Narcotics Anonymous®

ARSC Meeting Minutes
March 9th and 10th 2024, *In Person*

Location:	Darlinghurst Community Space, 277 Bourke Street, Darlinghurst NSW		
Date:	Saturday 9th and Sunday 10th March 2024		
Meeting Commenced:	Saturday @ 9:00am (AEST) Sunday @ 9:04am (AEST)	**Meeting Finished:**	Saturday @ 4:45pm Sunday @ 4:45pm
Chair:	[redacted]	**Vice Chair:**	[redacted]

POSITION	NAME	DAY 1 SESSION 1	DAY 1 SESSION 2	DAY 1 SESSION 3	DAY 1 SESSION 4	DAY 1 SESSION 5	DAY 2 SESSION 1	DAY 2 SESSION 2	DAY 2 SESSION 3	DAY 2 SESSION 4
REGIONAL COMMITTEE MEMBERS (RCMS)		Opening Items & Reports	Forward Planning Session 1	Forward Planning Session 2	Forward Planning Session 3	Discussion Period	Subcomm Meetings/ Budget Presentation	Elections Survey Update ([redacted])	Forward Planning Wrap up New Business	New Business & Closing Items
Blue Mountains and Central West RCM (Acting)										
Blue Mountains Alt RCM (NSW)										
Canberra RCM (ACT)	[redacted]	P	P	P	P	P	P	P	P	P
Canberra Alt RCM										
Central Coast NSW RCM (NSW)	[redacted]	P	P	P	P	P	P	P	P	P
Central Coast NSW Alt RCM (NSW)	[redacted]	Ab	Ab	Ab	Ab	Ab	P	P	P	P
Coffs Coast NSW RCM (NSW)										
Coffs Coast NSW Alt RCM (NSW)										
Far North Coast RCM (NSW)	[redacted]	P	P	P	P	P	P	P	P	P
Far North Coast Alt RCM (NSW)	[redacted]	P	P	P	P	P	Late	P	P	P
Gold Coast QLD RCM	[redacted]	P	P	P	P	P	P	P	P	P
Gold Coast QLD Alt RCM										
NA Online Australia RCM	[redacted]	Ab	P	P	P	P	P	P	P	P
NA Online Australia Alt RCM	[redacted]	Ab	Ab	Ab	Ab	Ab	Ab	Ab	Ab	Ab
Newcastle & Hunter Valley RCM	[redacted]	P	P	P	P	P	P	P	P	P
Newcastle & Hunter Alt RCM										
Northern Australia RCM	[redacted]	P	P	P	P	P	P	P	P	P
Northern Australia Alt RCM										

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REGIONAL COMMITTEE MEMBERS (RCMS)		Opening Items & Reports	Forward Planning Session 1	Forward Planning Session 2	Forward Planning Session 3	Discussion Period	Subcomm Meetings/ Budget Presentation	Elections Survey Update ([redacted])	Forward Planning Wrap up New Business	New Business & Closing Items
South Australia RCM										
South Australia Alt RCM										
South Coast NSW RCM	[redacted]	P	P	P	P	P	P	P	P	P
South Coast NSW Alt RCM	[redacted]	P	P	P	P	P	P	P	P	P
Sunshine Coast QLD RCM	[redacted]	P	P	P	P	P	P	P	P	P
Sunshine Coast QLD Alt RCM	[redacted]	AP	AP	AP	AP	AP	AP	AP	Ap	Ap
Sydney East NSW RCM	[redacted]	P	P	P	Ap	P	P	P	Late	P
Sydney East NSW Alt RCM										
Sydney North NSW RCM	[redacted]	P	P	P	P	P	P	P	P	P
Sydney North NSW Alt RCM										
Sydney South NSW RCM	[redacted]	Ab	Ab	Ab	P	P	Ab	Ab	P	P
Sydney South NSW Alt RCM										
Sydney West NSW RCM	[redacted]	Ap	Ap	Ap	Ap	Ap	Ap	Ap	Ap	Ap
Sydney West NSW Alt RCM	[redacted]	P	P	P	P	P	P	P	P	P
Victoria/Tasmania RCM	[redacted]	P	P	P	P	P	P	P	P	P
Victoria/Tasmania Alt RCM	[redacted]	P	P	P	P	P	P	P	P	P
Western Australia RCM										
Western Australia Alt RCM										
SUBCOMMITTEES	NAME							Elections		

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		Opening Items & Reports	Forward Planning Session 1	Forward Planning Session 2	Forward Planning Session 3	Discussion Period	Subcomm Meetings/ Budget Presentation	Survey Update ([redacted])	Forward Planning Wrap up New Business	New Business & Closing Items
Indigenous Chair	[redacted]	Ap	Ap	AP	Ap	Ap	P	P	P	P
Indigenous Vice Chair	[redacted]	P	P	P	P	P	P	P	P	P
Information Technology (IT) Coordinator										
IT Assistant Coordinator										
NA Today Chair	[redacted]	P	P	P	P	P	P	P	P	P
NA Today Vice Chair										
Outreach / Fellowship Development Chair (Caretaker)	[redacted]	Ab	Ab	Ab	Ab	Ab	Ab	Ab	Ab	Ab
OR.FD Vice Chair										
Policy Chair	[redacted]	P	P	P	P	P	P	P	P	P
Policy Vice Chair	[redacted]	Ap	Ap	Ap	Ap	Ap	Ap	Ap	Ap	Ap
Public Relations Chair	[redacted]	Arrived 9:30	P	P	P	P	P	P	P	P
Public Relations Vice Chair										
Strategic Planning Chair										
Strategic Planning Vice Chair										
POSITION	NAME	DAY 1 SESSION 1	DAY 1 SESSION 2	DAY 1 SESSION 3	Day 1 SESSION 4	DAY 1 SESSION 5	DAY 2 SESSION 1	DAY 2 SESSION 2	DAY 2 SESSION 3	DAY 2 SESSION 4
WORKGROUPS ETC.										
Fellowship Service Office Chair / Rep	[redacted]	Ap	Ap	Ap	Ap	Ap	Ap	Ap	Ap	Ap
Fellowship Service Office Chair / Rep	[redacted]	P	P	P	P	P	P	P	Ap	P
Public Officer	[redacted]	P	P	P	P	P	P	P	P	P
Sydney Metro Chair	[redacted]	Ab	Ab	Ab	Ab	Ab	Ab	Ab	Ab	Ab
ADMINISTRATION COMMITTEE								Elections		

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Chair	[redacted]	P	P	P	P	P	P	P	P	P
Vice Chair	[redacted]	P	P	P	P	P	P	P	P	P
Secretary (Caretaking)	[redacted]	P	P	P	P	P	P	P	P	P
Assistant Secretary										
Treasurer	[redacted]	P	P	P	P	P	P	P	P	P
Assistant Treasurer	[redacted]	P	P	P	P	P	P	P	P	P
Regional Delegate	[redacted]	Ap	Ap	Ap	Ap	Ap	Ap	Ap	Ap	Ap
Alternate Delegate	[redacted]	P	P	P	P	Ap	P	P	P	P
SP Presenter	[redacted]	P	P	P	P	P	Ap	Ap	Ap	Ap
OBSERVERS	[redacted]	DAY 1 SESSION 1	DAY 1 SESSION 2	DAY 1 SESSION 3	Day 1 SESSION 4	DAY 1 SESSION 5	DAY 2 SESSION 1	DAY 2 SESSION 2	DAY 2 SESSION 3	DAY 2 SESSION 4
	[redacted]	P	P	P	P					
	[redacted]	P	P	P						
	[redacted]	P	P	P	P	P				
	[redacted]			P						
	[redacted]						P			

LEGEND

P = Present **Ap = Apology** **Ab = Absent** **= Vacant**

OPENING ITEMS

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Acknowledgment to Country:

NA Australia acknowledges that we meet on Aboriginal Land. We recognize the strength, resilience, and capacity of Aboriginal and Torres Strait Island people.
Australia comprises many Aboriginal and Torres Strait nations. We would like to acknowledge all of the traditional custodians of the land within Australia.
We pay respects to Aboriginal and Torres Strait Elders past and present.

Service Prayer:

"God grant us knowledge so that we may serve in accordance with Your divine precepts, instil in us a sense of Your purpose, make us servants of Your will and grant us a bond of selflessness that this may truly be Your work, not ours, in order that no addict anywhere need die from the horrors of addiction."

12 Traditions of Narcotics Anonymous:

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centres may employ special workers.
9. NA, as such ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

OPENING ITEMS

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Twelve Concepts for NA Service:

1. To fulfil our fellowship's primary purpose, the NA groups have joined together to create a structure which develops, coordinates, and maintains services on behalf of NA as a whole.
2. The final responsibility and authority for NA services rests with the NA groups.
3. The NA groups delegate to the service structure the authority necessary to fulfil the responsibilities assigned to it.
4. Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.
5. For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined.
6. Group conscience is the spiritual means by which we invite a loving God to influence our decisions.
7. All members of a service body bear substantial responsibility for that body's decisions and should be allowed to fully participate in its decision-making processes.
8. Our service structure depends on the integrity and effectiveness of our communications.
9. All elements of our service structure have the responsibility to carefully consider all viewpoints in their decision-making processes.
10. Any member of a service body can petition that body for the redress of a personal grievance, without fear of reprisal.
11. NA funds are to be used to further our primary purpose and must be managed responsibly.
12. In keeping with the spiritual nature of Narcotics Anonymous, our structure should always be one of service, never of government.

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A Vision for NA Service

All of the efforts of Narcotics Anonymous are inspired by the primary purpose of our groups. Upon this common ground we stand committed.

Our vision is that one day:

- Every addict in the world has the chance to experience our message in their own language and culture and find the opportunity for a new way of life;
- Every member, inspired by the gift of recovery, experiences spiritual growth and fulfillment through service;
- NA service bodies worldwide work together in a spirit of unity and cooperation to support the groups in carrying our message of recovery;
- Narcotics Anonymous has universal recognition and respect as a viable program of recovery.

Honesty, trust, and goodwill are the foundation of our service efforts, all of which rely upon the guidance of a loving Higher Power.

CREATING OUR FUTURE

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<table>
<tr><th>Item No</th><th>ARSC SATURDAY 9th March 2024</th><th></th></tr>
<tr><td>1.0</td><td><u>OPENING ITEMS AND REPORTS</u></td><td>9:00am-10:15am</td></tr>
<tr><td>1.1</td><td>OPENING ITEMS
Acknowledgment of Country: Assistant Treasurer
Welcome to new participants and thanking departing participants
Count of participants to establish quorum
(A quorum is defined as 40% of all standing positions of the ARSC, including Subcommittee Chairpersons, and Administration Committee members, and must include a minimum of 5 RCMS (or their alternates).
Standing positions equal 6 Admin +14 RCM’s +5 Subcommittee Chairs =25 X40%=10
Must have 5 RCM’s and 5 other Admin/Subcommittee Chairs to make up the 10.
Day 1: 12 RCMs + 4 Admin + 6 Sub-committee members (Quorum Reached and maintained throughout the day).
Day 2: 13 RCMs + 4 Admin + 6 Sub-committee members (Quorum Reached and maintained throughout the day).
Service prayer: RCM Newcastle/Hunter Valley
Twelve Traditions: RCM South Coast
Twelve concepts: Read around the room.
NA Vision: NA Today Chair
Approval of previous minutes: RCM Far North Coast
Seconder: RCM South Coast</td><td>Start: 9:00AM
Finish: 9:22AM</td></tr>
<tr><td>1.2</td><td><u>ACTION LIST POST DECEMBER 2023 ARSC</u>
<table>
<tr><th>Item No</th><th>Action</th><th>Responsibility</th><th>Status</th></tr>
<tr><td>1</td><td>Secretary to update / keep updated contacts list and remove personal emails/contacts where required. Currently in Secretary’s folder with access only by Admin & IT.</td><td>Secretary (Caretaking)</td><td>Ongoing</td></tr>
<tr><td>2</td><td>IT to advise ARSC on implementation process for 2FA</td><td>IT</td><td>Complete</td></tr>
<tr><td>3</td><td>IT to advise on potential privacy implications of holding contact details - per Privacy Principles [redacted]</td><td>IT Subcommittee</td><td>Complete</td></tr>
<tr><td>4</td><td>Ongoing update to RCM Report Template in association with RCMs.</td><td>AD</td><td>Ongoing</td></tr>
<tr><td>5</td><td>Allocate accounts for new nominations</td><td>IT</td><td>Complete</td></tr>
</table></td><td>Start: 9:22AM
Finish: 9:25AM</td></tr>
</table>

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	6	Update ACNC for new Management Committee Members. Remove previous Treasurer.	Public Officer	Complete	
	7	Admin to consider whether they should meet in Dec	Admin	Complete	
	8	Approach insurer re waiver proposal. Can a waiver be established for an event e.g. camp fire, and the remainder of the event still be covered.	Treasurer	Pending	
	9	Add link to insurance under request for 'new meeting' link on website for organisers to make sure event is covered	Vice Chair/IT	Pending	
	10	Make changes to bank account signatories and transactions approvals per Policy: 1 New Chair to have signatory and transaction approvals authority. 2 Assistant Treasurer to have transaction setup and approvals access. 3 AD to retain access until new Trusted Servants are setup and processes working. 4 Previous Treasurer [redacted] to be removed as signatory and transaction approver.	Chair/Tsr	Pending	
	11	Enquire with Westpac if there is a contact that we can have if meetings are having issues getting setup with an account/ Westpac Air. 	Vice Chair	Complete	
	12	RCM report update: Did you workshop the 2024 survey at your area	RD	Pending	

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	13	Following up NA Online Zoom license reimbursement	AD	Complete	
	***Read Out by: [redacted] Vice Chair**				
1.3	**REPORTS** ***Pertinent discussion and information to add after reports submitted, only additional information/discussion added here. Full reports attached.*** **REGIONAL COMMITTEE MEMBER (RCM) REPORTS** **RCM Western Sydney** *Additional Information*: • Vice Chair: Noticed in report you are doing work around quorum in Western Sydney, happy to help provide information or guidance with this as a lot of it is covered in both Regional Policy and Area Policies. Some Areas have their policies on na.org.au **RCM Canberra** *Additional Information*: • RCM Canberra: Lots of vacant positions for some time, most got filled last week. Have a problem with dogs in area, need clarity around insurance. • Q: Vice Chair: Mentioned needing help around cashless 7th A: Saw some info in previous ARSC Minutes - happy to take on board Vice Chair: There is a presentation in regards to this. • Q: RCM Central Coast: What was H&I Makeover A: Title around this is intended to not scare people away/draw attention to these workshops, they are informative workshops around H&I for newcomers and other members **RCM Sunshine Coast:** *Additional Information* • RCM: Also had issues with dogs in our Area. **RCM Far North Coast:** *Additional Information* • RCM: Stated opening balance $3941.46, Closing balance $2224.95.				**Start: 9:25AM** **Finish: 9:55AM**

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	RCM Sydney East: *Additional Information* • Q: Vice Chair: What came up with Israel/Palestine conflicts A: Had members experiencing frustration around members sharing on political issues, have become somewhat divisive in area. • Q: FSO Vice: Are these expressed from the floor? A: We can't tell members what and what not to share, this is where the issues are arising. Chair: This has been logged for discussion **RCM South Coast:** *Additional Information* • Q: Vice Chair: Had recommendations for PR survey in report, can you please feed to PR Chair. A: Yes will do this **RCM North Australia:** *Additional Information* • Q: Gold Coast RCM: Added financials in report but noticed report was somewhat blank, is everything okay in area? A: All is well in the area. • Q: RCM Central Coast: Is date set for convention/venue? A: Yes, 5-7th July, at Old Museum in fortitude Valley • Comment Vice Chair: Cashless 7th tradition setup in Northern Australia has been approved. Northern Australia has implemented a centralised banking system with a central account and sub accounts. **Gold Coast RCM:** *Additional Information* • Has pamphlets for convention on April 26-28th.	

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	If any items need to be discussed later as part of discussion, please note them as	
	Noted to be a Discussion Topic:	
	• Dogs at meetings RE Insurance around this • Outside/Political and current world issues affecting NA meetings.	
	SUBCOMMITTEE REPORTS	
	NA Today	
	Additional Information:	
	• Apologies for late report, nothing to add.	
	Indigenous Subcommittee	
	Additional Information:	
	• Indigenous Vice Chair: Had sent in information on smoking ceremony with Chair Report	
	***Policy Chair**:*	
	Additional Information:	
	• Doing work on PD's, work has been completed before this weekend.	
	FSO Chair/Rep	
	Additional Information:	
	• Q: Vice Chair: Mentioned report template doesn't work for FSO have you considered using your own template? A: That might work better • Q: Gold Coast RCM: How do we approach you to get welcome packs/card packages for groups? A: Welcome packs available from FSO (only for new meetings), card packages still in works. Vice Chair: This is online when you register a new meeting, tick the box and you can receive a welcome pack.	
	Public Officer	
	Additional Information:	
	• No additional information	

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	ADMINISTRATION COMMITTEE (Admin) REPORTS: **Chair** *Additional Information:* • No Additional Information **Vice Chair** *Additional Information:* • No additional information **Regional Delegate** *Additional Information:* • Apology **Alternate Delegate** *Additional Information:* • AD: Put in preliminary report, will be report following APF meeting. Has brought nametags from zonal forum, recommends something similar for ARSC. Interested in figuring out the entire service structure of NA, forum was eye-opening. RD is still on the way back. There are 7 forums apart from the US. This tier is between regions and world services. Our zone has a large range from Hawaii to the Middle East. There were around 30 participants at the zonal forum. A lot had been covered during this meeting, will include as much as possible in report. **Treasurer:** • *See report* below. **Assistant Treasurer:** • Still familiarising with role, first regional meeting, feeling good. No additional Information	
1.4	**TREASURER QUARTERLY REPORT** **Reports Linked Below:** **Treasurer's Opening Report March 2024** **Treasurer's Report**	**Start: 9:55AM** **Finish: 10:15AM**

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	Report to ARSC *Additional Information:* • Q: RCM Canberra: Are the projections based on estimations? A: Some of them, not all of them, some are based on past figures • Q: Gold Coast RCM: Is that Association Insurance Policy in the resources folder for Areas to use to hire venues? A: Vice-Chair: the Association Liability Insurance is not for hiring venues – it is to protect the Management Committee Members. The Public Liability Policy is on na.org.au A: Chair: As a body we are responsible for supporting the treasurer, we work together in this manner • Q: RCM Sydney North: Around fund flowing, it was suggested that we fund flow all to metro, and then to region. What is the actual process around this? A: Chair: The region serves you as an area, it is your decision how you want to manage this • Q: RCM Far North Coast: Do you have policy around this? Historically there has been hefty fund flow from Sydney metro, generally the money has gone to metro and fund flowed to region. A: Vice Chair: The four Sydney areas have been contributing an agreed amount of $350 a month to Metro, if this is going to change it up to the four areas to reach a decision around this. A: AD: Metro is a service committee, they are also a sub-committee here, they are expected to put in reports. If they would like to change the way they operate and have all fund flow into their basket, we need accountability in their reports in the very least.	
2.0	**2.0 <u>Forward Planning Workshop 1</u> –** *What are we doing here and what is our wish list* (Whole ARSC Meets) What do the areas want?: • Transparency around funds and where money is being allocated. Being aware of what's going on at a world level, and having a say in these matters. • To be able to understand what region is working on, what are our initiatives and what takes place here. Fund allocation/accountability. • Looking to region for services that area cannot provide for the groups, i.e. access to literature, access to insurance for groups. Would benefit from member insights in	**Start: 10:15am** **Finish: 11:29am**

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	the survey. Better communication around where funds are going and why it makes sense to fund flow for world. **Key Words:** • Services (Centralised – website, insurance, PR etc.) • Resources (Workshops, education, brainstorms) • Responsiveness/Accountability • Structure/Continuity • Encouragement and upholding of Traditions – Concepts • Link/Voice – part of, inclusivity and recognition, accessibility • Reduce isolation (support from region) • Ladder (Addicts seeking recovery are at the top, all service structures are in order to serve those individuals, primary purpose etc.)	
	BREAK	**11:29am-12:00pm**
3.0	**3.0 Forward Planning Workshop 2 –** *What are we doing here and what is our wish list* (Subcommittees Meet) **Bucket-List/Vision For Region Future:** • Every addict has the opportunity to experience the message. • NA to be seen as an effective recovery method. • For service to be seen as attractive/region to be a service body that fosters a culture of doing service. • Responsiveness/having a "finger on the pulse" in terms of developments and changes in areas of technology, society and how we are reaching members. • Attracting new members/isolated individuals/younger members. • Emphasis on inclusivity and diversity amongst service bodies, supporting and educating all members to access and be a part of our service body. • Keeping our language simple, digestible, and understandable for all members. • Advanced planning/seeing "ahead of the curve" in terms of dissemination of information, offering guidance and training around these developments. • Developing a digital strategy around things such as social media. • Compiling an interactive resource library. • Focus workgroup on "mythbusting" falsities or controversial dialogue around NA and its effectiveness.	**Start 12:00pm** **Finish** **12:55pm**

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	• Shifting the perception of service (education of opportunities and how it can enrich one's recovery). • Motto/Slogan? • Keeping service interesting/promoting a culture of connection and fun amongst our service body.	
	LUNCH BREAK	**12:55pm-2:00pm**
4.0	**4.0 Forward Planning Workshop 3** – *How do we bring it all together? Action Plans* (Subcommittees Meet) **Subcommittee Bucket Lists:** **PR:** • Working group to reach out to areas/run workshops etc. • Working group to gather information/statistics and research and present this back to sub committee to better ability to educate internal and external parties. • Working group focused on external education in order to educate different professional groups about NA. • Having training modules/systems available to members to educate them to run workshops etc. • Social Media working group/Myth-busting. **Indigenous:** • Education at a regional level on how to help First Nations people feel more welcome in our fellowship. • Focus on how to reach out and continued engagement with First Nations people. • Translation of literature. • Safety and comfort in meetings. **NA Today:** • Change with the times. • Grow an online blog. • Rebrand/Social media presence. • Partner with IT/use QR code in groups. • More participants in ARSC subcommittee. • Sending NA Today to H&I and outreach.	**Start: 2:00pm** **Finish: 3:20pm**

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	Admin: • Continued leadership/ oversight of ARSC operations. • Train and educate/begin workshops. • Maintain integrity, transparency and accountability. • Effective communication flow to and from delegate team. • Encourage and coordinate workshops and education for the region. • Encouragement of development of project orientated workgroups to meet planning outcomes. **Policy:** • Workshops to make policy more accessible. • Bringing more diversity into the region. • Cashless 7th working group. **Outreach:** • Gaining a pool of members able to maintain and facilitate workshops. • Collaborations with PR/Na today, online H&I, and indigenous subcommittee. • Increasing engagement with provided services. **Strategic Planning:** • Effective communication within the region and collaboration with sub-committees. • Forming focus groups outside of the region to review our strategic plan. • Keep strategic planning on the agenda and see where future changes fit in with the subcommittee. • Facilitate bi-Yearly workshops. • Have a chair-person. • Planning cycle in sync with areas/simplified strategic planning groups at an area or even group level .	
	BREAK	**3:20pm-3:47pm**
5.0	**Discussion Period** Confirmed Quorum met with 12 RCM's Present ***Discussion Items taken directly from reports / requests of members*** ***Discussion Item1: Dogs in meetings / Insurance around this*** ***{Action Item 002}***	**3:47pm-4:45pm**

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	Controversial topics arising at meeting causing division: Q: Sydney-East RCM: in relation to outside issues, we are built around unity. This would be classified as a conflict. What to do about it is challenging, this treads around tradition 1, members can't be told what they can and can't share about it. How do we communicate this without dealing with the specific issues? A: Alt RCM FNC: Had a situation where one person was exhibiting strange behaviour, instead of targeting this individual they read pertinent literature around those behaviours at the meeting. This was effective. Indigenous Vice Chair: It is also a difficult one with First Nations people, there is controversial topics. We usually take this back to the subcommittee. Exercise gentle hands warm heart. RCM FNC: Anyone can have their own opinions, but at the end of the day it is an outside issue and should stay outside of NA including meetings and subcommittee meetings. Sunshine Coast RCM: Some responsibility should fall on the chair of the meetings around this stuff. Not cutting people off, but instead reminding the room that we don't bring outside issues into the room. SP Speaker: the traditions aren't about us as people. It is about carrying the message so that we don't turn away any newcomer who is seeking recovery. Leaving these topics out negates the possibility of putting people off meetings due to political controversy or outside opinions being discussed in meetings. Chair: had an issue with someone dealing drugs at a meeting. This became problematic. Tried multiple solutions around this. The most effective solution was having a pre-amble reading before the meeting around this specific behaviour. NA website has many local resources that relate to these challenges. Using traditions as a filter, gentle hands, and empowering the chair. RCM FNC: Also some onus on the secretary if chair is inexperienced or uncomfortable with confronting discussion of outside issues. **RCM Canberra question around cashless 7th in other areas:** RCM Canberra: issues with many members not carrying cash and low 7th traditions due to this. Has been a recurring point of discussion at area. Members struggle with 7th going	

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	directly into area bank account as groups feel as though they should be autonomous. How are other areas managing this? Sydney East RCM: Does your area struggle to fund flow to region? RCM Canberra: As a consequence, yes Alt RCM South Coast: we had a bit of complication with having bank account setup but did eventually manage to set-up QR code and account for digital 7th. Alt RCM FNC: Cash seems to be a lot easier, could you ask members to bring cash? RCM Canberra: have tried to encourage this, with not much success. we think we need to change with the times. Assistant Treasurer: Gold Coast has had trouble with going cashless with BOQ we are going to look at changing to another bank to allow easier access to these services. Alt RCM Victoria: Some of our meetings are interested. NAOA RCM: I have set up a direct debit every month for the 7th. Maybe this is something we should encourage. RCM Canberra: We still have the challenge of figuring out what contribution went where and how to keep track of these funds. PR Chair: Agree with NAOA RCM, supportive of a direct debit system for those who are willing to do so. NA Today Chair: We go around on this issue a lot. There are multiple avenues we could do to get there. It is up to the areas. RCM FNC: Our area is cashless; 7th tradition is direct debit into area bank account. No cash comes to area. Members must use their own accounts which can be tricky. Gold Coast RCM: My concern which has come from a few homegroups, is there any guidelines around clean time requirements for being a bank nominee? What guidelines do we have to keep this process safe, it could be a hit or miss. A lot of homegroups in our area don't want to get in the nitty gritty. Some guidelines around this would be helpful. Vice Chair: There is a proposal in to create a cashless workgroup. This could be one way we can get some paperwork drafted. Sunshine Coast RCM: We have area eftpos machines, and one group has a square. Westpac-air has been working very well for us. Vice Chair: If you open an account and want to use the Region ABN, then it becomes the admin committee's responsibility to manage this. There would be a separation between the operation and legal responsibility for these accounts. FSO Vice Chair: Took 7th tradition PowerPoint to homegroup, will update on progress.	

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	RCM Sydney North: I think Westpac air is the most cost-efficient way of going about this. Vice-Chair: The process around setting this up does take some patience and commitment. ***{Action Item 008 and 022}*** **RCM Gold Coast: Medical Cannabis, maintenance, replacement therapy? Outside issue?** RCM Gold Coast: there are members saying they are on "medical marijuana" replacement therapy/sharing after smoking before the meeting. If it is prescribed by a doctor, are we crossing lines with the outside issue stuff? How do we view this as a replacement therapy? Is it possible we create a pre-amble around this? RCM FNC: I have been on medicinal THC and THC with CBD, had to go off because would fail random drug test, this was prescribed. I purchased at pharmacy and use exactly as prescribed; this is not a bust. Before that I was on fentanyl patches. This did not change my clean time. Perhaps it can be challenging in early recovery, I believe if its medically prescribed it becomes an outside issue. Treating it otherwise could push some members away. It is not replacement therapy; it is for a specific issue. It is considered medication. RCM Gold Coast: If a person is stoned and sharing at a meeting, do we stop this person from sharing? This could affect newcomers into thinking they can smoke pot. Sydney East RCM: **Refers to in times of illness pamphlet, talks about medical use as being a decision between an addict a sponsor their doctor and their higher power.** NA Today: Acknowledges this can become a heated debate. Echo's Sydney East RCM sentiments. It is an individual issue. We must tread carefully around speaking on what people use for mental health. This could send people out of the rooms. We are an abstinence-based program but how is it different than using anti-depressants etc. it is a blurred area but it's up to an individual and their sponsor. We need to refer to the literature we already have around this. FNC Alt RCM: If an informed professional prescribes something, you take it because you aren't a doctor. If this is medical marijuana, then it is okay. Why does this person say it is replacement therapy, I am sceptical of this. RCM Sunshine Coast: NAWS feedback on medical marijuana was to refer to the in times of illness pamphlet. [redacted]: As a fellowship we are going to be faced with these challenges, this goes back to our discussion around responding to emerging trends. We must consider all possibilities. We don't want to push people away from meetings. I don't share about what medications I'm prescribed at meetings; people must be mindful of the message they share. RCM Central Coast: We had the same topic at area, should people be allowed to share if stoned at meetings. We decided that it is a group conscience decision. Groups should be	

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	autonomous in this matter. It should be reiterated that we should not be sharing about specifics and what medication we may or may not be taking. RCM Newcastle Hunter Valley: Has also come up for us. We accept everyone, we will let people share if they are not obviously under the influence. We handle it as per occasion. SP Speaker: When naltrexone first came in, there were people in Victoria who thought this was using and that people prescribed this shouldn't be allowed to share. We had to have discussion around it at the time. We had experts to come in and do some "mythbusting" around this and it helped substantially. Medical marijuana is being used for pain, parkinsons, insomnia, anxiety. It is out there and being prescribed. There is Vyvanse out there, people on ADD medication, dexamphetamines. Some of these people are being told not to mention this at meetings. It's not about the particulars here. There should be encouragement for discussion around these things and then we can talk about how to respond to it in a kind and loving way. Get experts in, do a workshop, etc. etc. once we have information, we can talk about how to respond to this. **RCM South Coast Surveys:** RCM South Coast: Talked to area about NAWS survey, fed some questions down to groups and is awaiting responses from the groups on this. Will update.	
	END OF DAY	**4:45pm**

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	OPENING ITEMS • Acknowledgment of Country: RCM Canberra • Service Prayer: Alt-RCM South Coast • Count of participants to establish quorum (13 RCM's + 5 Subcommittee Chairs) • (*A quorum is defined as 40% of all standing positions of the ARSC, including Subcommittee Chairpersons, and Administration Committee members, and must include a minimum of 5 RCMS (or their alternates).*	**Start:** **9:04am** **Finish:** **9:15am**
1.0	**AREAs and SUBCOMMITTEEs CHALLENGES and HIGHLIGHTS** ***RCMs and Subcommittees [FD.OR, IT, NA Today, Policy, PR, SP]*** *Notes:* **NAOA RCM:** Have policy subcommittee, chair filled, no attendance at first meeting. Also have an IT workshop, designed to educate people on using zoom effectively to mitigate	**Start:** **9:15am** **Finish:** **9:59am**

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	bombers. A lot of hosts/chairs were unaware of many of the zoom features. Rapidly expanding which can also create some challenges. Sometimes meetings are too close together, meeting timeframes can overlap sometimes. Hoping that all online meetings will move towards our area if they are looking to be a part of one. **Vic/Tas RCM:** Highlight was convention, went well, great attendance and entertainment. This also generated good money. No challenges of note. Recently a member has asked if we can look at the wording on website around child friendly meetings. Also, a request if region could run a workshop on disruptive/violent behaviour. ***{Action Item 009+010}*** **Newcastle Hunter Valley:** Challenge is generating interest to fill positions and low GSR attendance. **Sunshine Coast RCM:** Most GSR's are attending area. However, this brings challenge of getting through area in a timely fashion, have tried to slim down the agenda. Another ongoing challenge is the men's camp on the sunshine coast not wanting to be a part of the area, they are holding quite a bit of money also. Have had personality challenges around this, has become divisive in the area. Hoping that culture changes around the situation. **Sydney-East RCM:** Lots of newcomers, H&I is going well, some meetings in the rehabs too. Sydney combined area convention is on 22nd-24th of march. **Sydney West RCM:** Also had a challenging event last year that moved away from the area. This created a feeling of disunity and raised insurance issues. Highlight is the success of running area after considering disbanding 2 year ago. **Central Coast RCM:** Challenge is GSR attendance at the area. Committee is mostly stable, but those positions are coming up for a roll-over. Another ongoing challenge is OCM's sharing negatively about service. Also interested in disruptive behaviour workshop. Highlight is surfing day that was put together. Had history of NA presentations and a 7th tradition presentation. Had about 100 people attending, event went well. Positive feedback. ***{Action Item 010}***	

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	FNC RCM: Mostly running successfully. Had to change area meeting venue, moved to Ballina surf club which removed time constraints. Convention 16th-18th of August at Lennox cultural centre. Planning an area inventory **Sydney North RCM:** Area has shifted, feels like it is two different fellowships. 5-6 meetings closed on the northern half of area. Wasn't a lot of attendance. This increased attendance at other meetings which remain open. Held men's retreat last month, on 16th Feb. Had about 100 people attended on the weekend. 3 rehabs attended. Overall successful. **South Coast RCM:** Challenges are getting Admin team to rotate positions, have been stuck in those positions for years. Finding people to do service at area level is difficult. Have filled Alt-RCM position. **Northern Australia RCM:** Big highlight is convention coming up. Has unified a lot of groups to form subcommittees. Were struggling last year to get people into service positions. This year gained three new board members at the first area. Had struggled getting access to correctional centres for H&I, as of late last year this had been achieved in one of the men's correctional facilities. Challenge is OCM's that are second guessing decisions that are being made by the board. **Gold-Coast RCM:** Challenges are GSR attendance, alt has resigned which has put a bit more pressure onto the RCM. Has found somewhat difficulty to lobby for a new RCM. Medical marijuana challenge, was great to get feedback yesterday on this. New members on admin team, trying to implement and maintain the old service culture. Convention upcoming which has brought a good sense of unity. Stressing importance around insurance with events and how we need to look out for each other during these events with recent happenings. **Canberra RCM:** Got great input around 7th tradition yesterday. Have good GSR attendance at the area. Have tried to make area more fun and connective and not going past the time limit of area. Sponsors are also heavily encouraged to talk positively about service to their sponsees. **Indigenous RCM:** Put forward if we can consider that Aboriginal and Torres Strait islander flags are brought out at the world convention. We would like to have an Aboriginal person to be able to walk that flag out, the person who came up with this idea is happy to cover own expenses.	

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1.1	**PRESENTATION AND APPROVAL OF THE BUDGET** ***Presented by the Treasurer*** ***Questions and Notes:*** **Q: RCM FNC:** With the reduction of regional meetings, is it possible to increase the fund flow to APF to $2,000 three times? Then it would cost the same as it would have costed when there were 4 meetings per year. **A : Chair:** This would be a policy change and would need a proposal, acknowledged that anything above prudent still gets fund Flowed. **Q: Gold Coast RCM:** Around the CSA/TV cost, is that a yearly contribution that we do? **A: PR Chair:** We may need to look at it, perhaps will do some radio stuff instead. **Q: AD:** I thought CSAs were provided to us free from TV and Radio stations, is the expense to produce them? They are meant to be community funded. **A: Chair:** There is a body of information around this that I can provide later. **Q: RCM Central Coast:** Is it worthwhile adding costs to strategic planning, did having our presentation yesterday come out of our general funds? **A: Chair:** If it comes up this cycle, it would be an admin expense. **Central Coast RCM:** May be worthwhile including a figure on this into budget. **Q: PR Chair:** With zoom Licenses, is it possible to do NA multi-site licences? **A: AD:** We have one NA ARSC license which is predominantly for ASC. We had to give autonomy to other groups, we had to separate them to be able to administer their own licenses. **Q: AD:** We are going to produce a bound version of current policy document for admin members. May be looking to produce more for some areas. Does this go under policy or admin budget? **A: Chair:** For now, this would be an admin expense. **Treasurer Presents proposal that the ARSC approves proposed budget for the two-year cycle.** **Seconded by:** FNC RCM	**Start: 9:59am** **Finish:** **10:30am**

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	Proposal endorsed by consensus. ***Indigenous Unity Day/PR (travel and per diems, registration, and billboards/marketing) spend subject to separate proposal and approval by ARSC prior to moneies being spent*.***	
	BREAK	**10:30am – 11:00am**
2.0	**ELECTIONS** **[SCREEN SHARE]** ***Read by: Vice Chair***	**Start: 11:00am Finish: 11:38am**

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Appendix F: ELECTION PREAMBLE

Narcotics Anonymous' fourth concept for NA Service says that:

Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.

We often avoid asking questions of those we are considering for selection as trusted servants, because those questions may be uncomfortable for us or we somehow feel they are inappropriate. Not only is it okay to ask questions of members standing for election, it is irresponsible not to.

We do ourselves, our fellowship, and our trusted servants a disservice when we ask our members to perform tasks they are incapable of fulfilling. It is better that a service position remain vacant than for it to be filled by an NA member who is not fully equipped at the time to properly undertake the role.

Willingness, spiritual depth and maturity, stability and trustworthiness are strong demonstrations of the kind of leadership valued most highly in NA.

Some of the other things we look for are:

HUMILITY
Good NA leaders know not only their assets but their defects and their limitations. They do not think they have to do everything themselves; they ask for help, advice, and direction on a regular basis. They ought not to be dictators or order-givers; they are our servants.

INTEGRITY
Our leaders must be able to stand fast on sound principle; to compromise, and to disagree without being disagreeable; to demonstrate the courage of their convictions, and to surrender.

DILIGENCE
We seek trusted servants who are willing to expend their time and energy in the diligent service of others, studying available resource materials, consulting those with greater experience in their field of responsibility, and carefully and completely fulfilling the tasks we've given them.

FLEXIBILITY
Effective NA leadership knows when it will serve best to step aside and allow others to take over. An entrenched bureaucracy inhibits our fellowship's growth, while a regular influx of new leadership, balanced by continuity, inspires NA growth.

Adapted from the publication *The Twelve Concepts for Service in NA* and *NA World Services Bulletin #30 Theft of NA Funds*

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<table>
<tr><th>Item No</th><th>ARSC SUNDAY 10th March 2024</th><th></th></tr>
<tr><td></td><td>
<table>
<tr><th>POSITION</th><th>Clean Time Requirement Per Policy</th><th>Nominee</th><th>Seconder</th><th>Outcome</th></tr>
<tr><td>Strategic Planning Chair</td><td>3 years</td><td>[redacted]</td><td>FNC RCM</td><td>Elected</td></tr>
<tr><td>NA Today Vice Chair</td><td>2 years</td><td>[redacted]</td><td>South Coast RCM</td><td>Not-Elected</td></tr>
<tr><td>Policy Subcommittee</td><td>2 years</td><td>[redacted]</td><td>Newcastle Hunter Valley RCM</td><td>Elected</td></tr>
<tr><td>Policy Subcommittee</td><td>2 years</td><td>[redacted]</td><td>South Coast Seconded</td><td>Elected</td></tr>
</table>
Note – the ARSC approved that [redacted] nomination be heard later due to possible miscommunication due to NSW/QLD timezones) – see below Election was heard between 1:30pm-1:46pm.

{Action Item 011 + 012}
</td><td></td></tr>
<tr><td>2.1</td><td><u>SURVEY UPDATE</u>

PR Chair

Feedback was provided in relation to the survey from the group to PR Chair

{Action Item 013+014}</td><td>Start:

11:38am
Finish:
12:30pm</td></tr>
<tr><td></td><td><u>LUNCH BREAK</u></td><td>12:30pm – 1:30pm</td></tr>
<tr><td>Elections Continued per above</td><td>Nomination [redacted] Policy Subcommittee

Outcome – Elected.</td><td>Start:
1:30pm

Finish:
1:46pm</td></tr>
<tr><td>3.0</td><td><u>Forward Planning Round Up</u> – What can we afford to do and where to from here?

(Whole ARSC meets)

Facilitated by [redacted] – RCM Central Coast.</td><td>Start:
1:46pm
Finish:
2:16pm</td></tr>
</table>

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	Feedback was requested for the current Draft of the mission statement. **Policy Chair:** Requested to include more inclusive language on the last point of the mission statement draft + added courage and participation. **The group is happy to take the draft back to the areas and update on feedback.** **RCM Central Coast:** Encourages subcommittees to come up with draft mission statements and bring them back to the region for discussion. Look at work plan, work on it and bring back to region. Commence working on ideas in the meantime. - Aim for 5 action plans Would like strategic planning on the agenda of every ARSC At least one activity per Region to work on one element of the ARSC vision statement **RCM Central Coast:** Are we happy to work on a two year planning cycle? **Chair:** This is something we need to discuss at some point, but at this point we still operate under a two-year plan **Regarding Subcommittees Getting action plans together:** **AD:** There is a distribution list in our outlook's. There is a few subcommittee chairs who already see the advantage of getting together frequently to work out where they are going, subcommittees would all benefit from having these conversations prior to ARSC's. **PR Chair:** WhatsApp is a good tool as well **RCM Central Coast Reads out current draft of our Vision Statement** **Group is happy to take Vision statement draft back** **Feedback On SP Workshop:** **RCM FNC:** Felt a bit long and involved, but focusing on the strategic planning was great and would be good for other subcommittees. **RCM Sunshine Coast:** Gave a clearer idea of what our purpose is and a lot of info to take back to area. **Alt-Treasurer:** Was engaging and enjoyable. ***{Action Item 016+017+018}***	

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3.1	**NEW BUSINESS** ***All proposals have been documented here as received unless otherwise stated*** ***28 ARSC participants including 13 RCMs (Quorum Met)*** ***[Outcomes recorded Endorsed, Not Endorsed, Friendly Amendment*** 1 – Gold Coast ARSC Host Proposal 2 – Cashless Workgroup Proposal 3 – Prudent Uplift Proposal 4 – Hotel Uplift Proposal 5 – Vice Chair to Gold Coast Travel Proposal 6 – Victoria Violent and Disruptive Behaviour Workshop proposal 7 - PR Travel Expense Proposal 8 - NA Today Online Magazine Proposal	**Start: 2:16pm** **Finish: 3:30pm**
	New Business Item 1 - **Gold Coast ARSC Host Proposal** **Proposer –** Gold Coast RCM **Seconder –** FNC RCM **Intent –** Hosting the ARSC meeting on the Gold Coast will generate interest and fellowship with the local area and adjoining areas allowing members of NA to observe how the ARSC service structure operates and functions. **Detail -** $22.05 cents an hour accumulating $441 for the entire weekend's venue hire, an additional 70$ for tea and coffee for participants. All AV equipment is supplied at the venue no outgoing cost, FREE WIFI (however a fee of 100 dollars may be needed if the venue needs to set up anything with the AV stuff this isn't a requirement but just in case) Travel and accommodation costs as stated in the ARSC Policy and Guidelines. Confirmation has been sent back to me the venue is booked I also completed the fire and safety induction the venue is ready to go. Free parking is available at the venue. Average costs for accommodation *Merriton suites Broadbeach, $150 per night. *Dorsett Gold Coast $167per night.	

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	*Broadbeach Savanah Hotel $106 per night. *Peppers Broadbeach $275 per night. *Average BNBs are from $100 -400 twin share within 5km from the Cultural Centre. Flights are between $200 and $300 for a return flight. At the venue itself is a self-contained coffee and cake kiosk that will be open on the Saturday. (A speaker Jam will also be going ahead on the Saturday night which would be a remarkable way for the Gold Coast to listen to experience strength and hope from the ARSC Participant and the adjoining areas etc. **Outcome** **Endorsed By Consensus** **New Business Item 2 -** **To create a Cashless Workgroup to assist areas and groups with cashless implementation.** **Proposer –** Vice Chair **Seconder –** Sydney South RCM **Intent –** To pass on experience via presentations and direct assistance as requested so that groups and areas can avoid previous pitfalls and delays that have been experienced by trusted servants who have been down the path of cashless implementation. **Detail –** **Workgroup Members** **Workgroup Chair** ARSC Vice Chair **Workgroup Members** ARSC Alternate Delegate ARSC Treasurer ARSC Assistant Treasurer Northern Australia Treasurer. Alt RCM Victoria The workgroup can take on further members as required over time. The workgroup would provide a report each ARSC on any assistance that it has provided areas and groups.	

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	Outcome **Endorsed By Consensus** **New Business Item 3 -** **That the ARSC Prudent Reserve be increased from $15,000 to $25,000.** **Proposer –** Vice-Chair **Seconder –** FNC RCM **Intent –** To ensure that the ARSC has sufficient funds to pay for expenses and budgeted items as and when they fall due, and has sufficient backup funds in the event that funds are not received as budgeted. **Detail -** In December 2023 the Admin Committee was planning to email the ARSC with an urgent 'funds needed' request as we were about to drop below our prudent reserve. In addition, we had a lot of forthcoming expenses including RD and AD travel to the APF, RSBoA Management Committee Insurance and upcoming ARSC flight costs for the March 2024 ARSC. As it turned out, we received significant fund flow in January 2024 from Victoria which took us way beyond our prudent reserve, however we wouldn't want to be in this situation again. Further, the ACNC requires charities to meet Governance Standards. Under Governance Standard 5 they must ensure their Responsible Persons are aware of their duties and comply with them. Under Governance Standard 5 Responsible Persons must: 1. act with reasonable care and diligence 2. act honestly and fairly in the best interests of the charity and for its charitable purposes. This is also known as 1. a fiduciary duty. 2. not misuse their position or information they gain as a Responsible Person 3. disclose actual or potential conflicts of interest 4. ensure that the financial affairs of the charity are managed responsibly, and 5. not allow the charity to operate while it is insolvent	

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	An additional complication is that at the end of each ARSC we calculate and make sure that we hold onto 'committed funds' (i.e. we don't fund flow those committed funds to APF and NAWS). As we aren't always sure when certain expenses will be due, we can't always be sure what our immediate 'committed funds' are. Increasing the prudent reserve would help to navigate around this issue. **Outcome** **Endorsed By Consensus** **New Business Item 4 -** **That the ARSC approve an uplift in Accommodation allowance from $110 per night to $130 per night.** **Proposer –** Vice-Chair **Seconder –** South Coast RCM **Intent –** To reflect cost of living and overall price increases. **Detail -** The ARSC Chair and Assistant Treasurer has reviewed hotel prices and an increase of $20 per night has been proposed as a fair and reasonable increase to ensure that ARSC members are not significantly out of pocket when travelling on behalf of the ARSC. The ARSC Chair consulted with the ARSC Policy Chair who was in agreement with the intent and rationale of this proposal. **Friendly Amendment** Friendly Amendment to Hotel Uplift Proposal from $110 to $160 per night **Proposer –** Gold Coast RCM **Seconder –** Sydney East RCM **Intent –** To Reflect Cost of Living **Outcome** **Endorsed By Consensus** ***{Action Item 020 + 021}***	

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	New Business Item 5 - **That the ARSC approve travel expenses for the Vice Chair to travel to the Gold Coast to work alongside the Chair for the July 2024 Virtual ARSC.** **Proposer –** Vice Chair **Seconder –** FNC RCM **Intent –** To ensure that the Chair Team can effectively facilitate the virtual ARSC. **Detail -** Whilst virtual ARSC's are very efficient and cost effective, it is challenging for the Chair Team to jointly facilitate the ARSC from separate locations as they need to maintain constant communication with each other and the floor of the ARSC. If they could both (Chair and Vice Chair) be in the same location it would be a lot easier for them. **Outcome** **Endorsed By Consensus** **New Business Item 6 -** **That the ARSC deliver a recorded workshop and information pack to VIC/TAS Area members regarding how to deal with members' Violent and Disruptive behaviour (VDB) at meetings.** **Proposer – Vic/Tas RCM** **Seconder –** Central Coast RCM **Intent –** To provide education and guidance on how to deal with violent and disruptive behaviour at meetings, based on the experience, strength and hope of region. **Detail -** Members in the Vic/Tas area have raised concerns about how to deal with VDB occurring at meetings. Challenges from recent years include members being assaulted by other members at meetings, and one group resorted to bringing an AVO against a member who had violently assaulted another member at a meeting, barring the offending member from the meeting. Other groups have complained of members being disruptive in meetings (e.g. interrupting others from the floor etc). Members would like the guidance of region in addressing these issues to feel confident that they are dealing with the situation the right way. We are requesting that the workshop be recorded and information also	

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	provided along with it, so that members can share the information with groups and other members. **Friendly Amendment:** **Friendly Amendment to Change proposal that a regional work group be formed to deliver violent and disruptive behaviour resource to all members of the Australian Region** **Proposer –** Vic/Tas RCM **Seconder –** RCM Central Coast **Intent –** Creating an Australia wide focused resource to refer to in cases of violent and disruptive behaviour **Detail –** Allocate a media resource (ie a video or digital presentation) in regards to this **Timeline**- 12 months **Budget** - $1000 **Required Reporting:** Table report at every ARSC **Workgroup Coordinator –** RCM Vic/Tas (ARSC unanimously agreed to suspend the Election Policy in this instance to hear a nomination from the floor). **Outcome** **Proposed Endorsed By Consensus** **Nomination was successful.** **New Business Item 7** - That the ARSC approves cost of travel, and registration at an upcoming forum in Brisbane preceding the Northern Australia HOW Convention, on Friday July 5th 2024. Location is Old Museum Building 480 Gregory Terrace Bowen Hills Qld. The expense is part of a new line item in the PR Budget for forum and conference attendance and travel. **Proposer –** PR Chair **Seconder –** RCM Northern Australia	

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	Intent – To promote the NA message of recovery by presenting the 2024 NA Membership Survey results to an external audience of health and alcohol and other drugs professionals in Queensland. **Detail –** The budget breakdown for this event is Return flights from Sydney to Brisbane $400 Maximum Two-night accommodation $160 p/night = $320 Per Diem $100 per day x 1 days includes travel and other expenses = $200 HOW Convention Rego $50 **Budget** - $970 total **Outcome** **Endorsed by Consensus** **New Business Item 8 -** **Change NA Today online Magazine to an online blog.** **Proposer –** NA Today Chair **Seconder –** RCM Sunshine Coast **Intent –** Changing the magazine layout to a blog will bring the current magazine to have continual posts/articles and a collection of submissions on a regular basis. As the NA Today is struggling to gain content which has been recurring issue for past chairs and subcommittee members (and agents). It would allow the subcommittee and chairs (including vice chair – when elected) to focus more on gaining content and regularly updating the websites blog section (which the chair has been trained through the IT department – who can pass on this information to vice chair to help manage the blogging section or once elected roles can be developed i.e. vice can edit whilst chair can run backend) then develop the websites internal blog, this is located in the NA Today Section. The intent is to engage the users as society has become more technology-based rather than spending money on printing large amounts of magazines and using the notification system that is set up, being able to send alerts to subscribers which in turn encourages and enables	

Narcotics Anonymous®

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<table>
<tr><th>Item No</th><th>ARSC SUNDAY 10th March 2024</th><th></th></tr>
<tr><td></td><td>individuals to exchange and communicate their ideas and experiences through the platform.
This does not rule out individuals that are in rural areas, H & I. As there is a budget set for the NA Today, once a year an end-of-year magazine (of all the submissions to the blog) is made up and areas that would like printed copy can request it from the NA Today and a list
of H&I is gathered to send out the printed copies. Furthermore, an announcement on the NA Today weblink i.e. a flyer to be posted that it is changing to a blog and have local areas hand out QR codes to the weblink for groups to have at local meetings rather than the printed magazine.
Outcome

Endorsed by Consensus</td><td></td></tr>
<tr><td></td><td>BREAK</td><td>3:30pm – 4:00pm</td></tr>
<tr><td>4.1</td><td>CLOSING ITEMS</td><td>4:00pm – 4:45pm</td></tr>
<tr><td>4.1.1</td><td>ACTION LIST
<table>
<tr><th>Item</th><th>Action</th><th>Responsibility</th></tr>
<tr><td>1</td><td>Setup alt Canberra RCM on Office 365 (VC and IT)</td><td>VC</td></tr>
<tr><td>2</td><td>Clarify situation with dogs at meetings - generally and regarding insurance</td><td>Admin</td></tr>
<tr><td>3</td><td>Get role name plates made (reusable)</td><td>VC</td></tr>
<tr><td>4</td><td>Organise/book 8/9 March 2025 Sydney F2F ARSC</td><td>VC</td></tr>
<tr><td>5</td><td>Update intro materials with neutral (their) vision of service statement</td><td>Chair</td></tr>
<tr><td>6</td><td>Create contact list for all ARSC members (first name, role, service email only).</td><td>VC</td></tr>
<tr><td>7</td><td>Send out Chair Homegroup Preamble</td><td>Chair</td></tr>
<tr><td>8</td><td>Create sample policies for cashless 7th</td><td>Cashless Workgroup</td></tr>
<tr><td>9</td><td>Consider “well behaved” child-friendly meeting description on website</td><td>Admin</td></tr>
<tr><td>10</td><td>ARSC to run workshop on violent + disruptive behaviour (VIC/TAS request)</td><td>Admin + DVB Workgroup Coordinator</td></tr>
</table></td><td>Start: 4:00pm
Finish:
4:10pm</td></tr>
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<table>
<tr><th>Item No</th><th colspan="3">ARSC SUNDAY 10th March 2024</th><th></th></tr>
<tr><td></td><td colspan="3"><table>
<tr><td>11</td><td>Allocate office 365 to new strategic planning chair</td><td>VC</td></tr>
<tr><td>12</td><td>Update contact list with new positions</td><td>VC</td></tr>
<tr><td>13</td><td>Proofread PR survey</td><td>PR Chair</td></tr>
<tr><td>14</td><td>Indigenous feedback of survey within 72 Hours</td><td>Indigenous Chair</td></tr>
<tr><td>15</td><td>Review ARSC Folder Permissions</td><td>Admin</td></tr>
<tr><td>16</td><td>Subcommittees to define mission statement, wish list, and 5 point action list</td><td>Subcommittee Chairs</td></tr>
<tr><td>17</td><td>RCM’s to bring back draft mission + vision statements to Areas</td><td>RCM’s</td></tr>
<tr><td>18</td><td>Create WhatsApp Group for all subcommittees</td><td>Na Today Chair</td></tr>
<tr><td>19</td><td>Send out draft vision/mission and previous strategic plan</td><td>RCM Central Coast</td></tr>
<tr><td>20</td><td>Consider accommodation discounts with Charity status</td><td>Admin</td></tr>
<tr><td>21</td><td>Update budget to reflect accommodation increase from 110 to 160</td><td>Treasurer + Assistant Treasurer</td></tr>
<tr><td>22</td><td>Vice chair to implement cashless workgroup</td><td>Vice Chair</td></tr>
<tr><td>23</td><td>Policy chair to update policy as result of new proposals Eg. Accommodation uplift</td><td>Policy Chair</td></tr>
<tr><td>24</td><td>Implement Disruptive/violent behaviour workgroup (members are Na Today Chair, Indigenous Chair+Vice, RCM and Alt Vic/Tas, RCM NAOA</td><td>RCM Vic. + Workgroup Members</td></tr>
<tr><td>25</td><td>Disseminate smoking ceremony information via DL to all ARSC participants</td><td>Chair</td></tr>
<tr><td>26</td><td>Send out reminder for admin meeting times</td><td>Chair</td></tr>
</table></td><td></td></tr>
<tr><td>4.1.2</td><td colspan="3">CLOSING TREASURY REPORT – note these amounts have been updated since the ARSC meeting as only an estimate was given on the floor of the ARSC.
Closing Balance as of 10th March 2024: $59,057.19
Committed Funds: $33,892.51
Available Funds as of 10th March 2024: $25,164.68
APF Fund Flow: $9,888.23 (1/3 of Available Funds + Base Fund Flow of $1500.00)
NAWS Fund Flow: $19,276.45 (2/3 of Available Funds + Base Fund Flow of $2500.00)
As per policy, excess funds will be sent to APF 1/3 and NAWS: 2/3
For further information, please click here for the Closing Report to the March 2024 ARSC.</td><td>Start: 4:10pm
Finish:
4:18pm</td></tr>
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Item No	ARSC SUNDAY 10th March 2024	
4.1.3	**NEXT ARSC** 13+14 July 2024 11am – 5pm (Conference call – via Zoom) **NEXT RCM MEETING** 15+16 June 2024 2pm (Conference call – via Zoom)	**Start: 4:18pm** **Finish:** **4:25pm**
4.1.4	***FEEDBACK SESSION FOR PARTICIPANTS***	**Start: 4:25pm** **Finish:** **4:45PM**
4.1.5	**END OF DAY AND ARSC**	**4:45PM**

REPORTS contained within March 2024 ARSC folder, see link below:

2403 March 2024