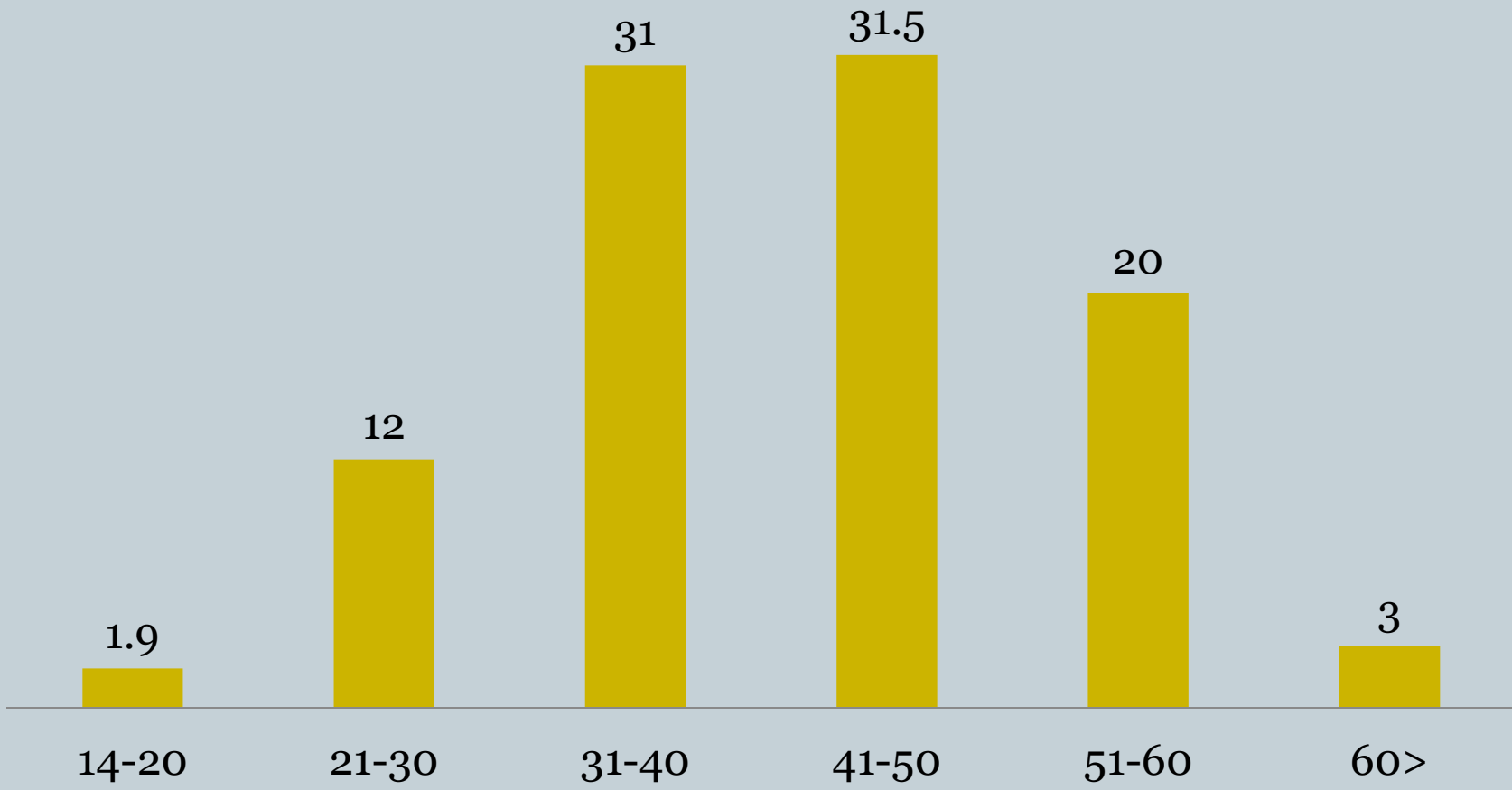


What is suburb or area of residence

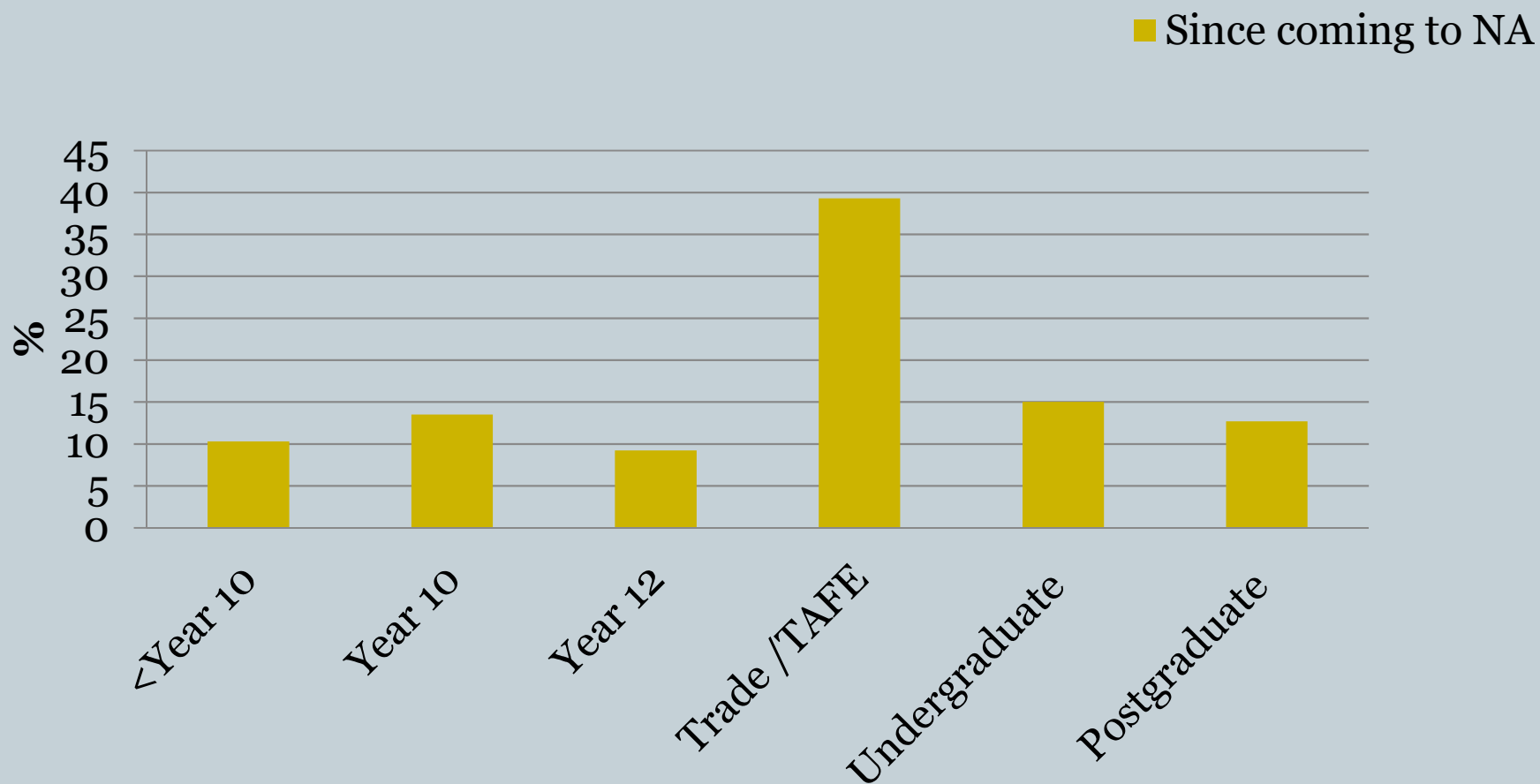
Gender (%)



Age Group (%)



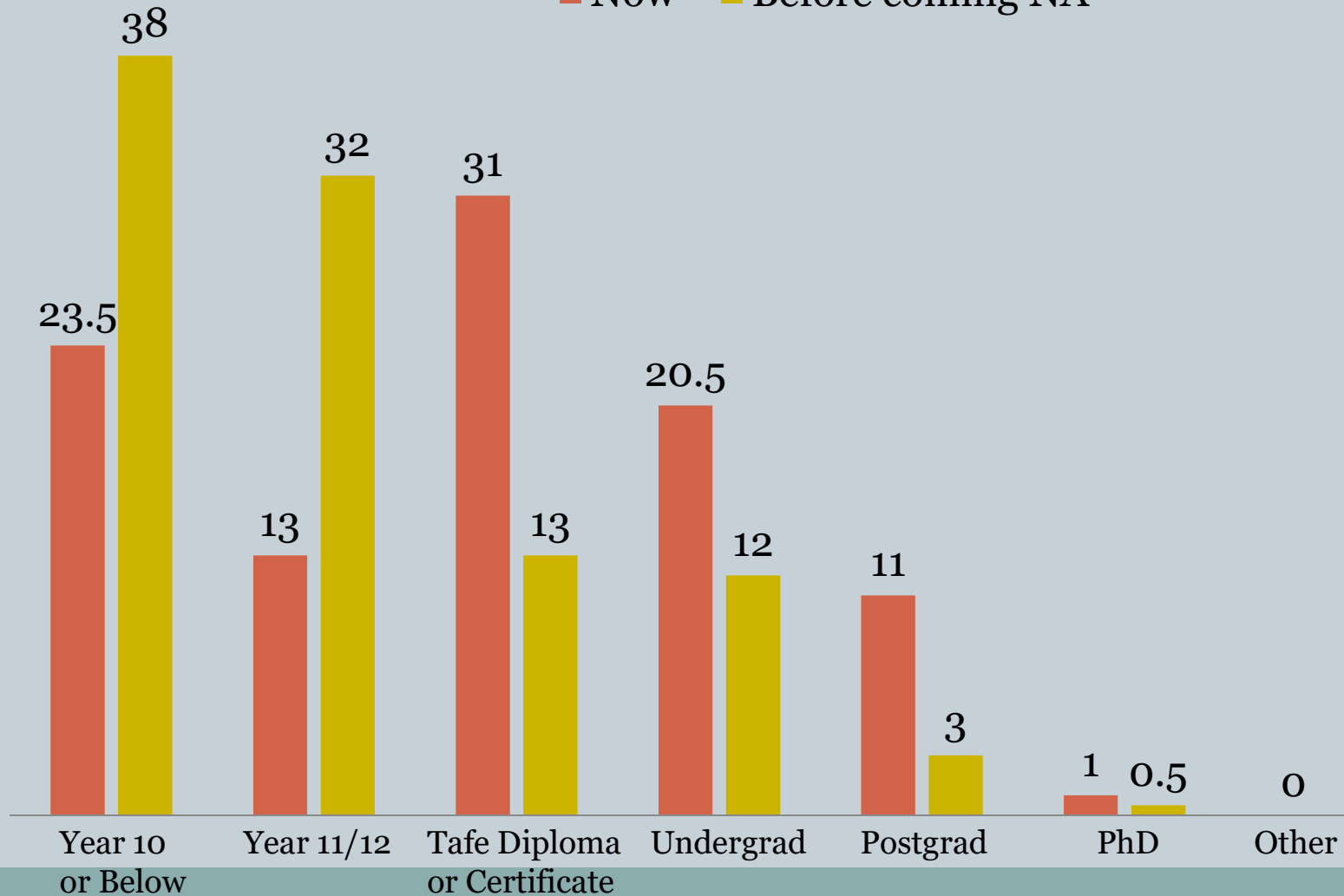
Level of Education 2010: Comparison of education level before and since attending NA (%)



Level of Education 2013: Comparison of education level before and since attending NA (%)

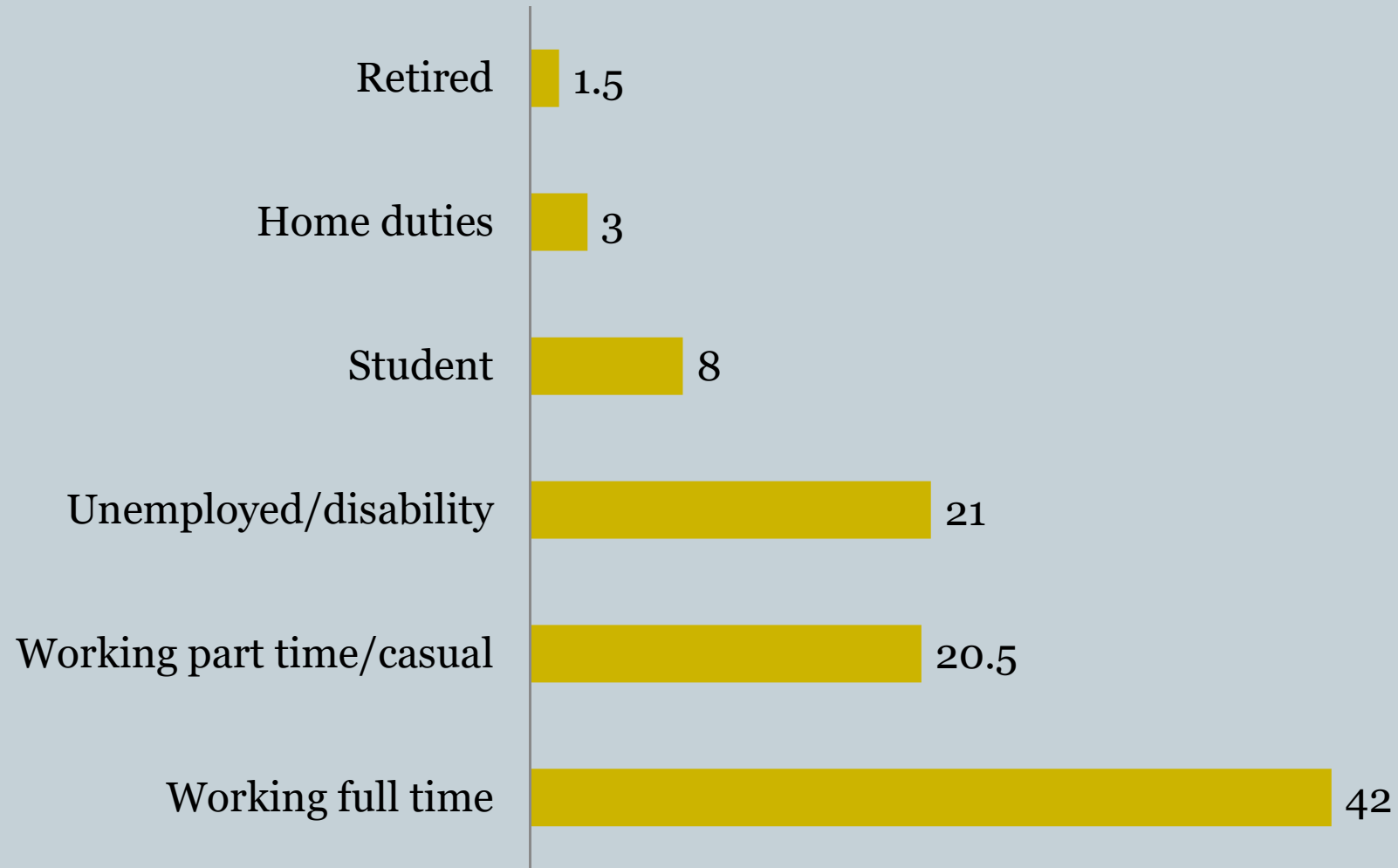


■ Now ■ Before coming NA



Employment Status (%)

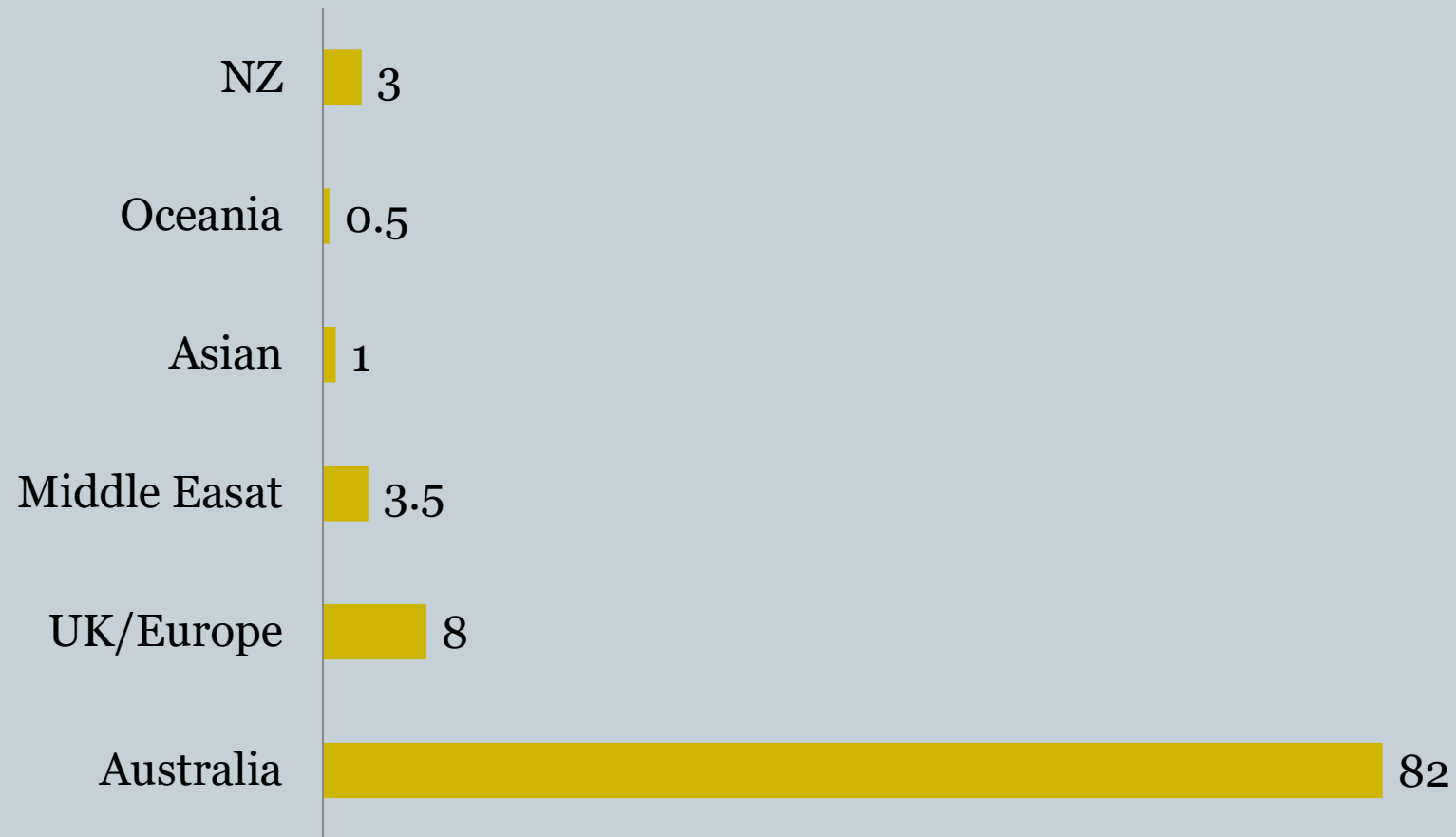
2013



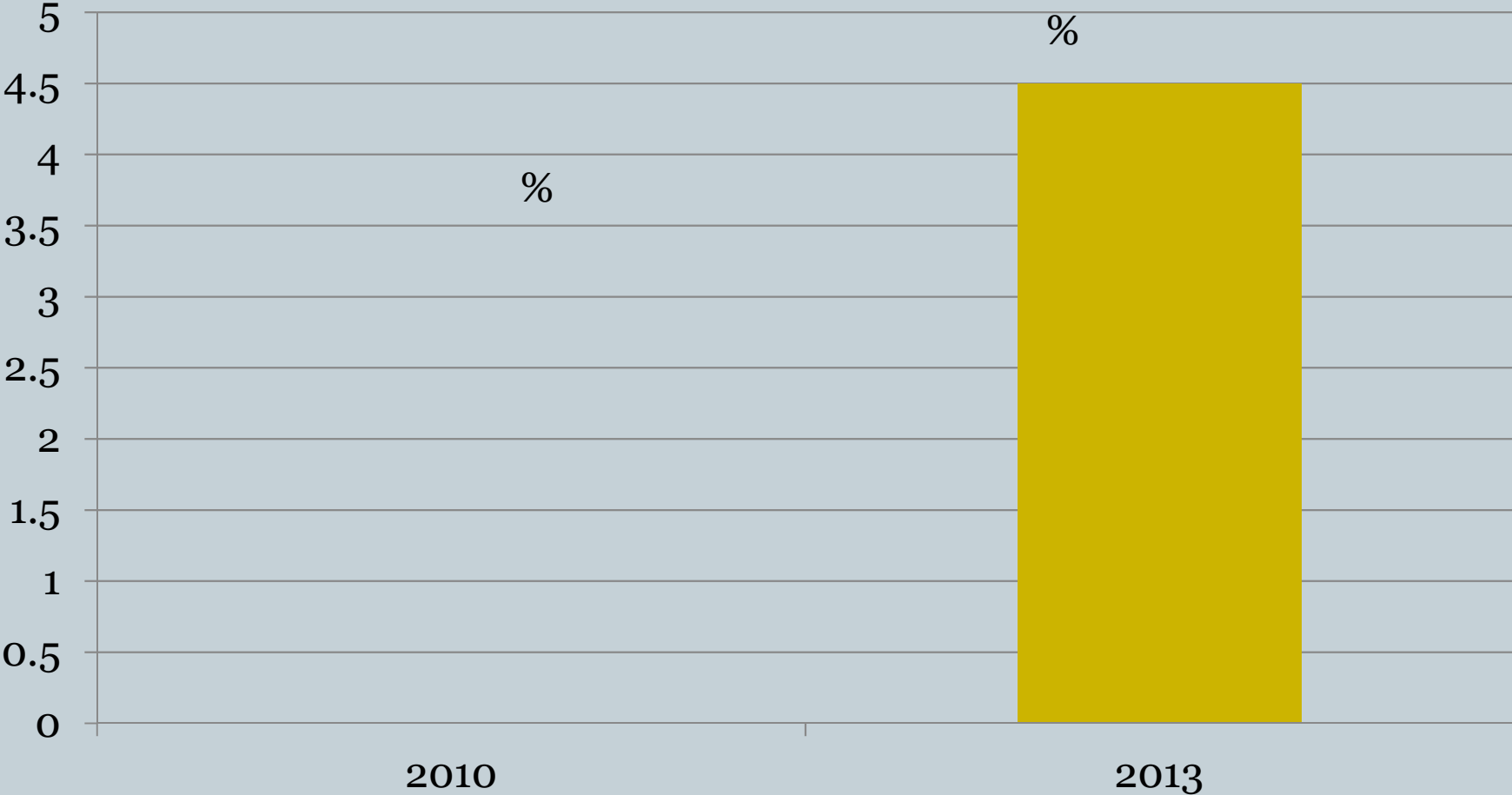
Country of birth(%)



■ 2013



Identify as Aboriginal or Torres Strait Islander?

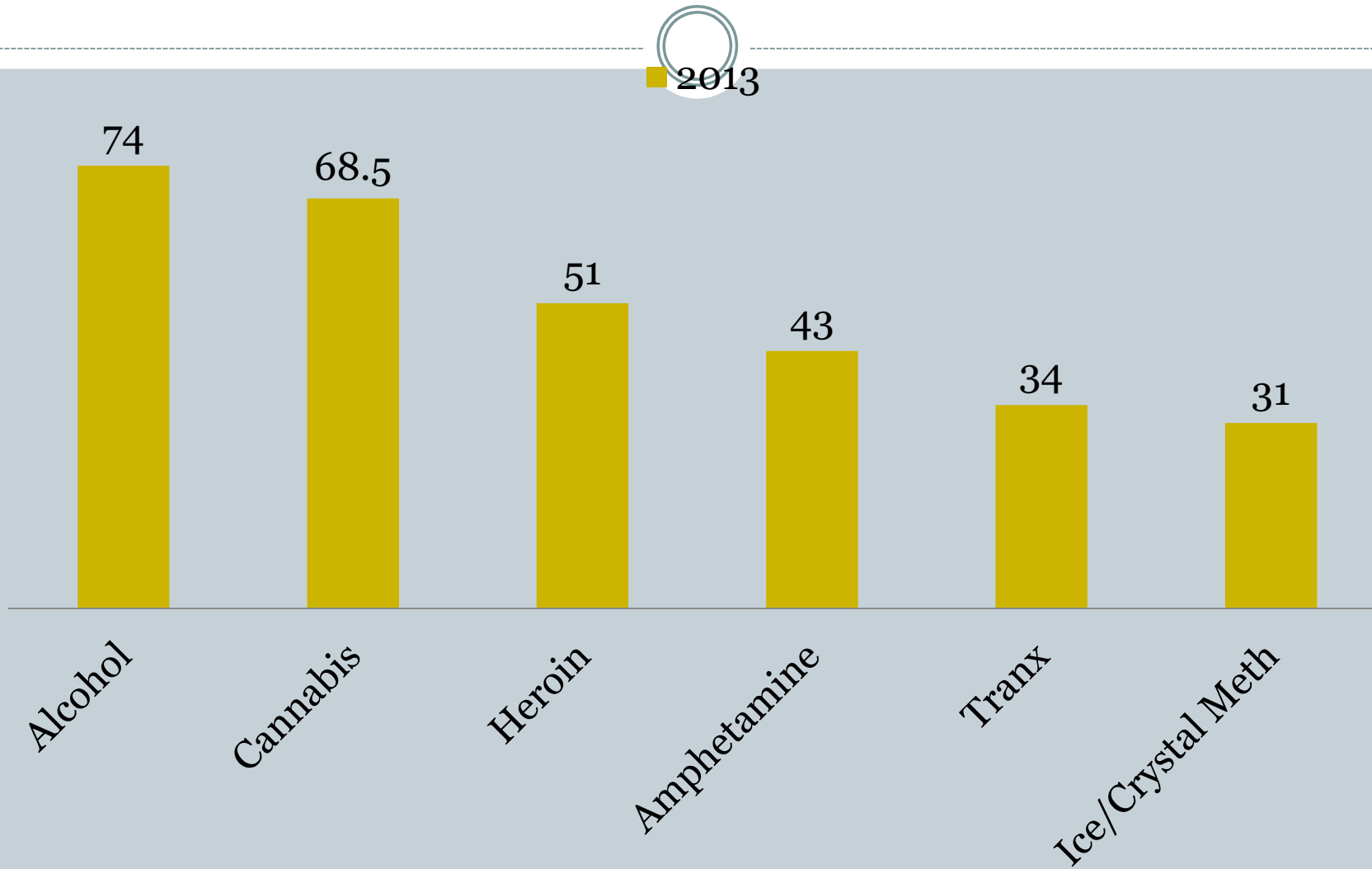


DRUG USE history



**INTRODUCTION TO NA.
THESE RESPONSES RELATE TO INITIAL DRUG
USE AND EXPOSURE TO NA**

Drugs used on a regular basis (%)- Top responses

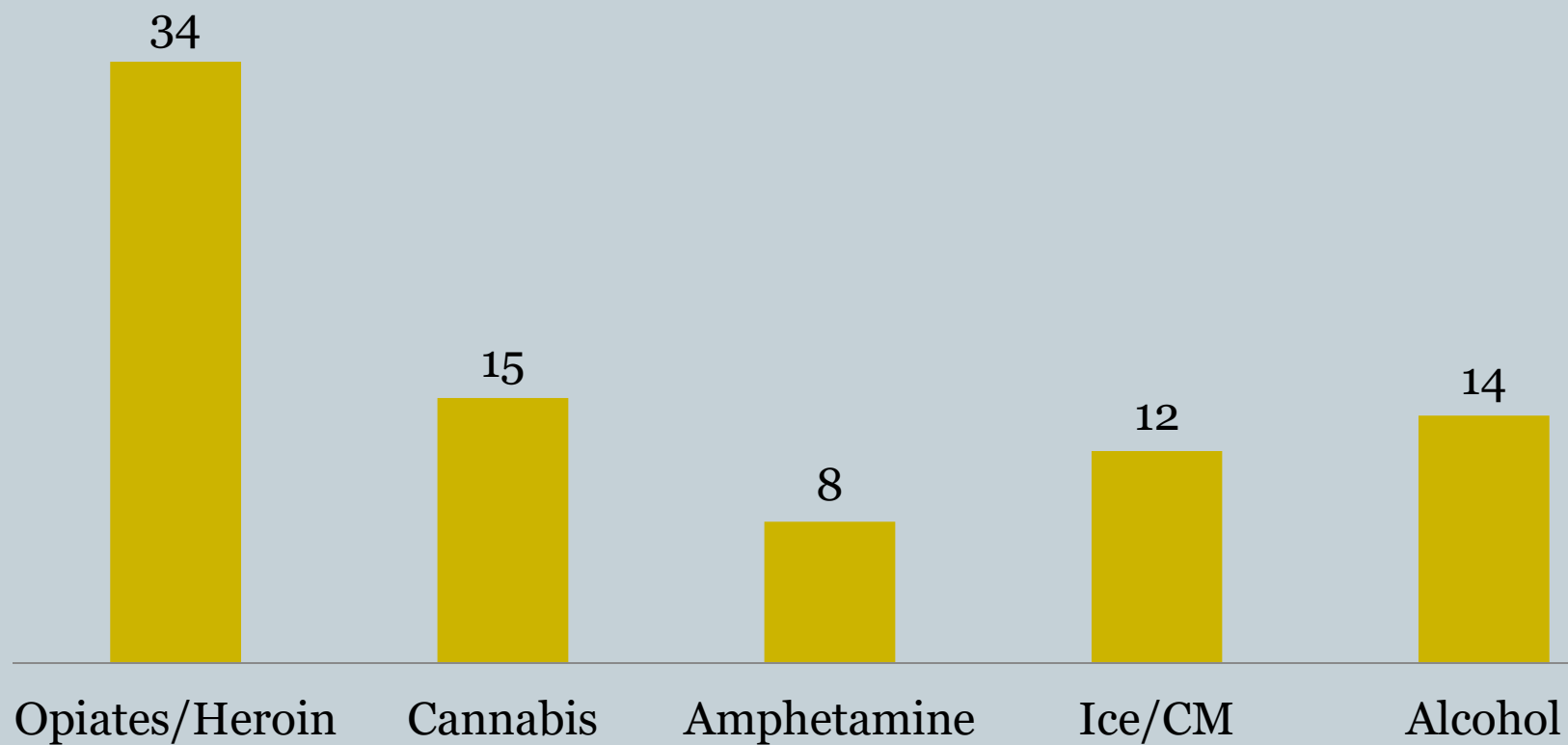


Note: multiple response question

Main Drug of Choice (%)

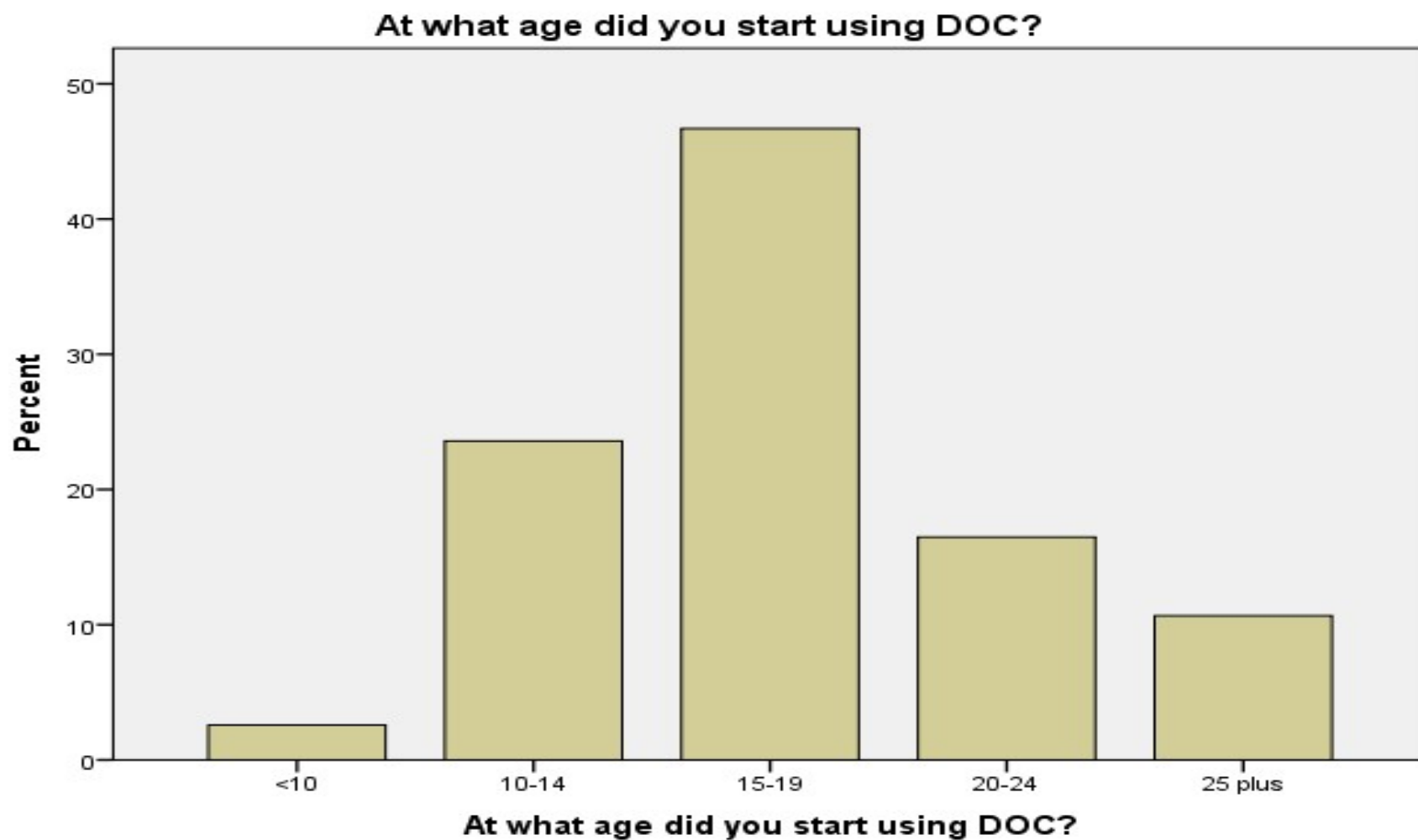


■ 2013



Note: single response question

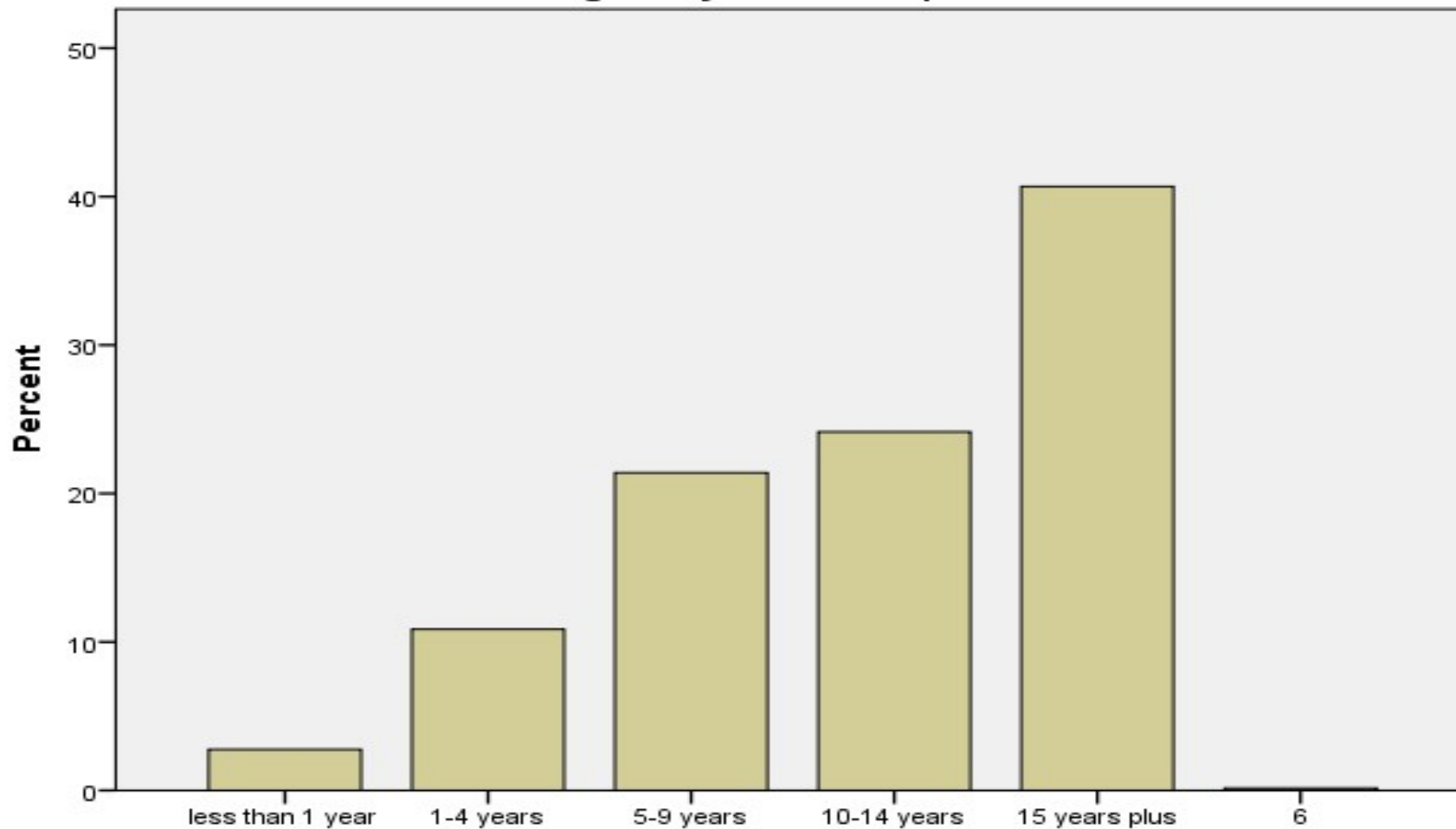
Age started using drug/s of choice



For how long was AOD use a problem?



For how long was your DOC a problem?

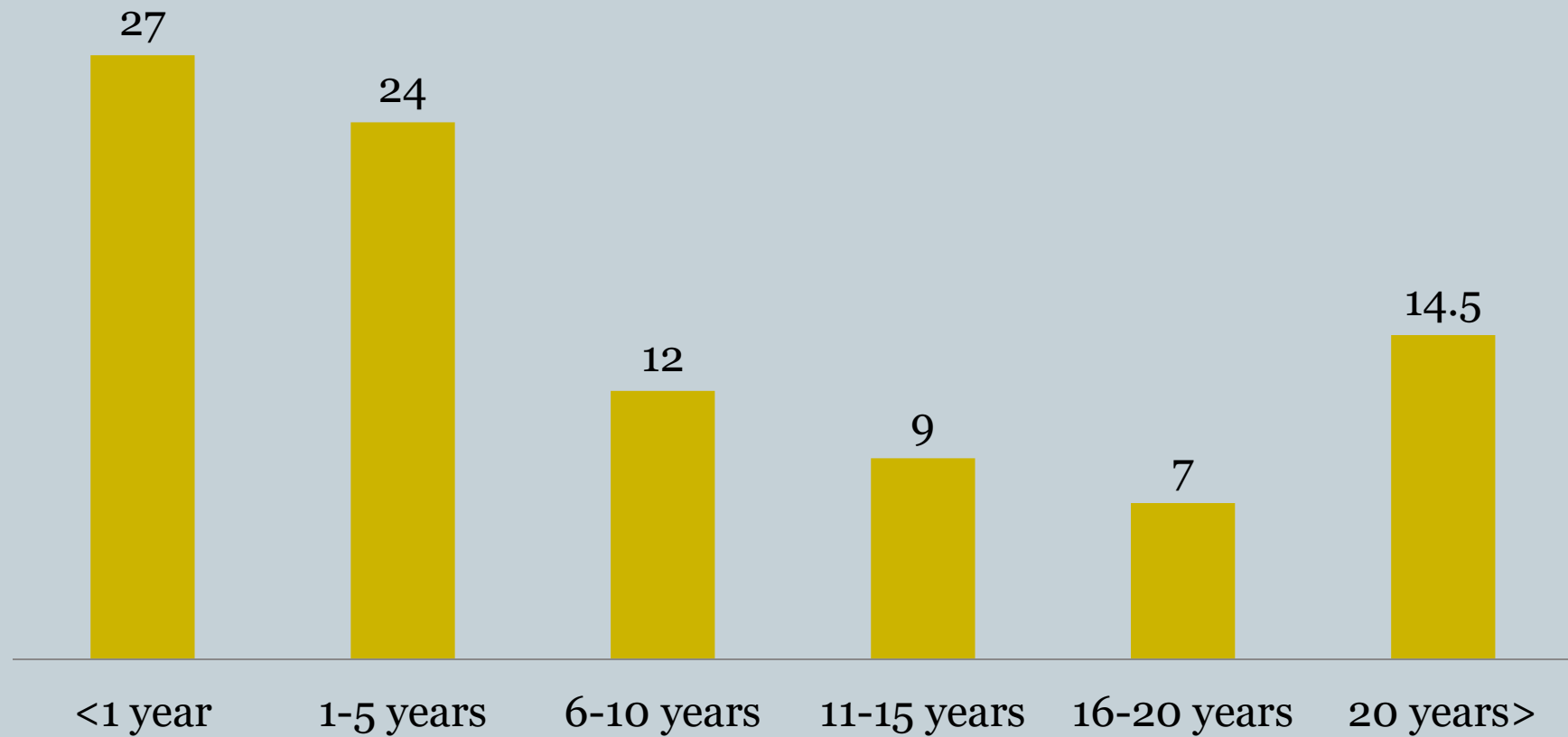


For how long was your DOC a problem?

Number of years clean (%)



■ 2013



Respondents abstinent from all drugs or on maintenance reduction program



- Yes - 96%
- [If not clean] On methadone/buprenorphine? 3% total sample

Drug treatment experiences

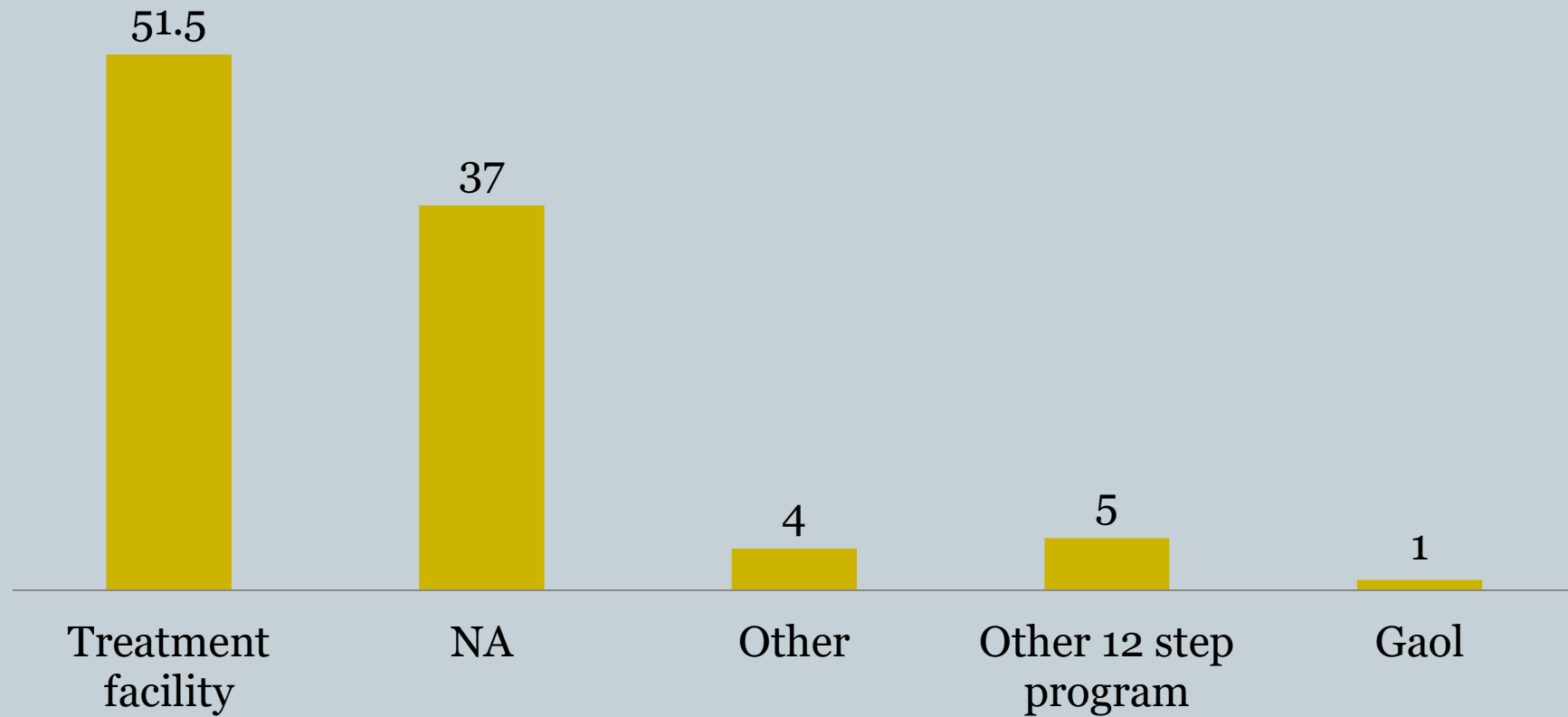


**TREATMENT OR PROGRAM EVER TRIED TO
ATTAIN ABSTINENCE
(INCLUDING INTRODUCTION TO NA)**

Where respondent first got 'clean' (%)



■ 2013

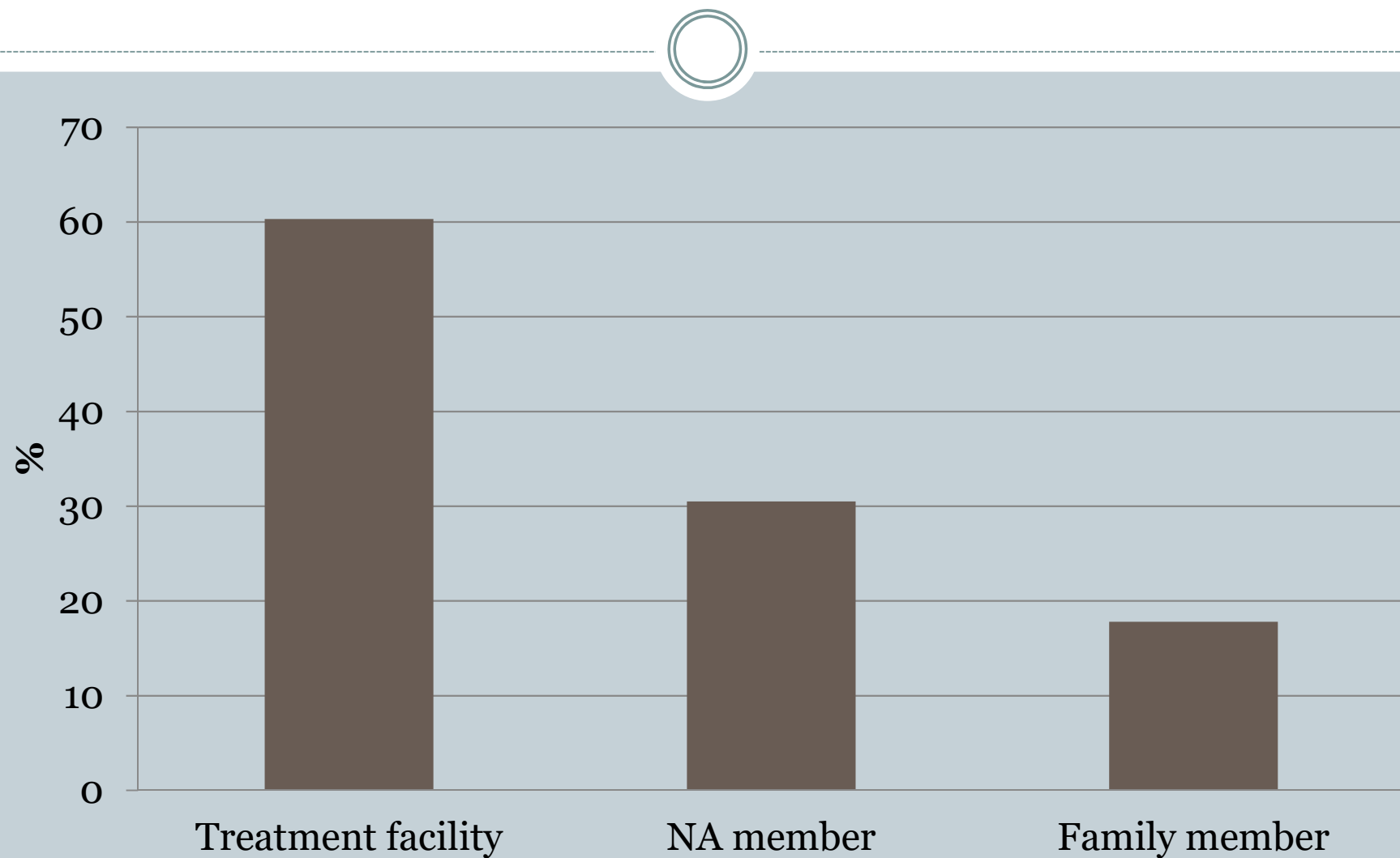


Treatment ever tried/ those that alleviated compulsion to use (2013)



	Treatment / Therapy apart from NA EVER tried	Which Treatment alleviated compulsion to use
Buprenorphine	8	5
Meditation	8.5	6
Methadone	16	9
Natural medicines/complementary therapies	7	2
Naltrexone	0.5	-
Religion	7.5	3
Rapid detox	7.5	3
Treatment facility (NA 'based')	20	37
Treatment facility (non-NA 'based')	12	9
Counselling/therapy	2	1

Influence to first attend NA (%)



Note: multiple response question

Identify as an addict?

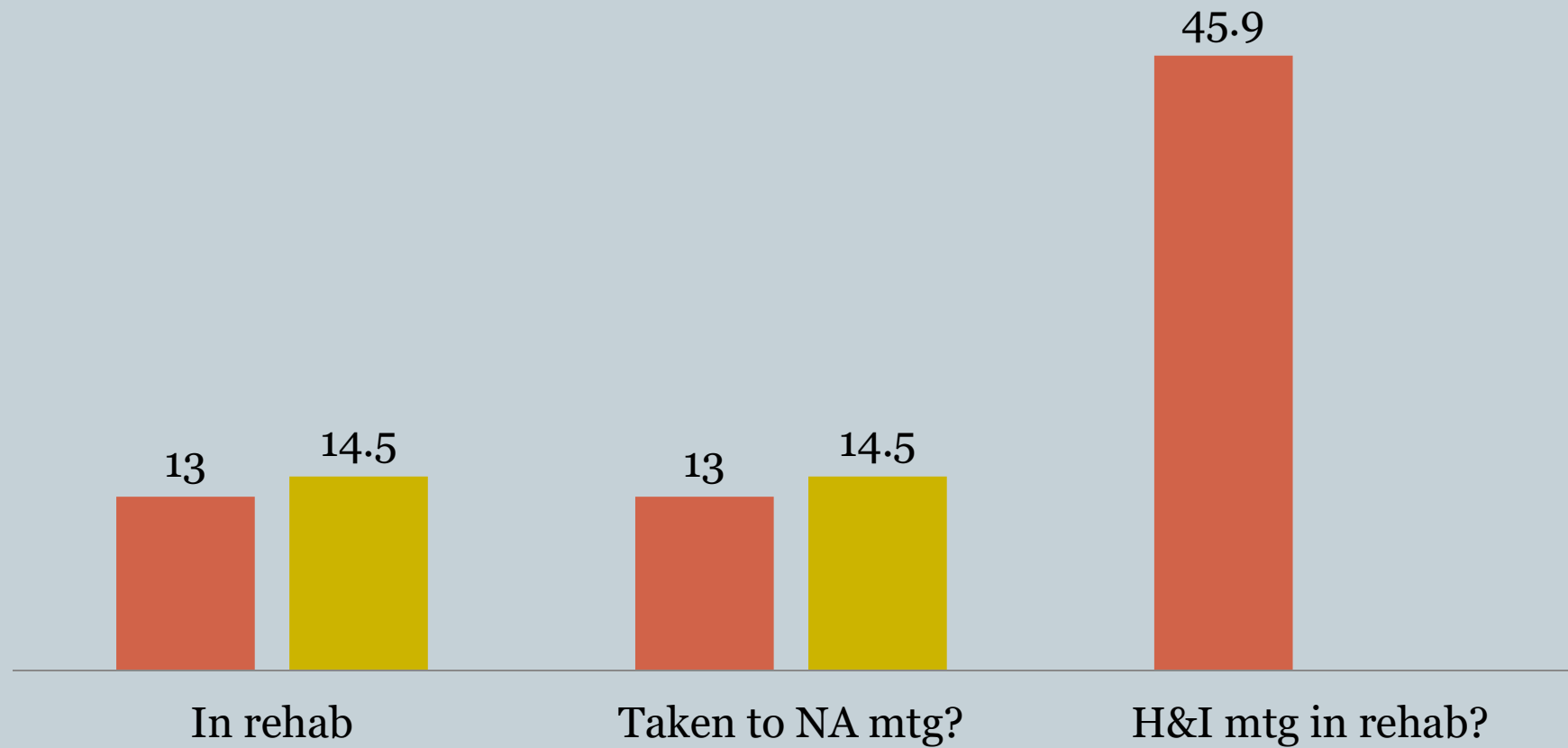


- Yes: 97%
- No: 2%
- Not sure: 1%

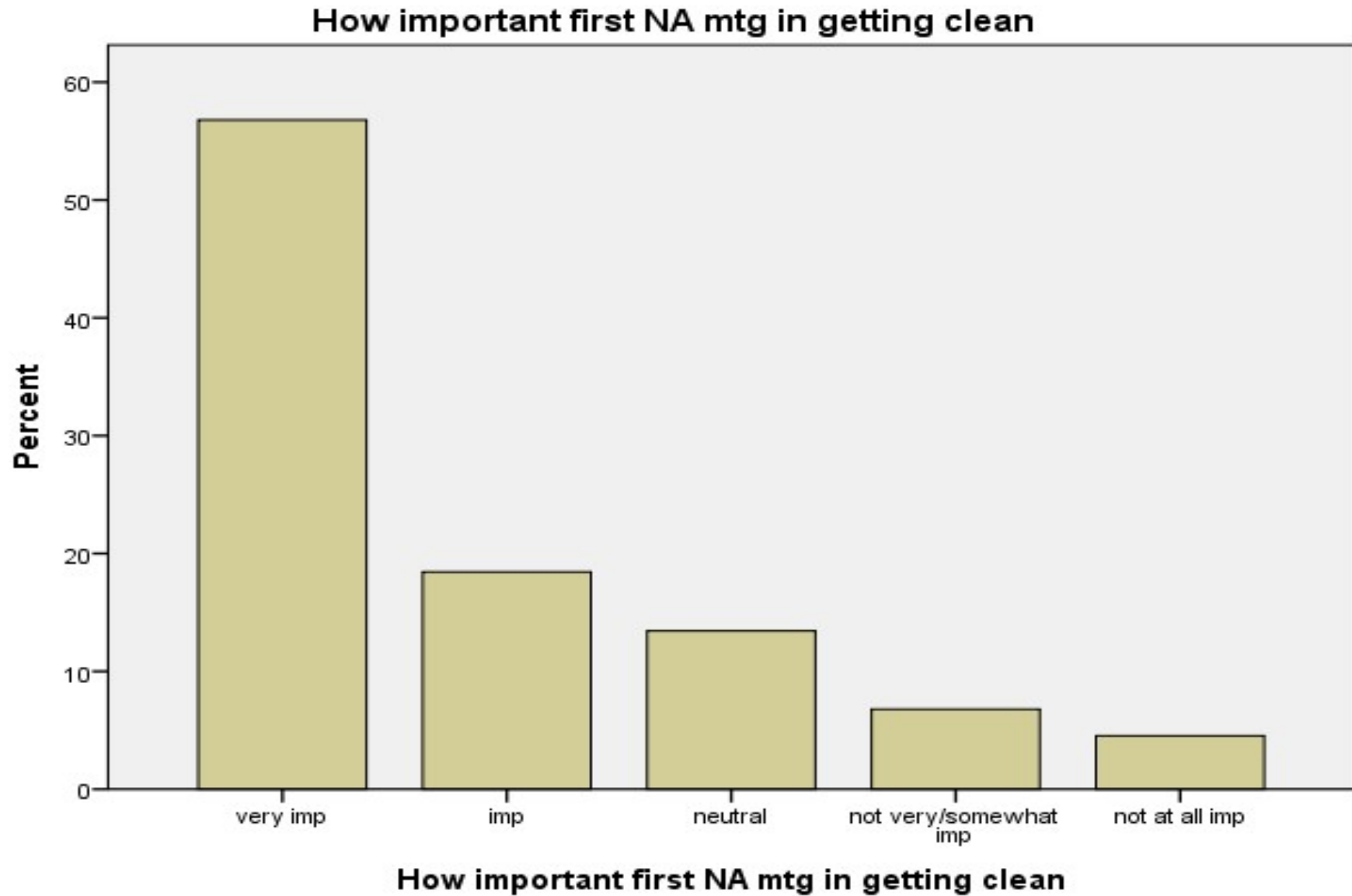
Respondents currently in Rehab



2010 2013



Importance of first NA meeting in being clean



NA involvement

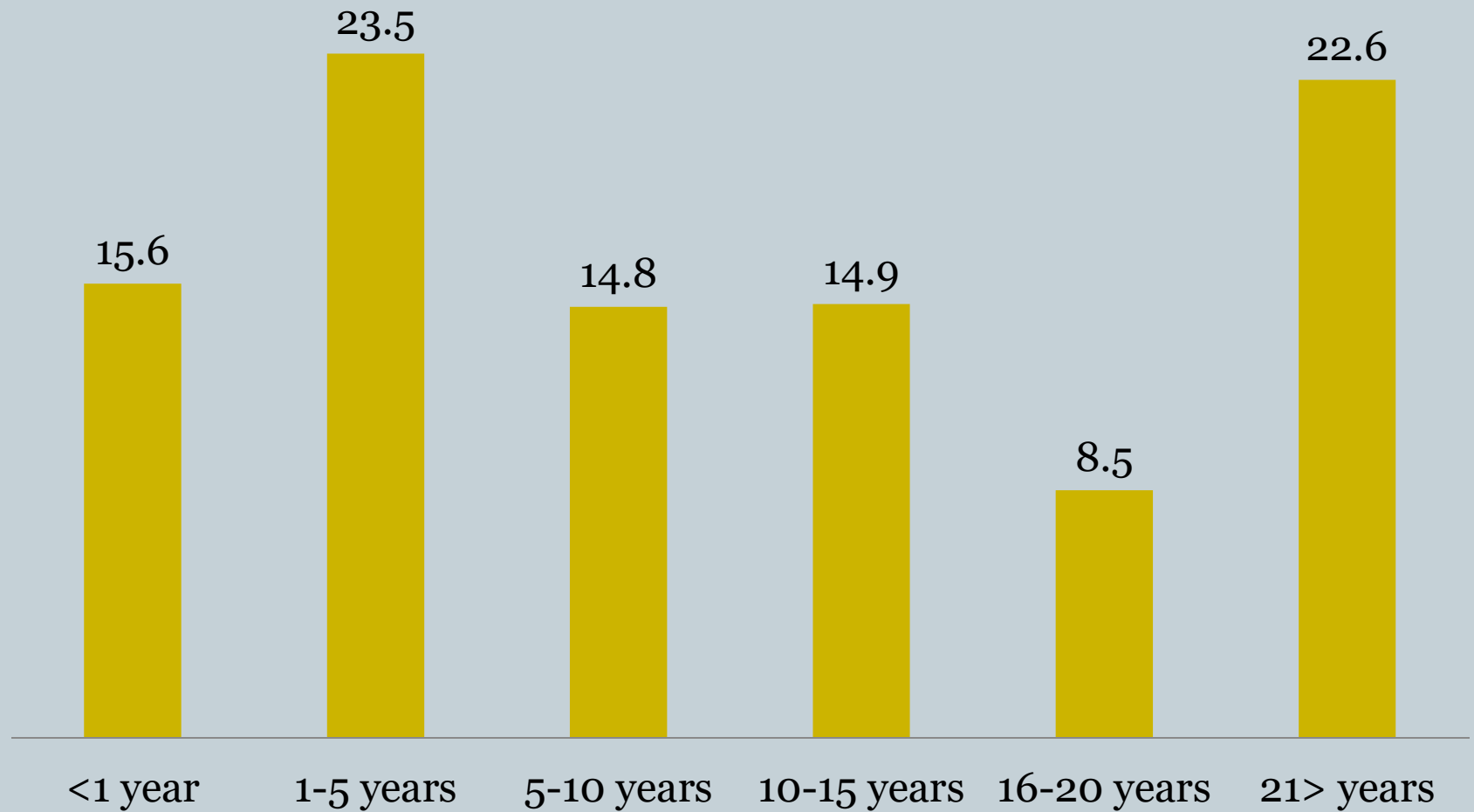


**MEETING ATTENDANCE, SPONSORSHIP,
SERVICE**

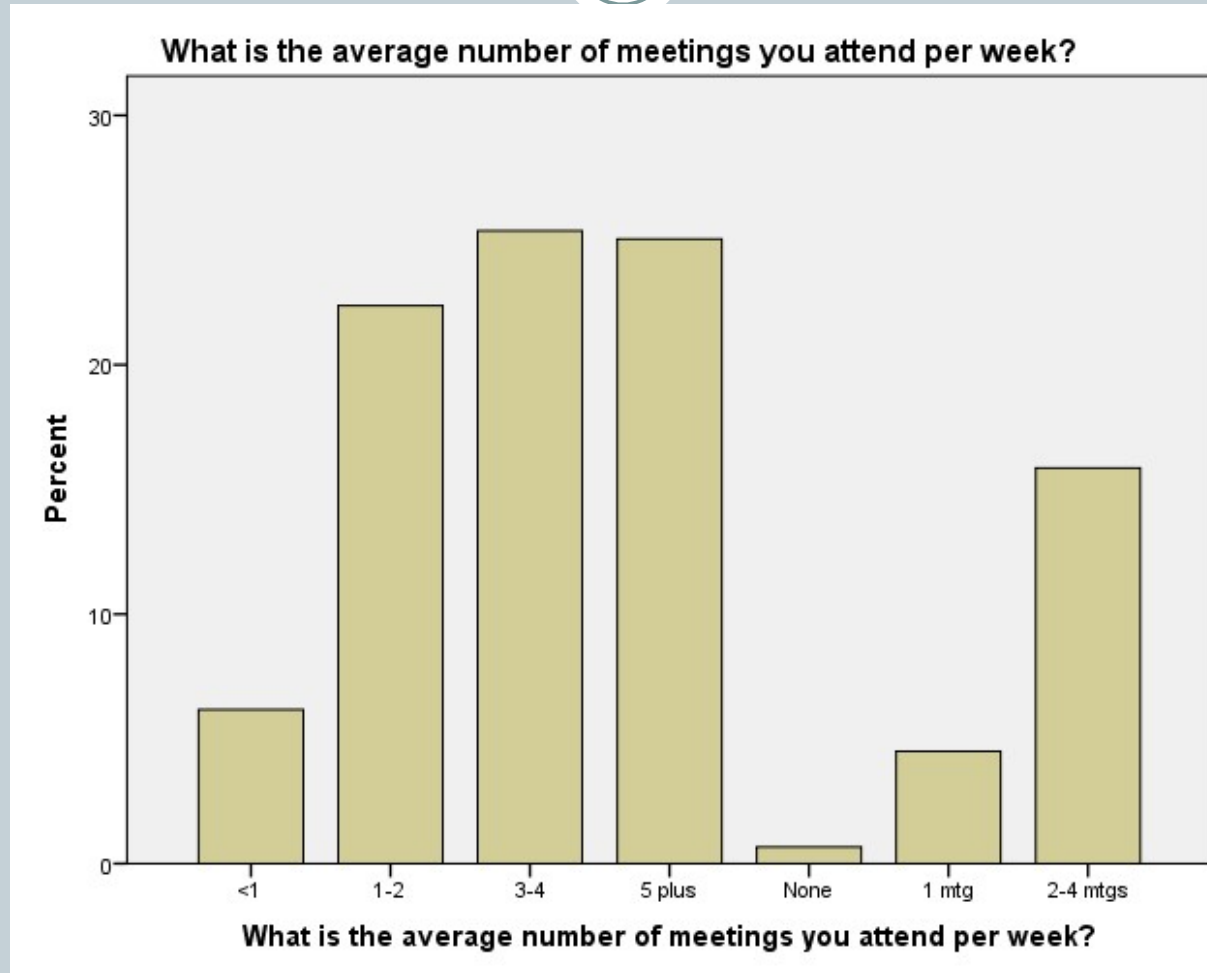
Number of years attending NA (%)



■ 2013



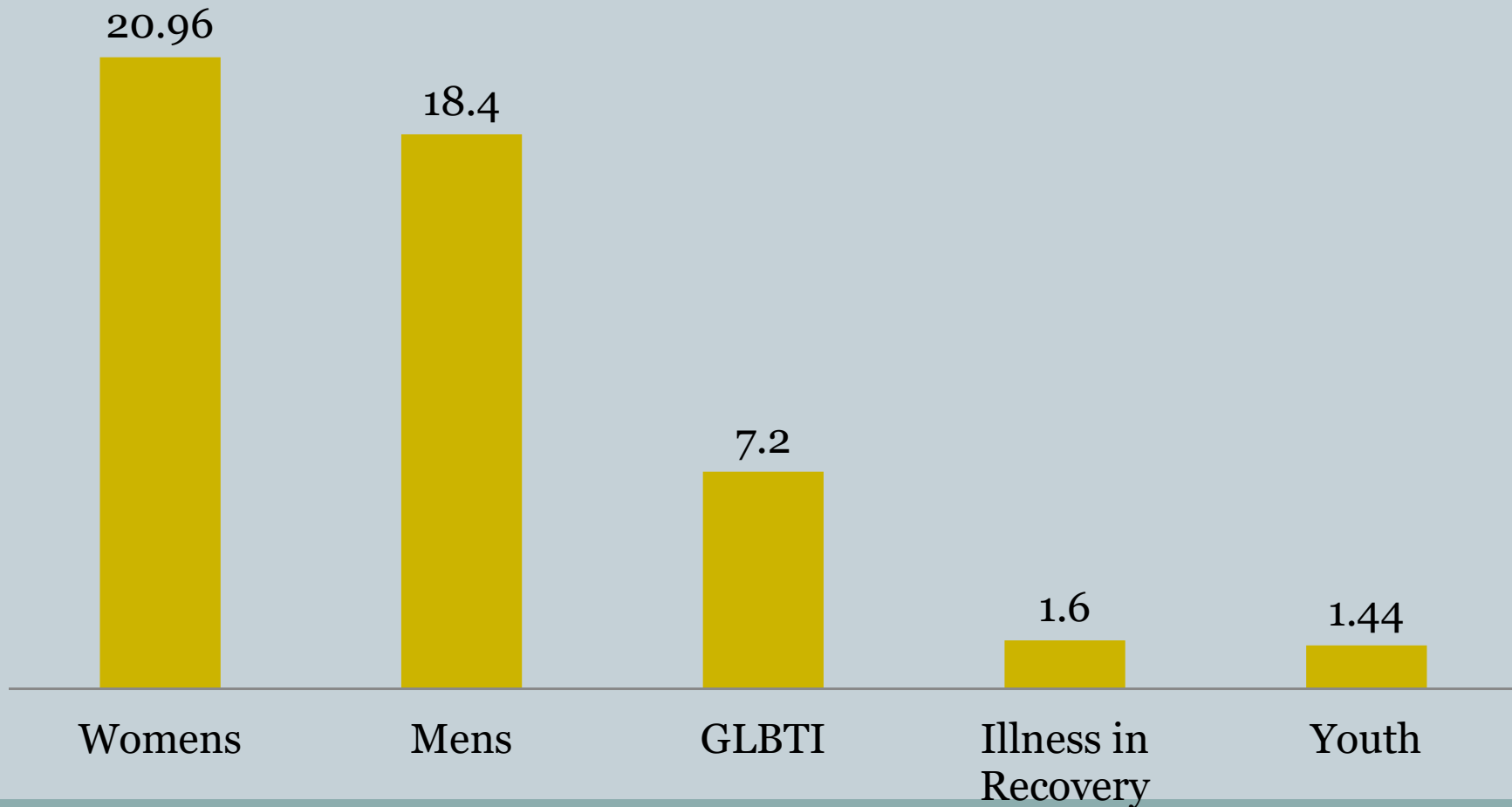
Average number of meetings per week



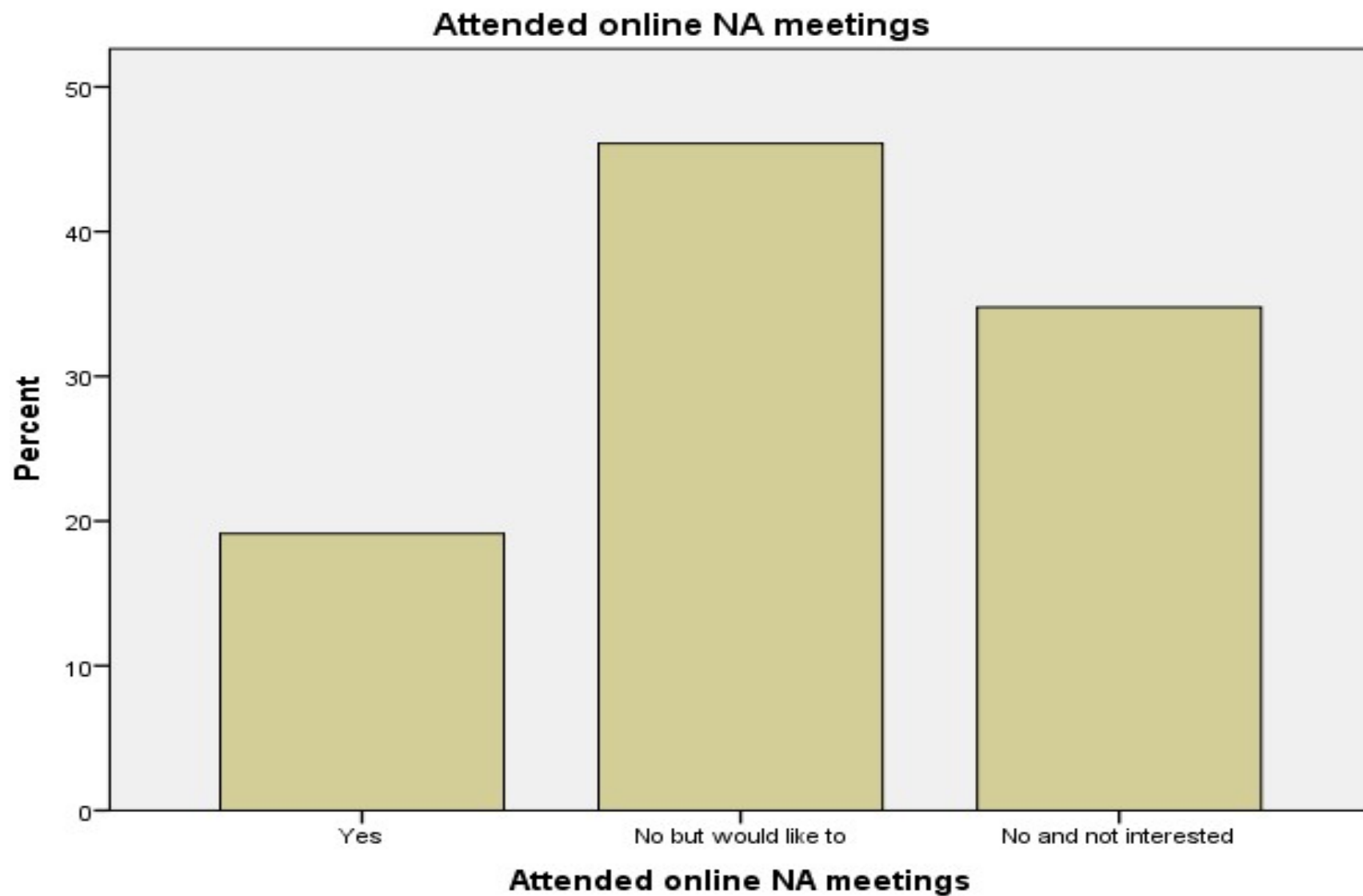
Common needs meetings attend regularly



■ 2013



Attend online meetings



Currently have a sponsor



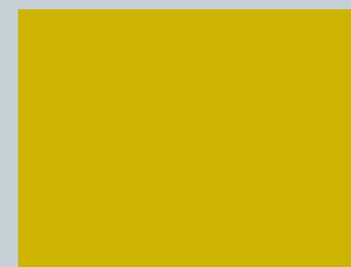
■ 2013

72



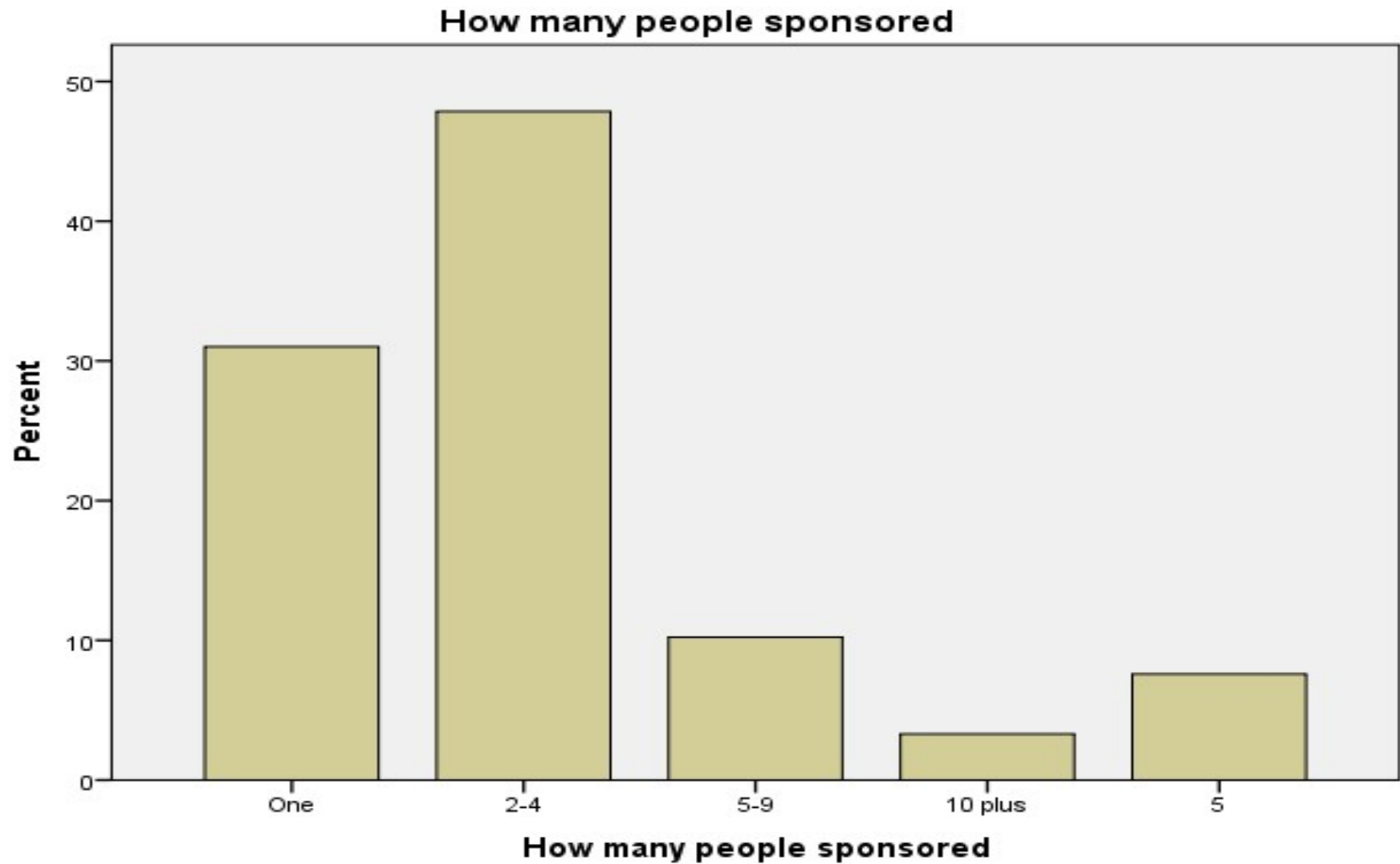
Yes

28



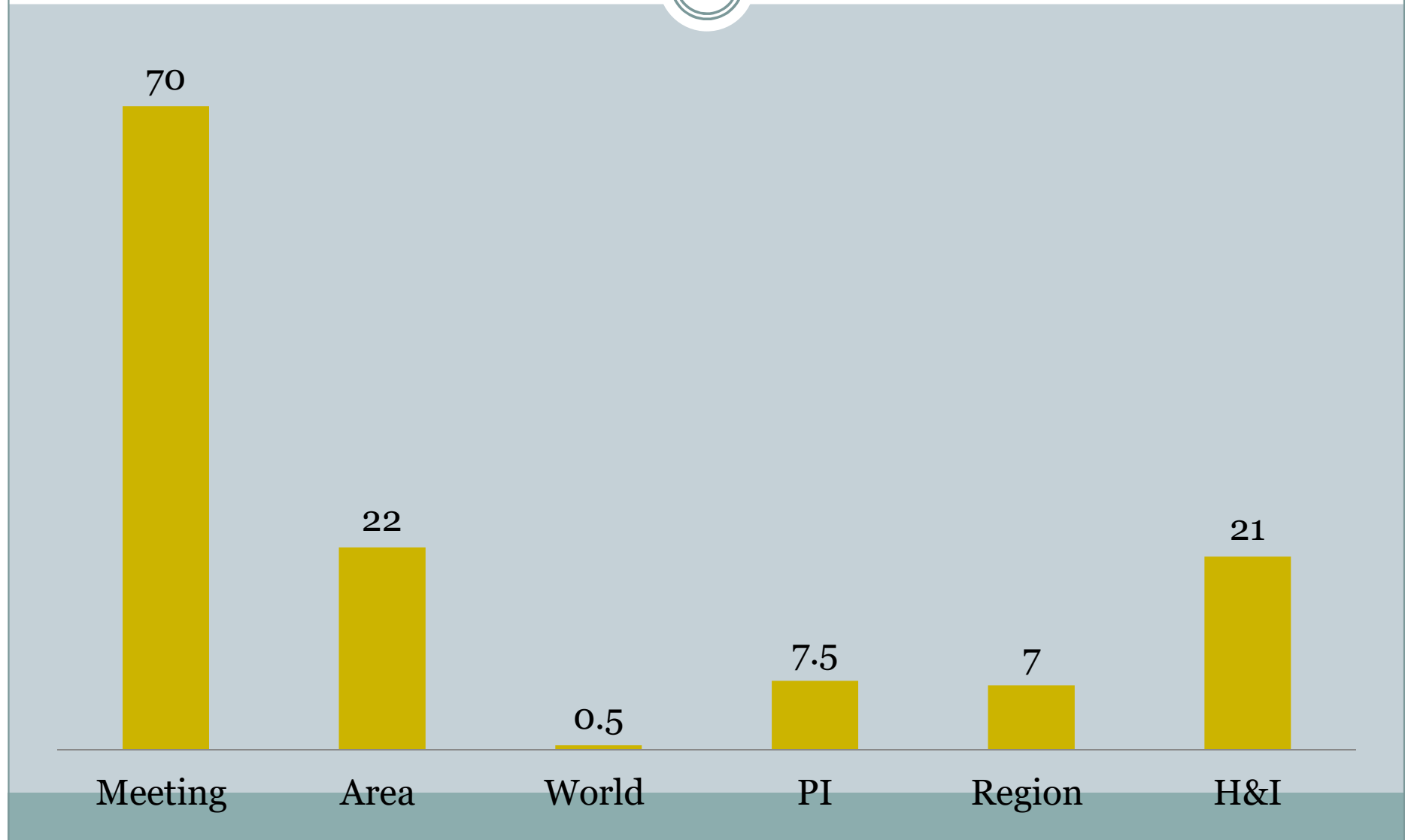
No

Do you sponsor others? If so, how many people do you sponsor

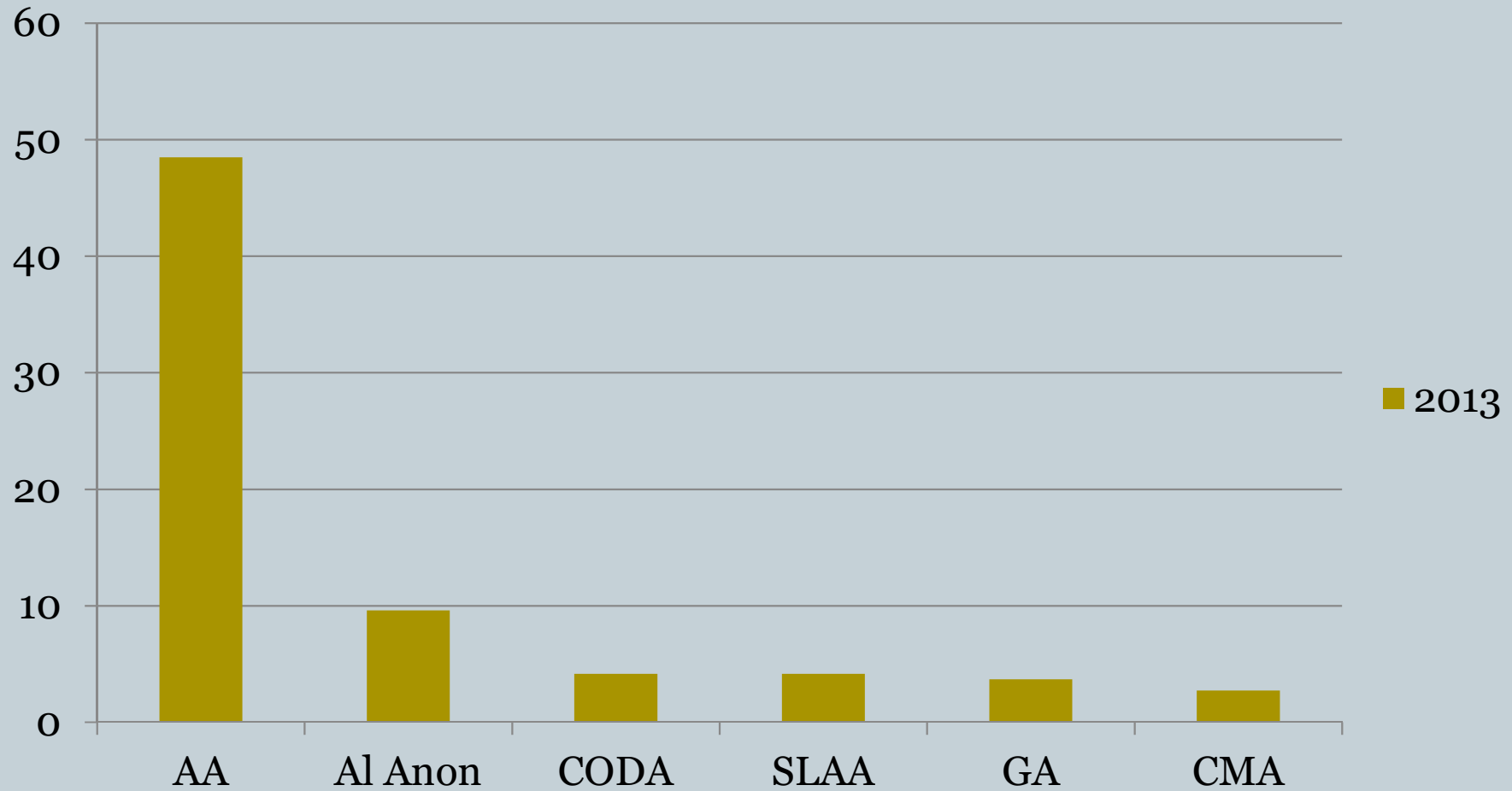


Current NA service commitments

■ 2013



Other 12 step group attend in last 12 months and/or regularly



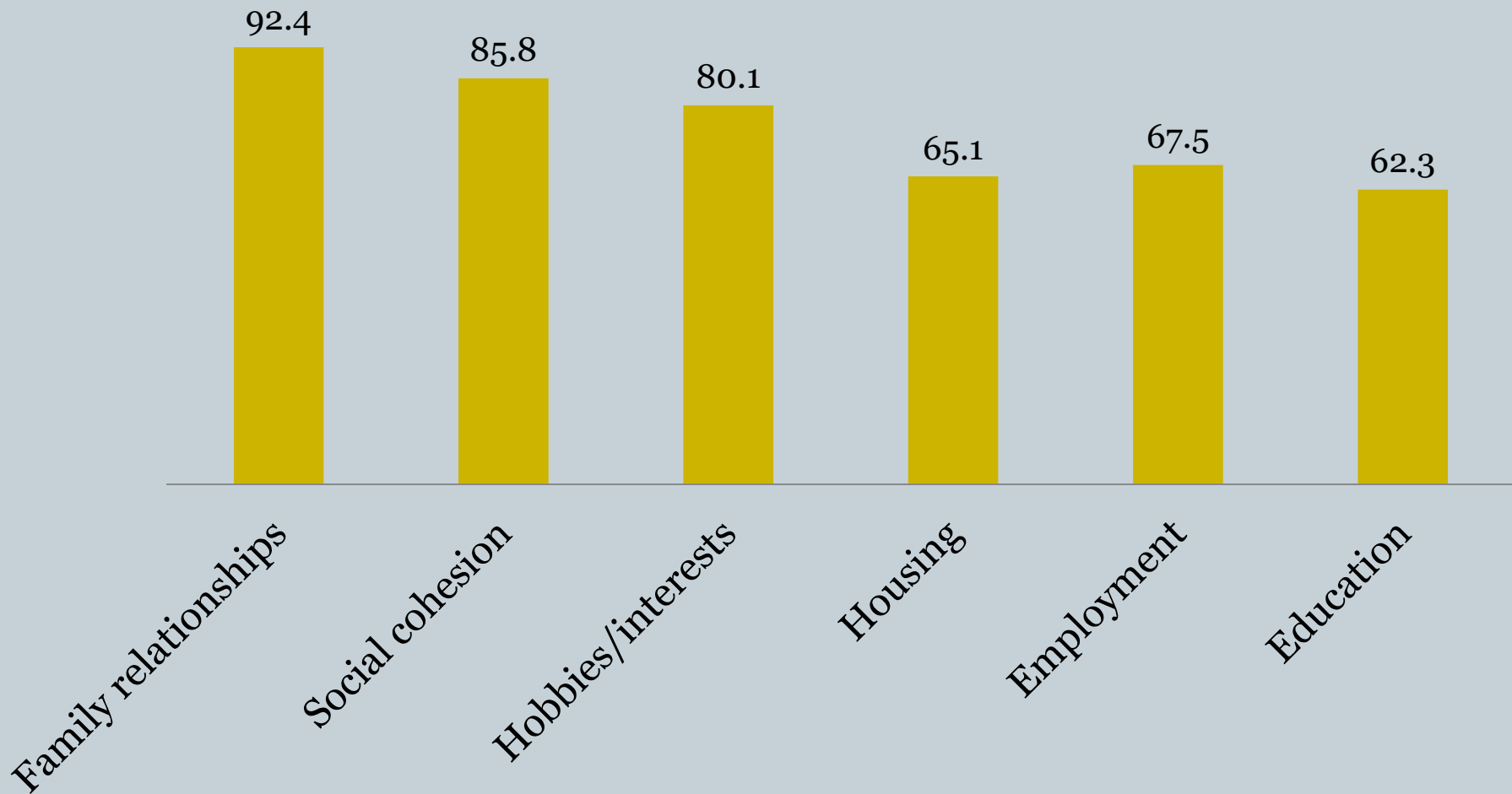
Quality of life



**HEALTH EDUCATION, EMPLOYMENT, FAMILY
AND RELATIONSHIPS**

Life areas improved since coming to NA (%)

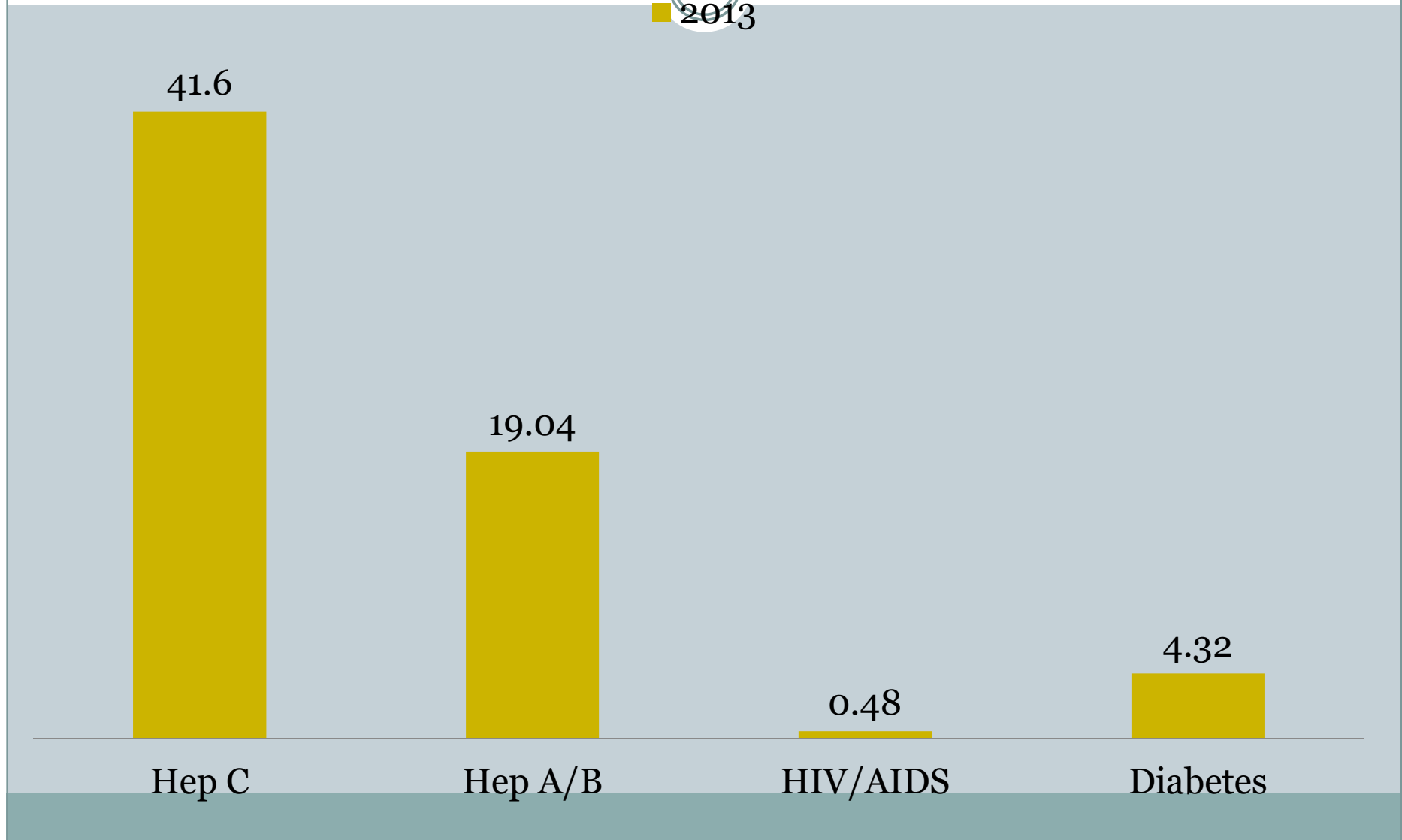
2013



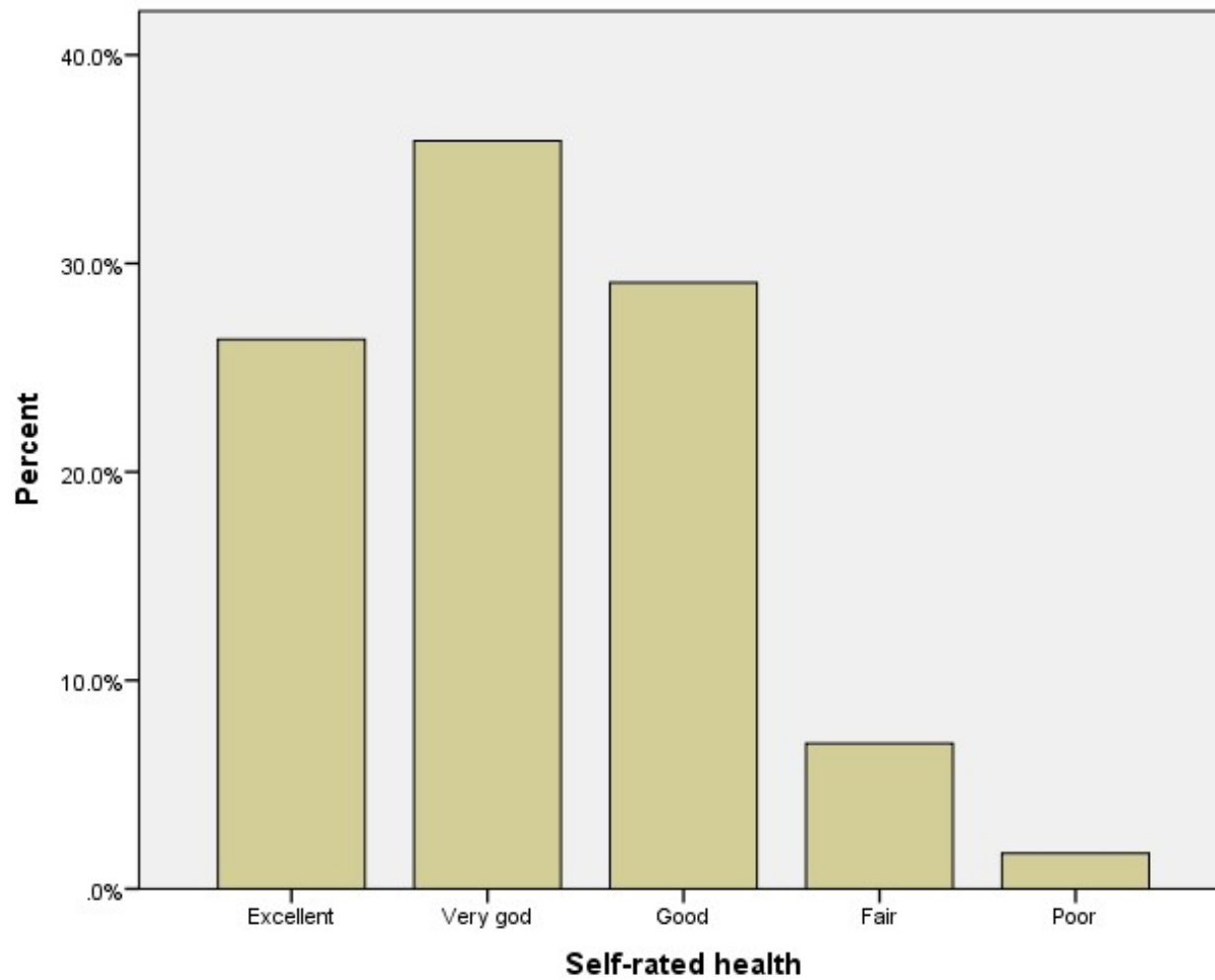
Note: Multiple responses

Illnesses ever had

2013

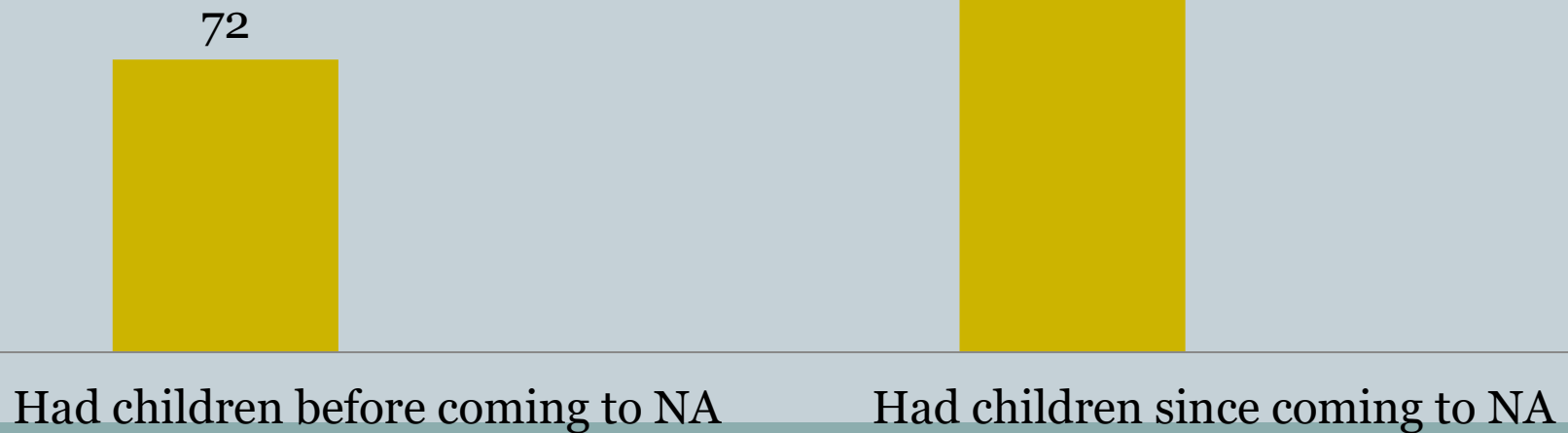


Self-Rated Health

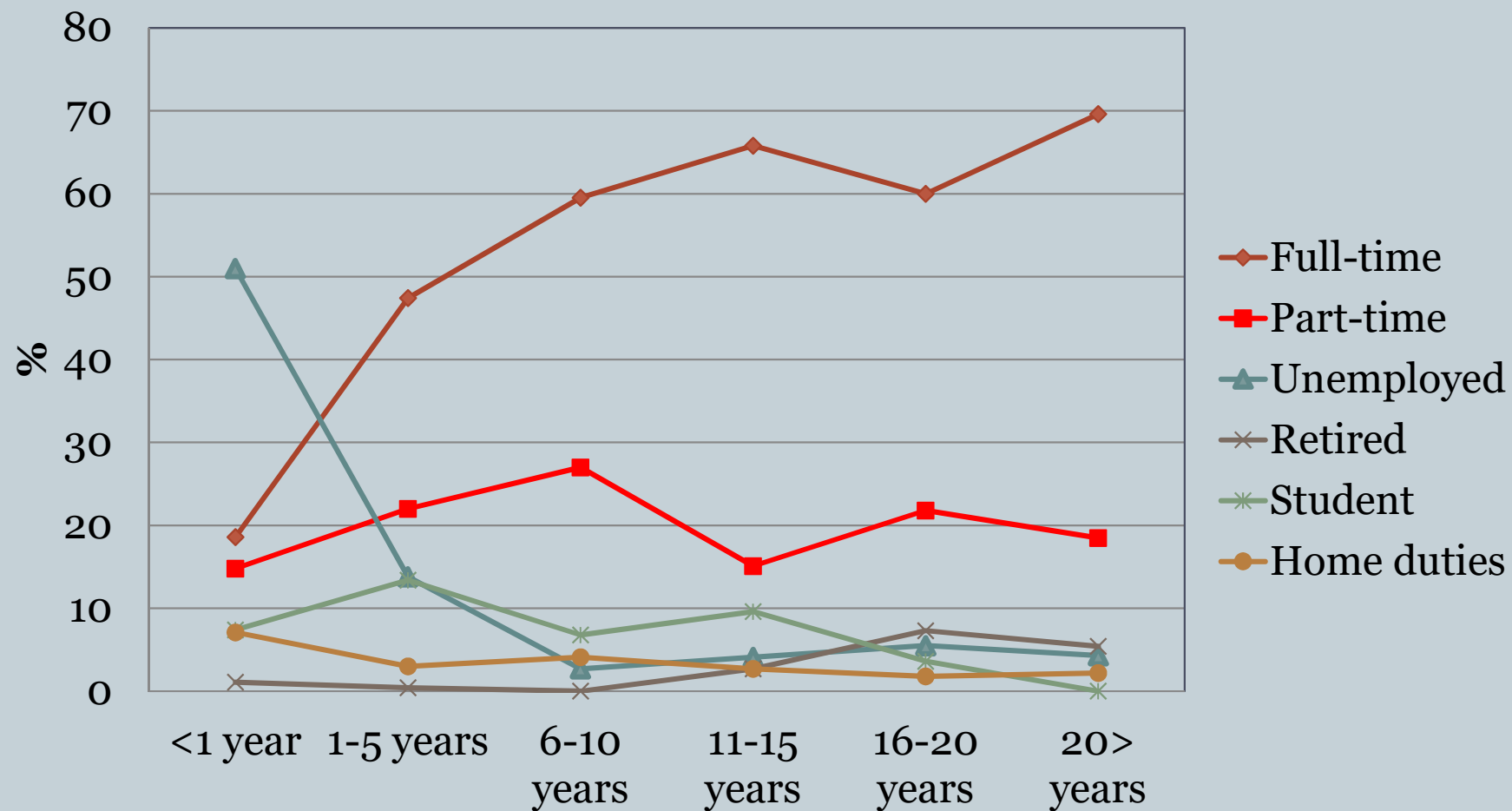


Have your children experienced AOD problems?

■ Children not had AOD issue



Employment status and years abstinent from alcohol and drugs (2013)



Occupation (%) (2013)

